

2134



श्रीभगवच्चन्द्रिका

SHREE BHAGAVACHCHANDRIKA

Q22:223  
15K7P

Q22:223

2134

15K7P

Pushparaja, Bada Kaji  
Bhagavachchandraika.







TO

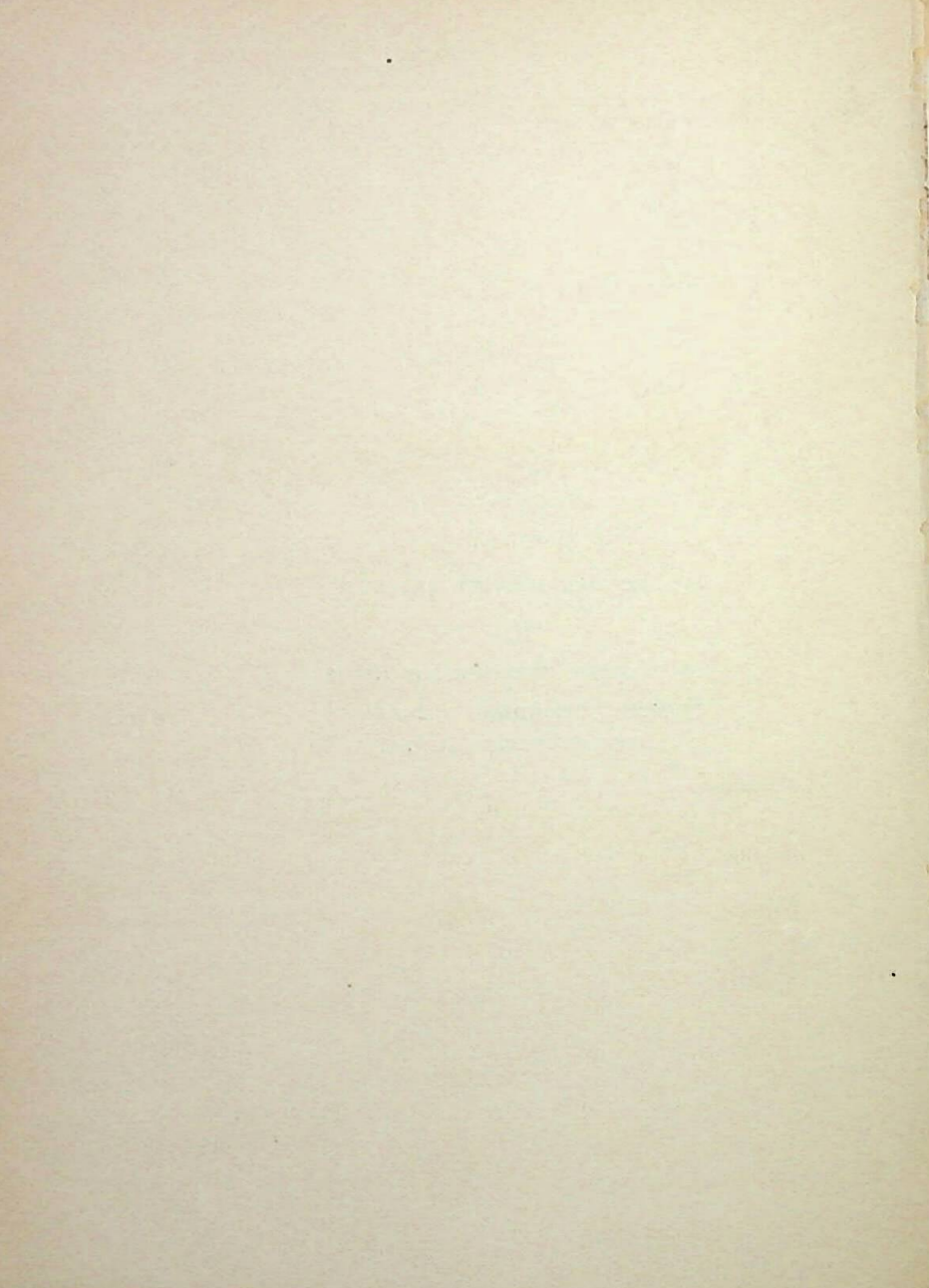
*Shri 1008 Jagatguru Vishweshwar Shrinacharya  
Mahaswamy, Vishwambhaya Samasthanam  
Jangambhari Math, Baneres*

A LOVING BLISSFUL PRESENT

FROM

HIS MAJESTY THE KING OF NEPAL'S  
PRINCIPAL PERSONAL SECRETARIAT  
ROYAL PALACE, NEPAL





ॐ

# श्रीभगवच्चन्द्रिका

बडाकाजी पुष्पराजः

२०२३

Q22:223  
15K7P

प्रकाशक:-

श्री ५ महाराजाधिराजानां प्रमुख स्वकीय सचिव,  
महाउज्ज्वल कीर्तिमय नेपाल श्रीपद, ज्योतिर्मय  
सुविख्यात त्रिशक्तिपट्ट, सुप्रसिद्ध प्रबल  
गोरखा दक्षिणबाहु, बडाकाजी पृष्परजः  
जी. सी. भी. ओ.  
दा. ३७० बटुटोल,  
काठमाडौं नेपाल ।

## सर्वाधिकार सुरक्षित

प्रथम संस्करणम्	१०००	सम्बत्	२०१५
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तृतीय संस्करणम्	१०००	सम्बत्	२०१८
चतुर्थ संस्करणम्	१०००	सम्बत्	२०२१
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नेपालीटीकायुक्तम्	१०००	सम्बत्	२०२१
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मुद्रक:-

Jangamwadi Math, VARANASI, श्री ५ को सरकारको छापाखाना

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Om

**Shree Bhagavachchandrika**

*Verses and passages*

from

Most of the scriptures, the  
Puranas, Tantras, Yoga, Vedantasootras,  
Upanishads etc

*Selected and Compiled*

*by*

**Shree Bada Kaji Pushpa Raj**

and

*Translated by*

**Prof. Gopal Nidhi Tiwari**

Vedantacharya, M. A. (Eng.)

Nepal Government Sanskrit College

& Tribhuvana Visvavidyalaya

**B. S. 2023**

**A. D. 1967**

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**Principal Personal Secretary**

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Subikhyata Trishakti-Patta, Suprasiddha Prabala  
Gorakha Dakshina Bahu,**

**Bada Kaji Pushpa Raj  
G.C.V.O.**

**8/370, Wotu tole  
Kathmandu, Nepal**

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श्री ५ महाराजाधिराज महेन्द्र वीर विक्रम शाह देव नेपाल

नेपालाधिपतिर्देवः श्री महेन्द्रो विराजते ।

परसंवित्प्रभापुष्पमिदं तस्मै समर्पये ॥

श्रीमतां सेवकः पुष्पराजः

संवत् २०२३ साल



**Dedication in Sanskrit  
under the Photo is  
in English as under:**

**SHREE PANCH MAHARAJADHIRAJA MAHENDRA  
VEERA VIKRAMA SHAHA DEVA  
N E P A L**

**NEPALADHIPATIR-DEVAH SHREE MAHENDRO VIRAJATE  
PARA-SAMVIT-PRABHA-PUSHPAM-IDAM TASMAI SAMARPAYE**

**The sovereign of Nepal glorious Mahendra reigns  
To him this pure intellectual lustrous flower I offer**

**His Majesty's Servant  
Pushparajah  
Samvat Era 2023  
(A.D. 1967)**

महामोहतमःस्तोमकलिताविलचेतसाम् ।  
भगवच्चन्द्रिकालोकः कैवल्यपथदर्शकः ॥१॥  
इत्याकलय्य विबुधैः संमतिः प्रेषितास्तुयैः ।  
नामानीह प्रदर्श्यन्ते तेषां ज्ञानैकचक्षुषाम् ॥२॥

॥ श्री विश्वनाथो विजयतेतराम् ॥

श्री मत्परमहंस परिव्राजकाचार्य श्रोत्रिय ब्रह्मनिष्ठ

श्री १०८ स्वामी त्रिवेणी पुरी जी  
महाराज न्यायवेदान्ताचार्य

ॐ

अध्यक्ष व संस्थापकः सन्यास आश्रम, सन्यासीरोड  
कनखल, (हरिद्वार) उ० प०

विनांक.....३०।४।१९६२

श्रीमत्सु विविधशास्त्रगुणगणालंकृतचित्तेषु काजि श्रीपुष्परामहोदयेषु,  
पूतोनारायणाय इति शुभाशीर्वादः स्वीकृतः स्यात् ।

प्रिय पुष्परज ! श्रीमतां तत्रभवतां संगृहीतां श्रीभगवच्चन्द्रिकां समालोच्य  
चेतोमदीयमानन्दसन्दोहमबिन्दत,

मन्ये एतया बहवो मुमुक्षवोऽनादिकालप्रवृत्ताऽज्ञानध्वान्तमुपशमयिष्यन्ति,  
यथाच श्रीमद्भिः श्रद्धया परमप्रीत्याच पुस्तकानि मे नामसंकेतमुद्दिश्य प्रहितानि  
तथैव मुमुक्षुभ्यो महात्मेभ्यः समर्पितानि—

इति न चिन्त्यम् । अथ च कदाचित् पुण्यभूमिहरिद्वारमभिलक्ष्य यदि  
भवतामभिगमनशुभावसरः स्यात् तदा आश्रमो यं नविस्मर्तव्यः इत्यलंविज्ञेयु  
श्रीमतां तत्र भवतां शुभचिन्तकः

त्रिवेणीपुरी  
संन्यास आश्रम संन्यासी रोड  
कनखल हरिद्वार



# श्री द्वारका शारदा पीठम्

श्रीद्वारकाधीशचन्द्रमौलिश्वरो विजयेतेतराम् ॥

श्रीमत्परमहंसपरिव्राजकाचार्यवर्य पद्मवाक्यप्रमाणपारावरवारीण यमनि-  
यमासनप्राणायामप्रत्याहारधारणाध्यानसमाध्यष्टाङ्गयोगानुष्ठाननिष्ठ तपश्चर्या-  
चरणचक्रवर्ति अनाद्यविच्छिन्नगुरुपरम्पराप्राप्त षष्ठमत्स्थापनाचार्य सांख्यत्रय-  
प्रतिपादक वैदिकमार्गप्रवर्त्तक सर्वतन्त्रस्वतन्त्र निखिलनिगमागमसारहृदय श्री-  
मत्सुधन्वसाम्राज्यप्रतिष्ठापनाचार्य व्याख्यानसिंहासनाधीश्वर श्रीमद्राजाधिराज  
गुरुभूषण्डलाचार्य चातुर्वर्ण्यशिक्षक गोमतीतीर्थवासि श्रीपद्मिनीमास्नाय श्रीद्वार-  
काशारदापीठाधीश्वर श्रीमद्जगद्गुरु श्री शङ्कराचार्य श्री ११०८ श्री

श्रीअभिनवसच्चिदानन्दतीर्थस्वामिभिः

अस्मदत्यन्तप्रियशिष्य श्री ५ महाराजाधिराजानां सहयोगि स्वकीय सचिव  
श्रीकाजीपुष्पराजानां ————— विषये  
कालत्रयविरचितनारायणस्मरणसंसूचिताशिवस्समुल्लसन्तुतराम् । श्रीजगद्गुरु  
श्रीशंकराचार्य प्रतिष्ठापित द्वारकाशारदापीठविषयिणी भक्तिरत्नवधिकश्रेयोनि-  
दानमिति सार्वजनीनमेतत् ।

ता. ६. ५. ६२ दिनोद्यम्पत्रमत्र भगवच्चन्द्रिकाग्रन्थेन साकमायातम् ।

श्रुतिस्मृत्याद्यनेकग्रन्थपरिशीलनेन रुचिराणां विषयाणां समाकलनमाधाय  
तत्त्वजिज्ञासूनां मननशीलानां मनोविनोदाय ग्रन्थोपसारचित इति श्लाघनीय-  
तामर्हति ।

सकलसद्गुणमलंकृतश्रीनेपालाधीश्वर श्री ५ महाराजाधिराजानां आश्रयेण  
प्रकाशितो ग्रन्थवरोयं सर्वथा सर्वसामादरणीयो भूयादिति सभाकांक्षामः ।

शुभा हार्दिका आशिवस्समुल्लसन्तुतरां यत् भगवतो श्रीद्वारकाधीश  
श्रीचन्द्रमौलिश्वरयोरनुकम्पाकटाक्षेण श्री ५ महाराजाधिराजस्सामात्यः सप-  
रिवारो राजपरिवारेण साकं आयुशरोर्यैश्वर्यशाली विजयतामिति शम् ।  
दुर्वासपुरम् मैसूर. क्रमांक. ६६४.

Secretary to H.H. Shree

Jagadguru Shankaracharya Maharaj

Shree Sharda Peeth. DWARKA

# श्री जगद्गुरु महासंस्थानं, शारदा पीठम्

शृङ्गेरी-कडूर (मैसूर स्टेट्)

*Sir Jagadguru Mahasamsthanam,  
Sharada Peetham*

SRINGERI KADUR (Mysore State)

N. LAKSHMINARAYANA  
SASTRY  
PRIVATE SECRETARY

OFFICE OF THE  
PRIVATE SECRETARY TO HIS HOLINESS  
THE JAGADGURU OF SRI SRINGERI MUTT  
SRINGERI-KADUR

Camp शृङ्गेरी

Ref. No. 668/62-63

Date १८/१०/१९६२

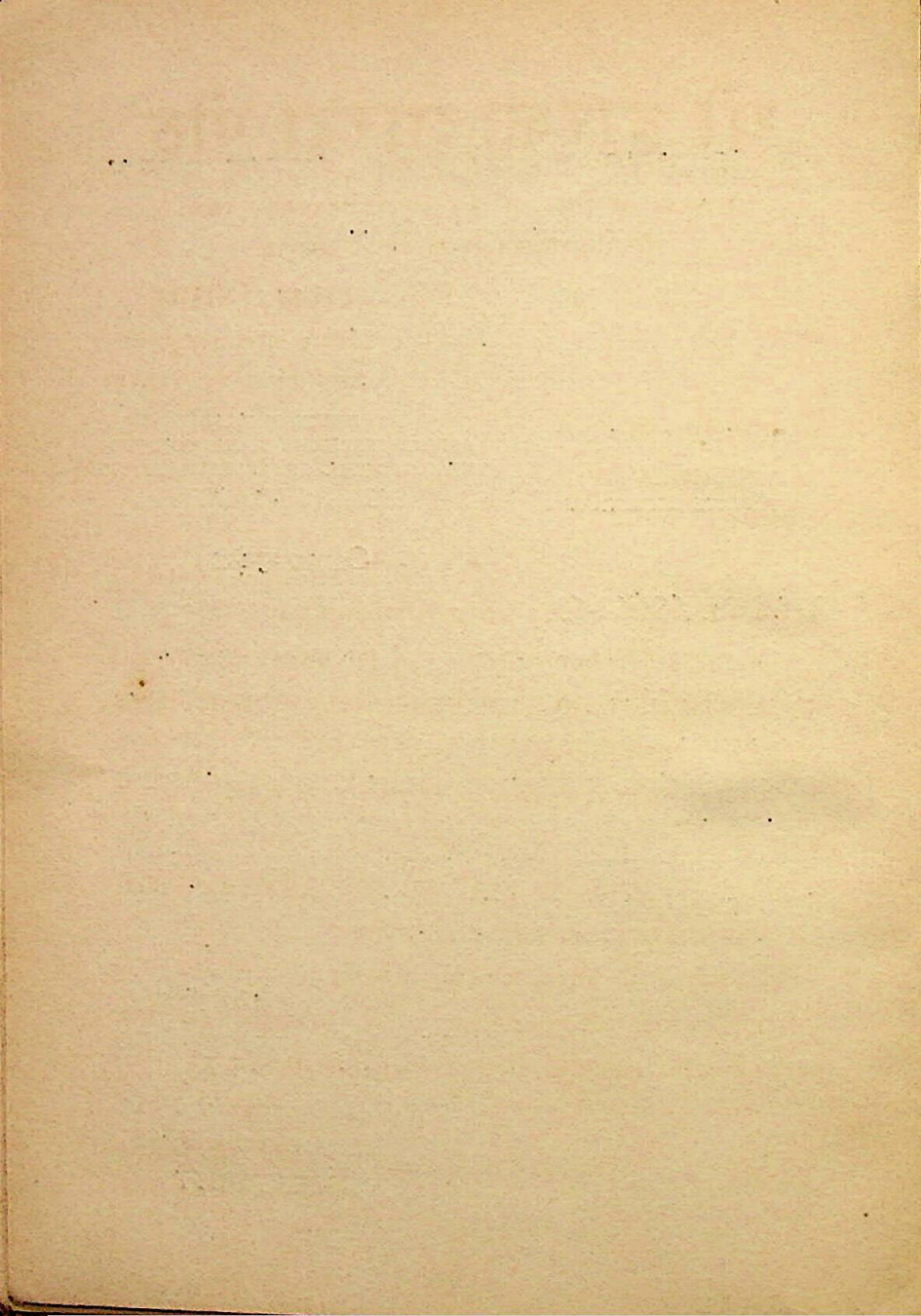
नेपालदेश-महाराजाधिराजस्य सचिव महोदय श्री पुष्पराजेषु विनम्रः

समासादितं भवतां पत्रं भवत्संकलितं श्रीभगवच्चन्द्रिकानामकं पुस्तकं  
च । उभयमपि श्रीजगद्गुरुपीठमलंकुर्वतां श्रीमदभिनवविद्यातीर्थ-महास्वामिनां  
पादकमलयोः समर्पितमभूत् । महता श्रमेण प्राचीनानि बहूनि पुस्तकान्यवलोक्य  
धार्मिकलोकोपकाराय तेषां सारः संगृहीतः । अस्य पुस्तकस्य अवलोकनेन  
प्राचीनानां धार्मिकी भावना कमासीदिति स्पष्टं अवगन्तुं शक्यते । ग्रन्थस्यास्य  
परिशीलयितृणां नियतं चित्तस्य विकासो भवति ॥ ग्रन्थस्य प्रणेतृणां भवतां  
कुशलं कामयन्ते श्रीचरणा इति निवेद्य विरमामि ॥

इति निवेदयिता

(Sd) N. Lakshminarayana Sastry  
Private Secretary  
To His Holiness the Jagadguru  
Mahaswamigalavaru of Sri  
SRINGERI MUTT





# श्री द्वारका शारदा पीठ

श्री प. प. जगद्गुरु श्री ११०८ श्री शंकराचार्य स्वामी

श्री अभिनवसच्चिदानन्दतीर्थजी महाराज.

द्वारका (सौराष्ट्र)

क्रमांक १५५०

दिनांक श्रावणशुक्लपूर्णिमा.

मुकाम १८. ८. १९५९ द्वारका

श्री काजी पुष्पराज,  
श्री प्रमुख स्वकीय सचिव,  
राजदरबार, नेपाल ।

सादर विनिवेदन है कि आपका ५ श्रावण २०१६ (ता. २०.७.५९)  
का पत्र तथा 'भगवच्चन्द्रिका' नामक पुस्तक प्राप्त हुआ ।

आपका इस ग्रन्थका अवलोकन करते हुए जगद्गुरु श्रीशंकराचार्य  
महाराजको बड़ी प्रसन्नता हुई । विविध ग्रन्थोंसे तत्त्वज्ञानप्रतिपादक  
पद्योंका संग्रह यह माननीय है ।

संस्कृतका शंकरविजयसार, शारदापीठगुरुरम्परा, कैलाश  
यात्रा अंग्रेजीका पुस्तक बूकपोष्टद्वारा आपके अवलोकनार्थ भेजे  
जाते हैं । कैलाशयात्राकी दूसरी प्रति महाराजाधिराज श्रीमहेन्द्र-  
वीरविक्रम शाहदेवको अर्पण कर दें यह निवेदन है ।

विश्वास है कि आप प्राप्तिसूचना भेज देंगे ।

जगद्गुरुजीके श्रीमहाराजाधिराज श्री महेन्द्रवीरविक्रम शाह  
बहादुरको और राजकुटुम्बको हार्दिक शुभाशीर्वाद निवेदन करें ।

भवदीय

महाबल भट्ट

श्रीजगद्गुरुजीका मंत्री,



# THE HISTORY OF THE CITY OF BOSTON FROM 1630 TO 1800

BY  
JOHN H. COLEMAN

NEW YORK: PUBLISHED BY  
JOHN H. COLEMAN, 10 NASSAU ST.

1871.

NEW YORK: PUBLISHED BY  
JOHN H. COLEMAN, 10 NASSAU ST.

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### *The Yoga-Vedanta Forest Academy*

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Founder-President  
Sri Swami Sivananda

P. O. Sivanandanagar  
(Himalayas) India.

Vice-President  
Sri Swami Chidananda

25th January 1959

Dean:  
Swami Krishnananda

Sri Caji Pushpa Raj,  
Principal Personal Secretary to  
H.M. the King of Nepal, Kathmandu.

Beloved Atman,

Salutations and adorations. Om Namah Sivaya.  
I am grateful to your venerable self for sending me two copies of the wonderful compilation of the precious gems of wisdom.

It is a pocket treasure !

Like the selfless bee, you have collected the nectar from so many scriptures- Puranas, Tantras, Upanishads and others-and given their very essence, in their own words, the text, in just a few pages.



One who studies this book--and everyone should read it all at least once a day--would have the wisdom and knowledge that is contained in all the greatest scriptures of India.

I hope the blessings and support of His Majesty will enable this wonderful book to be printed in lakhs of copies so that it could be distributed free to all devotees of the Lord, and spiritual aspirants all over the world. It is well worth it. May God bless you !

With regards, Prem OM.

Kindly convey my Pranams to H. M.

Thy own Self,  
(Sd) Sivananda



*Padmabhushan Knight*  
*Commander, Darshanacharya*  
*Dr. B. L. Atreya*

M. A. D. LITT.

ATREYA NIWAS  
(A) P. O.  
Hindu University  
Phone 3006  
VARANASI-5. India.  
(B) P.O. Rajpur, Pho. 36  
DEHRADUN

May 18, 1964

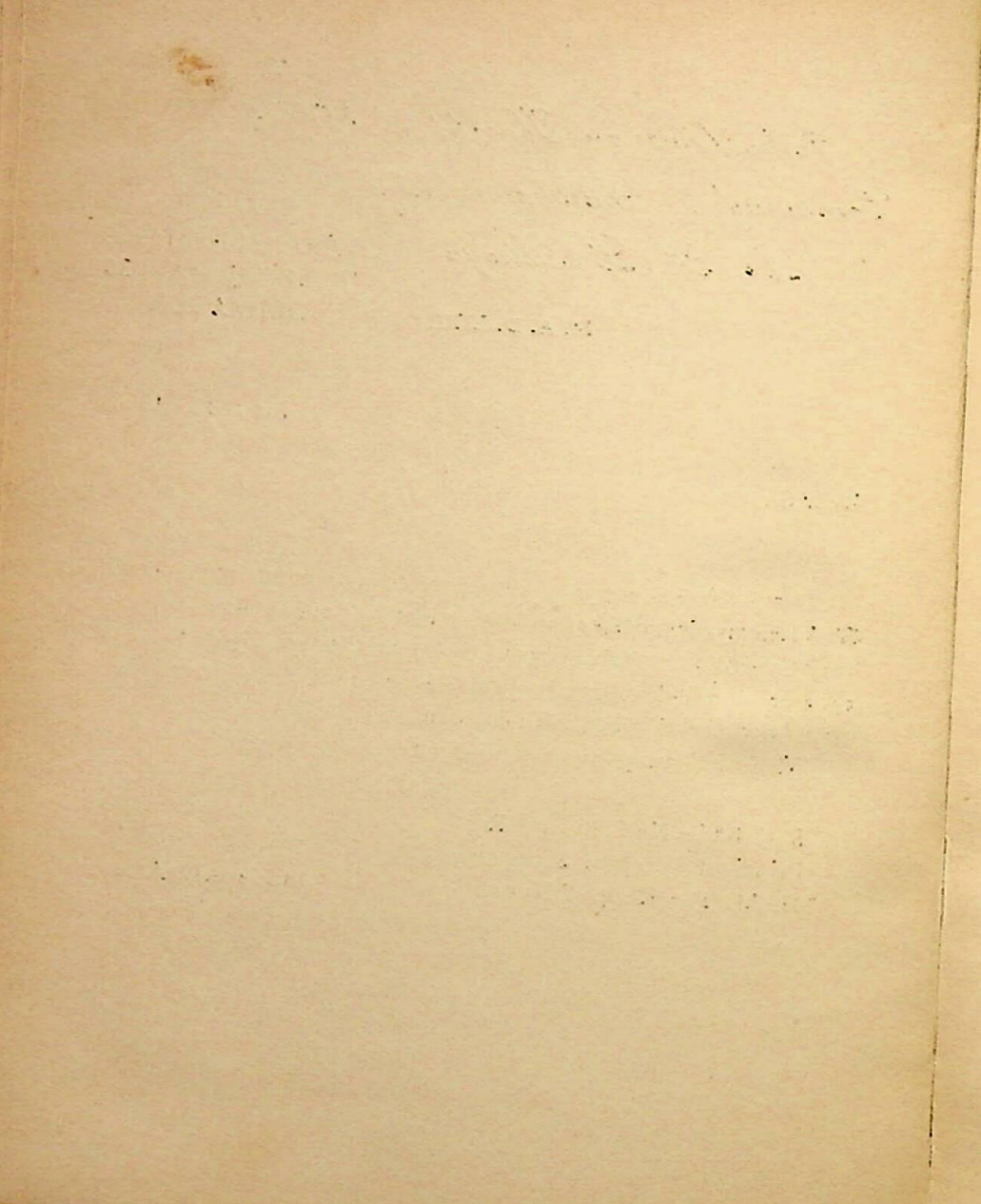
Dear Sir,

Thanks for a copy of your interesting and valuable book **Shri Bhagavadchandrika**, so kindly sent by you. It seems to be a very fine collection of passages bearing on Godhead from most of the ancient Hindu Shastras. You deserve praise and congratulation. I will read it and meditate over it.

With best compliments and regards.,

Shri Bada Kaji Pushpa Raj  
Principal Personal Secretary,  
H. M. The King of Nepal.

Yours sincerely,  
(Sd) B.L. Atreya



## निवेदनम्

अक्षरः स्वप्रकाशः स्वानुभवेकवेद्यः परिष्कृतबुद्धौ प्रतिभास-  
मानः बाह्यमनसयोरगोचरः सन्नपि शब्दनाम्नोर्लक्ष्यत्वेन परिज्ञातः  
अखिलब्रह्माण्डवर्तिनां चराचराणां जगतामाधारः, स्वयं निर्लेपोभूत्वा  
द्रष्टृस्वरूपतां प्राप्तोऽपि अज्ञानलिप्तः, बुद्धीन्द्रियशरीराणि भोग्यव-  
स्तूनि वासनाविषयांश्च “अहमिति” “ममैवेति” मत्वा जननमरणचक्रे  
मुहुर्मुहुर्वभ्रम्यमाणो जीवः कथञ्चिदीक्षासहकृतसद्भूतसत्कर्म-  
नन्यचिन्तनैः प्रकाशितानुग्रहविशेषेकज्ञानोदयोऽपगतमोहान्धकारः  
स्वप्रकाशं निर्मलमानन्दस्वरूपं चैतन्यात्मानं साक्षात्कुर्वाणस्तस्मिन्नेव  
स्वरूपेऽवतिष्ठते । मायाविलासकलितस्वान्तस्तत्स्वरूपविस्मृतिदशायां  
शान्तिरूपतां विभूत आत्मनोऽन्वेषणाङ्कुरस्य बुद्ध्यावाविर्भावस्तत्परता  
च परमसौभाग्योदयस्य पन्थाः ॥ अस्तु ॥

कस्याञ्चन शुभाशुभकार्यप्रवृत्तौ प्राणिनामभिर्हि प्रति प्राक्तन-  
कर्माजितं वासनापरपर्यायं कर्मैव हेतुत्वेनाङ्गीकर्तव्यपथमवतरति ।  
एतत्प्रभाववशेन नु सर्वव्यापिनो हृदयान्तर्विलसतः परमात्मनोऽनुग्रह-  
वशेन नु अनिर्वचनीयब्रह्मचिन्तनविधौ विशेषतो ममाभिलाषः समुपाप-  
द्यत । ततश्च संस्कृते ग्रथितानां दर्शनग्रन्थानामुपनिषदां पुराणसहितानां  
चावलोकनकर्मणि सौभाग्यं समासादयम् । प्रावर्तिषञ्च संकलयितुं तेषु  
ग्रन्थेषु प्रतिपादितानि हृदयङ्गमान्यात्मनिरूपकाणि गद्यपद्यवाक्यानि ।  
तानि च संकलितानि वाक्यानि भक्तिरसेन प्लावितहृदयस्य  
कस्यचिद्विदुषो नयनगोचरतामयासिषुः । वाक्यानीमानि प्रबन्धे



परिणमय्य मुद्रणकार्ये सञ्जाते साधारणानामपि जनानां मनस्यात्म-  
विचारभावनां समुदीय सर्वेषु परस्परं समानभावः शान्तिरस-  
प्रवाहश्च लोके प्रवहेदिति तस्यैव भक्तस्य सूक्त्या प्रेरितोऽहं तानि  
भगवच्चन्द्रिकारूपे परिणतानि संकलितवाक्यानि श्री ५ नेपाल  
नरेशानां महेन्द्रवीरविक्रमशाहदेवानां समक्षं प्रादर्शयम् ।  
राज्यशासनकार्यभारेण तां भगवच्चन्द्रिकां निरीक्षितुं सत्यपि  
समयाभावे गुणग्राहितया धर्ममूर्तयश्च ते नृपवराः कंचन समयं  
समासाद्यावालुलोकिरे । अस्मात् परमात्मस्वरूपप्रकाशकात्  
ग्रन्थात् जनतायाः स्वान्ते शान्तिरसः प्रादुर्भूयानुपमसुखोदयो  
भूयात् इति तैर्नृपतिभिर्विविच्य राजकीयसंस्कृतमहाविद्यालयस्य  
प्राध्यापकेन आचार्योपाधिभवेन साहित्याचार्यपदवीभाजा रामनाथेन  
नेपालीभाषायां सरलार्थं विलेख्य विधाय च मुद्रणकार्ये साहाय्यं,  
मुद्रिता च सा सहस्रसंख्यापरिमिता भगवच्चन्द्रिका भक्तजनेभ्यो  
विद्वद्गणैर्भ्यश्च विनैव मूल्यं व्यतीर्यत । इदानीं तस्याः पुस्तिकाया  
प्रायः समाप्ततया आस्तिकजनानां च तत्पुस्तिकाप्राप्तौ विशेषतोऽ  
भिरुचिदर्शनेन निवेदितेषु तेषु भूपतिषु पुनरपि मुद्रणायार्थिक  
साहाय्यं वित्तीयं प्राचीनैः समादरणीयैर्धन्यैर्मन्यैर्मुनिभिर्योगाभ्यासा-  
दिना साक्षात्क्रियमाणाऽऽत्मचिन्तनसरणिः ग्रन्थादस्मात् सुगमरीत्या  
प्रदर्शिता भवेदिति विचारयतां श्री ५ महाराजाधिराजानां महेन्द्र  
वीरविक्रमशाहदेवानां चरणकमलयोः हार्दिकपुष्पाञ्जलिं समर्पयति  
श्रीमतामनन्यभक्तः सेवकः—

विक्रम सम्वत् २०२१

A. D. 1965

पुष्पराजः

## Prologue

Everything great or small originates, lives and passes away. Even the universe and its elements such as the Earth, Water, Fire Air, and the Sky with their subtle essence of smell, taste, form (glow lustre), touch and sound pass away. The power of knowledge has, by science, worked out wonders in breaking, analysing and using objects, matters and related energy. That also passes away and is not permanent. Prime Energy or Power and Knowledge are still beyond the scope of science. Power is said to be not separate from the light of knowledge but inherent in knowledge (self pure intelligence), flashing out and in by Self will. Effects proceed from cause, develop in cause and dissolve into cause. In other words, cause procreates effects, develops and ends or dissolves in cause. What then is the ultimate cause or substratum i.e. reality? To know that I am led to study the books of which chiefly are the Sanskrit spiritual scriptures, with commentaries and translations as available. What is found in conclusion is the knower i.e. the knowing-self always present and enduring while all else originate, subsist and dissolve under mere conception and being not genuine reality vanish at the knowledge of the Supreme Self, Omnipresent, Omnipotent, Omniscient, Real Essence Intelligence-Bliss.

Mystery seems in the knowledge itself when the knower's knowing self, which is knowledge, transcendental and immanent, is not conceived or cognised, but only other object is conceived



and cognised. Cognising self-knower and giving up other sense of attachment, one, steadfast in his own Self, unattached and entirely devoted to the omnipresent, omnipotent, omniscient, Ultimate Reality, will resolve into Self Intelligence, beyond name (sound), and form (glow,) and will get the bliss of final beatitude-Pure Self-Existence-Intelligence-Bliss.

Calm concentration to pure knowledge, which is the real knower Self, eliminates knower, knowing and knowledge, remaining only ever pure Self-Effulgence, Real Essence-Intelligence-Bliss.

Indication of the conclusion is the lines collected from these scriptures for my personal meditative concentration and living, getting up into the present form of "Shree Bhagavachchandra", for which my grateful reverence is to the authors.

A sincere, deliberate and intent study of this book will undoubtedly lead to the perception of genuine real knowing self, pervading all and abiding in all, spirit of equality and goodness in all, no harm and thereby attaining tranquility (pure conscience transcending physical substance and the mind) finally absorbing into the genuine real knowing self, pure intelligence, the ultimate Supreme Self, absolute, pure knowledge, bliss and existence.

I am overwhelmingly indebted to His Majesty Shree Shree Shree Shree Shree Mahendra Veera Vikrama Shaha Deva for the most valuable inspiration under which this book could be completed and also for the financial help granted for the publication and free distribution of the book to the devout use of the devotees.

Five editions have already gone through press, two of which are with Nepali Translation, for the benefit of Nepali knowing people, rendered by Professor Ram Nath Acharya of Government Sanskrit College, Nepal, also part time Professor in Tribhuvan University.



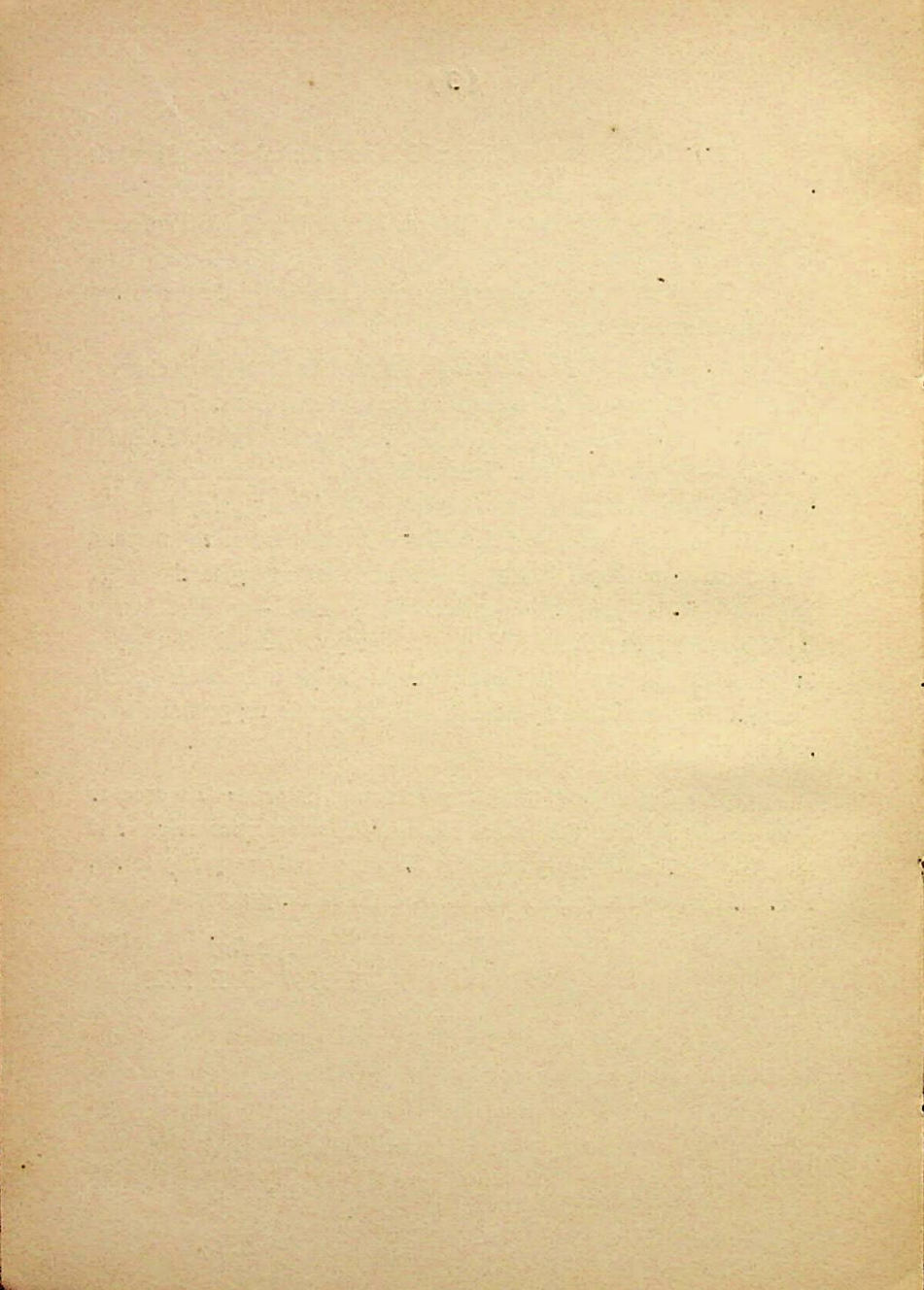
This is the sixth edition which now includes the Sanskrit Text also with Roman reading and English translation by Professor Gopal Nidhi Tiwari, Vedantacharya, M. A. (English), Professor in Vedanta at Government Sanskrit College and Tribhuvan University, Nepal, to whom I am grateful for the beneficial use of English knowing devotees.

Thanks also are due to— Pandit Ram Nath Acharya, Professor of Sanskrit Literature in Government Sanskrit College and Tribhuvana University, Nepal for reading kindly the Sanskrit portion, —to Mr. Narayan Prasad Shrestha Lecturer in English, Patan College and Tribhuvan University for kindly going over the English portion excepting that from Brahmasootra to the end —to Professor Gopal Nidhi Tiwari for reading again the entire book in proofs just going under press and —to Mr. Durga Bahadur Shrestha B. A., B. L., Deputy Personal Secretary to H. M. The King of Nepal, for the help rendered in going through the Proof sheets, - and for their valuable suggestions here and there.

Praying to God, the True Ultimate Supreme Essence or Pure Intellect, for the guidance and for prosperous reign and long life of His Majesty and also for peace and prosperity to all, I remain in memory of Pure Intellect Self-effulgence.

*Pushpa Raj*

A. D. 1967 - S. E. 2023





## Preface

Jnana (the knowledge) is the real means to avoid all trouble of mankind. It is necessary for all human beings in all ages and places. Human beings can live in peace and bliss on the basis of philosophy and religion. Men must attain spiritual enlightenment under which they can obtain solution to every difficulty. The grand truth, in reality, is to fix our mind on that supreme light self. Thus gradually we get prepared for the realisation of the Ultimate Reality. There is no difference between the individual self and the Supreme Self, the Ultimate Reality or Knowledge. Only equanimity or identity remains and all duality dissolves into the Ultimate Reality, the identical essence. The knower, the knowing and the knowable become only knowledge, identical self, that is, pure self-effulgence, free from falsehood. So absolute equality or identical knowledge is the peaceful pure Ultimate Reality. Men should study the books on spirituality for this truth. The essence of the spiritual scriptures such as the Puranas, Tantras, Yoga, Brahmasootras, Upanishads etc. is the constant-existent conscious bliss or self-effulgence.

Shree Bada Kaji Pushpa Raj has collected the valuable verses and passages from most of the Scriptures like the Puranas, Tantras, Yoga, Brahmasootras, Upanishads etc in this book Shree Bhagavachchandrika. Here is given knowledge, the basis of all. All other things are proved unreal due to the state of possess-



ing no separate existence from the basis (knowledge). Creation and dissolution are no more than flashing out and flashing in of the Supreme Knowledge (the Supreme Soul). Through knowledge the universe is known as the mirage. In the ultimate state of realisation there is no difference between the knower and the knowable. Duality is caused by illusion and its reflection. Ignorance should be removed through pure intellect and thereby the supreme knowledge should be realised for avoiding all these defects. For purification of intellect, men must follow unselfish good action, identical devotion and non-dual intelligence. These are clearly expressed in the verses and passages collected in this Shree Bhagavachchandrika. So, I hope, this collection to be really helpful to the devotion of knowledge, the self-effulgence.

I am greatly indebted to Bada Kaji Pushpa Raj for his real philosophical experience and great inspiration given to me in translating this divine elucidation (moonlight) viz Shree Bhagavachchandrika. I also owe a great debt to the classical commentators and the modern writers in the field of interpretation and translation.

Above all, it gives me great pleasure to have the honour of showing deep devotion to His Majesty King Mahendra Veera Vikrama Shaha Deva, who has inspired us out of his inborn philosophy and under whose blessing and support the devotees of knowledge want to serve humanity and realise the grand truth "All this is Brahma (the Ultimate Reality)". His Majesty has also granted financial aid in printing this divine collection and distributing free to devotees of knowledge many times for their divine bliss.

The text is given here in Roman script also for those who cannot read Devanagari scripts. It is hoped that this spiritual collection will be read with pleasure and faith on self by

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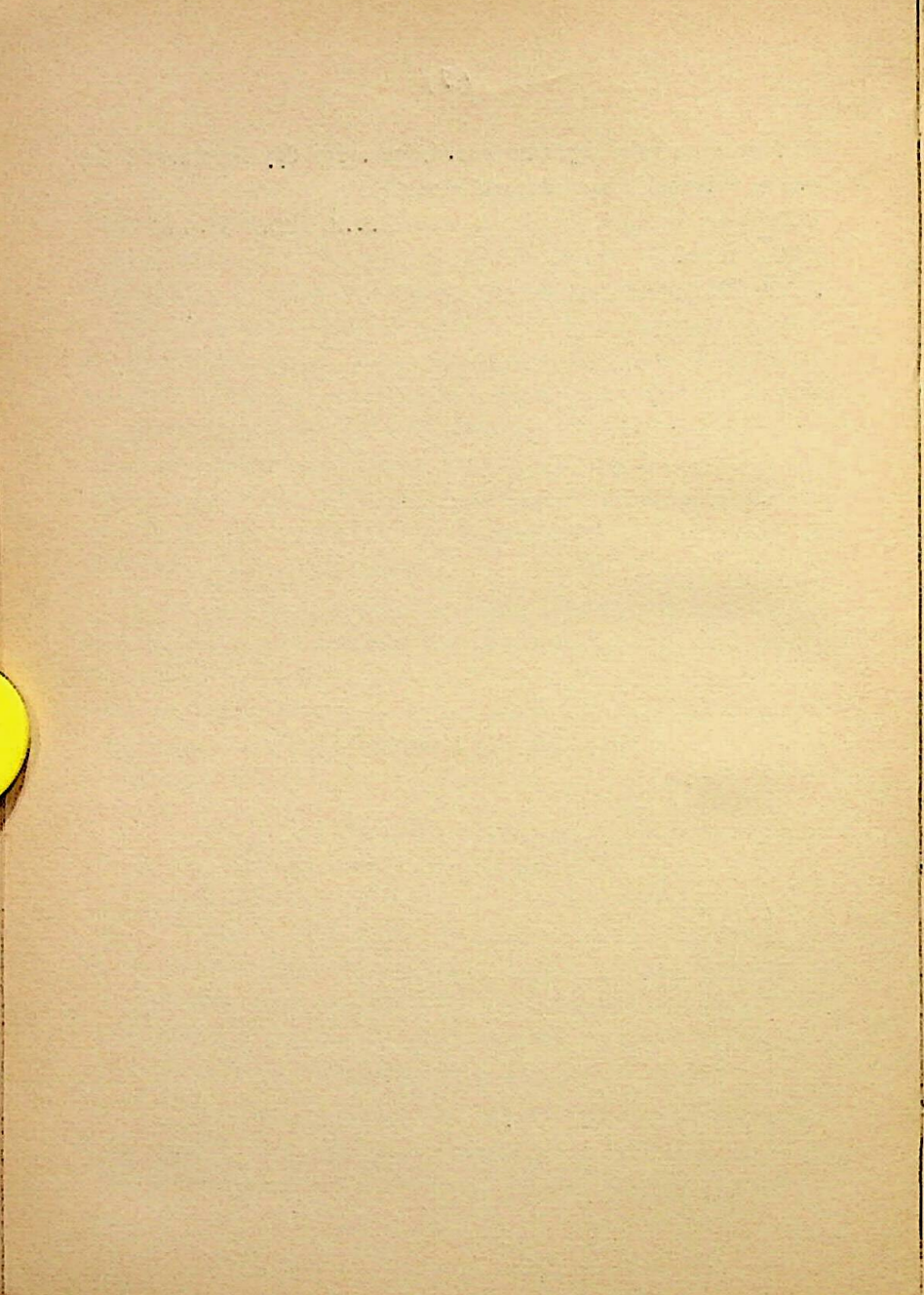
all devotees of the supreme knowledge every day for whom it is meant. May self knowledge embrace all !

GOPAL NIDHI TIWARI

Kathmandu.

A. D. 1967







## KEY

स्वराः— अ आ इ ई उ ऊ ऋ ॠ ए ऐ ओ औ  
 Vowels- a ā i ee u oo ri ree e ai o au

अं अः  
 am ah

व्यञ्जनानि— क् ख् ग् घ् ङ् च् छ् ज् झ् ञ्  
 Consonants:- k kh g gh ñ ch chh j jh ñ

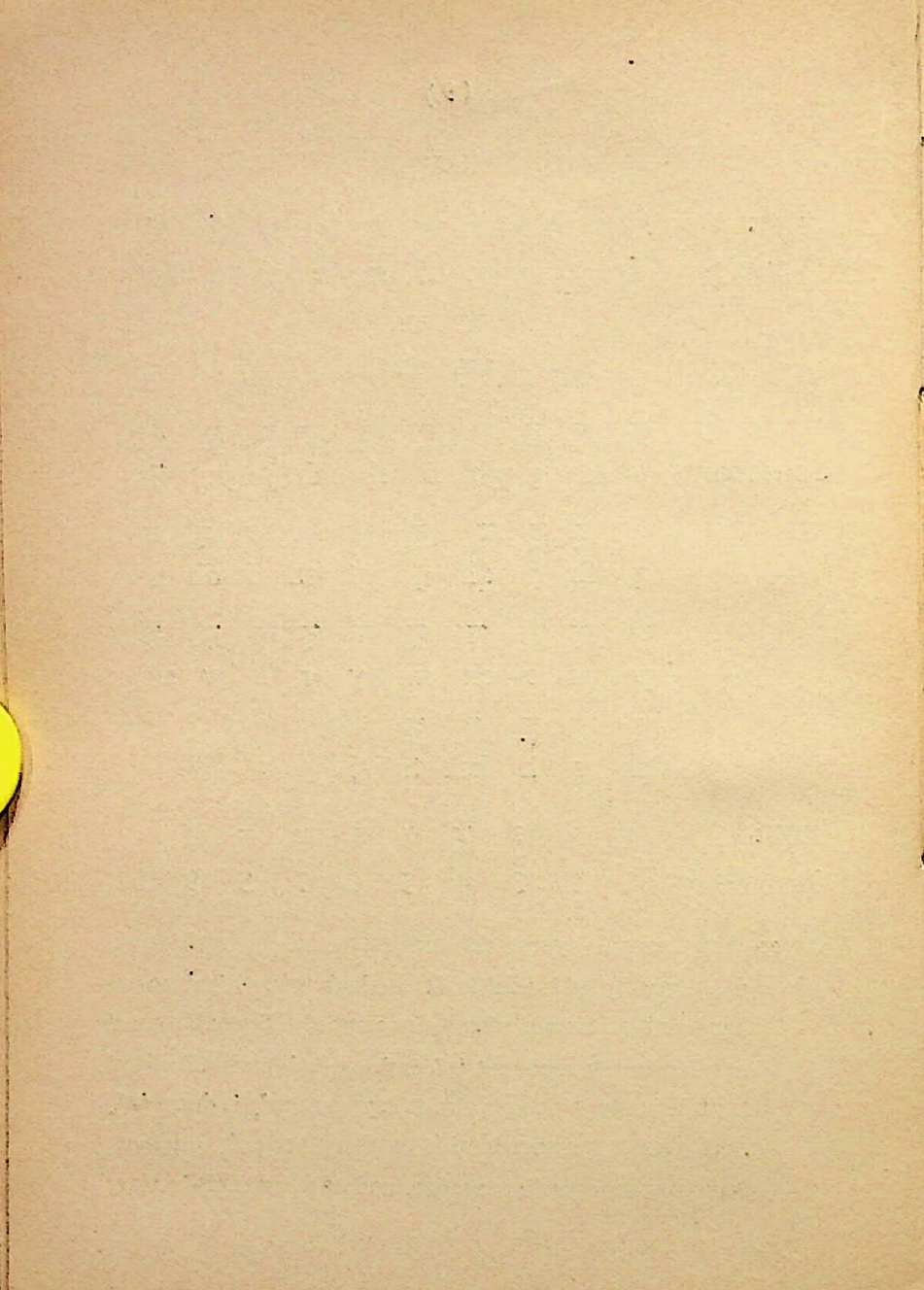
ट् ठ् ड् ढ् ण् त् थ् द् ध् न्  
 ṭ ṭh ḍ ḍh ṇ t th d dh n

प् फ् ब् भ् म् य् र् ल् व् श्  
 p ph b bh m y r l v sh

ष् स् ह् क्ष् त्र् ज्ञ्  
 sh s h ksh tr jn

अङ्काः— १ २ ३ ४ ५ ६ ७ ८ ९ ०  
 Numbers-- 1 2 3 4 5 6 7 8 9 0

*Note;*- For lack of types with signs on letters such as ā ñ , t, merely 'a' is used to denote both 'अ' and 'आ' on one hand and, on the other hand, for want of different letters of nasal sound to represent 'ङ्' 'ञ्' and 'ण्' in addition to 'न' for 'न' simply 'n' is used also to represent 'ङ्', 'ञ्' and 'ण्'. Each verse or passage is with numbers, somewhere letters, denoting corresponding sections and subsections of the text.





(क)

ग्रन्थाः

- |                             |     |  |
|-----------------------------|-----|--|
| श्री भागवतम्—               | (१) | श्रीधरस्वामीविरचितभावार्थ-<br>दीपिकासमेतम्— निर्णयसा-<br>गरयन्त्रालय बम्बई |
|                             | (२) | श्रीबंशीधरटीकासमेतम्—<br>श्रीवेंकटेश्वर प्रेस बम्बई                        |
|                             | (३) | श्रीअन्वितार्थटीकासमेतम्<br>श्रीवेंकटेश्वर प्रेस बम्बई                     |
| श्रीदेवीभागवतम्—            |     | श्रीवेंकटेश्वर प्रेस बम्बई   |
| श्रीशिवमहापुराणम्—          |     | "  |
| श्रीविष्णुमहापुराणम्—       |     | "  |
| श्रीब्रह्मवैवर्तमहापुराणम्— |     | "  |
| श्रीमहाभारतम्—              |     | श्रीनीलकण्ठटीकासमेतम्<br>श्रीचित्रशालाप्रेस पूना                           |
| श्रीमदध्यात्मरामायणम्       |     | श्रीवेंकटेश्वर प्रेस बम्बई   |
| श्रीतन्त्रराजतन्त्रम्—      |     | मनोरमाव्याख्यासहितम्<br>श्रीआर्थरएवलनेन संपादितम्                          |
| श्रीज्ञानार्णवतन्त्रम्—     |     | आनन्दाश्रमग्रन्थावली—पूना  |
| श्रीकुलार्णवतन्त्रम्—       |     | श्रीतारानाथ विद्यारत्नेन<br>संपादितम्<br>श्रीआर्थरएवलनेन प्रवर्तितम्       |



(ख)

श्रीमहानिर्वाणतन्त्रम्—

कुलावतहरिहरानन्दभारती

टीकासमेतम्

श्रीआर्थर एवलनेन संपादितम्

”

श्रीकुलचूडामणितन्त्रम्

”

श्रीकालीविलासतन्त्रम्—

श्रीशारदातिलकम्—

राघवटीकासमेतम्

श्रीआर्थरएवलनेन संपादितम्

श्रीप्रपञ्चसारतन्त्रम्—

श्रीपद्मपादाचार्य-

विवरणसमेतम्

श्रीआर्थरएवलनेन संपादितम्

श्रीगन्धर्वतन्त्रम्—

काश्मीरप्रकाशितम्

अकुलवीरतन्त्रम्—

कलकत्ता संस्कृत सिरीज नं. ३

कुलानन्दतन्त्रम्—

”

कौलज्ञाननिर्णयः—

”

ज्ञानकारिका—

”

रुद्रयामलम्—

श्रीजीवानन्दसंपादितम्

कलकत्ता

श्रीशक्तिसङ्गमतन्त्रम्—

प्राचीनहस्तलिखितम्

श्रीमदूर्ध्वकौलार्णवतन्त्रम्—

”

श्रीकौलरहस्यम्—

”

श्रीब्रह्मयामलम्—

”

श्रीतारारहस्यम्—	”
श्रीमहाषोडशीशिरच्छंदकरवीरयागे परातन्त्रम्	”
श्रीकालोत्तरमहातन्त्रम्—	”
श्रीकालानलतन्त्रम्—	”
श्रीअमनस्कयोगशास्त्रम्—	”
त्रिपुरारहस्यम्—	सरस्वती भवन टेक्स्ट्स बनारस
योगिनीहृदयम्—	”
श्रीविज्ञानभैरवः	काश्मीर संस्कृत ग्रन्थावली ८
योगदर्शनम्	काश्मीर संस्कृत सिरीज ग्रंथांकः ६७
विवेकचूडामणिः—	जगदीशप्रसादटीकासमेतम्
श्रीयोगवासिष्ठसारः—	काशी
श्रीयोगवासिष्ठः—	तात्पर्यप्रकाशव्याख्यासहितः निर्णयसागरप्रेस, बम्बई
ब्रह्मसूत्रम्—	शांकरभाष्य—भाष्यरत्न— प्रभा—भामति—न्यायनिर्णय— व्याख्या—समेतम् श्रीवेंकटेश्वर प्रेस, बम्बई
सिद्धान्तदर्शनम्—	निरञ्जनभाष्यसमेतम् आनन्दाश्रम, पूना



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कौलोपनिषत्—

भास्कररायभाष्यसमेतम्  
आगमानुसन्धानसमिति कलकत्ता  
श्रीआर्थरएवलनेन संपादितम्

त्रिपुरामहोपनिषत्—

”

भावनोपनिषत्—

”

बह्वृचोपनिषत्—

,

अरुणोपनिषत्—

”

कालिकोपनिषत्—

”

तारोपनिषत्—

”

ईशावाश्योपनिषत्—

शांकरभाष्यसमेतम्—पूना  
आनन्दाश्रम ग्रन्थावली

केनोपनिषत्—

”

कठोपनिषत्—

”

प्रश्नोपनिषत्—

”

मुण्डकोपनिषत्—

”

माण्डूक्योपनिषत्—

”

गौडपादीयभाष्यसमेतम्

”

तैत्तिरीयोपनिषत्—

”

ऐतरेयोपनिषत्—

”

छांदोग्योपनिषत्—

”

बृहदारण्यकोपनिषत्—

”



## अनुक्रमणिका

ग्रन्थाः	पृष्ठाङ्काः	ग्रन्थाः	पृष्ठाङ्काः
श्रीमद्भागवतम्	१	कुलचूडामणितन्त्रम्	४२
श्रीदेवीभागवतम्	१६	श्रीकालीविलासतन्त्रम्	४२
श्रीशिवमहापुराणम्	२३	गन्धर्वतन्त्रम्	४२
श्रीविष्णुमहापुराणम्	२६	कालोत्तरमहातन्त्रम्	४३
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(च)

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(छ)

सांकेतिकाङ्काः क्रमिकाः

पुराणेषु—

स्कन्धः		अध्यायः		श्लोकः
वा अंशः		अध्यायः		श्लोकः
वा खण्डः		अध्यायः		श्लोकः
वा अध्यायः		श्लोकः		
वा श्लोकः				

विशेषाक्षरसांकेताः—

श्रीशिवमहापुराणे—

रु—रुद्रसंहिता को—कोटिरुद्रसंहिता  
कै—कैलाशसंहिता वा—वायवीयसंहिता उत्तरभागः

श्रीमहाभारते—

पर्व | अध्यायः | श्लोकः

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श्रीमदध्यात्मरामायणे उ उत्तरकाण्डपञ्चमसर्गः  
श्रीरामगीताश्लोकांकः

तन्त्रेषु—

पटलः		मन्त्रः
वा		वा
उल्लासः		श्लोकः



प.

—

पटलः

प्र. अ. —

प्रथमाधिकारः

शक्तिसङ्गमतन्त्रे—

प्र. —अक्षोभ्यमहोग्रताराखण्ड—

उ.—उत्तरमतपटलः

प्रथमपटलः

ता.—तारासूक्तपटलः

सु.—सुन्दरीखण्डः

योगदर्शने —

पादः ।

सूत्रम्

सांख्यदर्शने —

अध्यायः ।

सूत्रम्

अन्यपुस्तकेषु —

अध्यायः ।

श्लोकः ।

वा श्लोकः

योगवासिष्ठे—

प्रकरणम्—। सर्गः ।

श्लोकः

१— वैराग्यप्रकरणम् ।

२— मुमुक्षुव्यवहारप्रकरणम्

३— उत्पत्तिप्रकरणम् ।

४— स्थितिप्रकरणम्

५— उपशमप्रकरणम्

६।१—निर्वाणप्रकरणपूर्वार्द्धम्

६।२—निर्वाणप्रकरणोत्तरार्द्धम्

ब्रह्मसूत्रे—

अध्यायः ।

पादः ।

सूत्रम्

सिद्धान्तदर्शने—

(३)

पाठः । । प्रपाठः । सूत्रम्

१- प्रकृतिपाठः २- पुरुषपाठः

३- मुक्तिपाठः ४- ज्ञानपाठः

उपनिषत्सु-

मन्त्रः वा श्रुतिः वा श्लोकः

वा

खण्डः

वा

प्रश्नः

वा

अध्यायः

मन्त्रः

वा

श्लोकः

वा

अनुवाकः

वा

खण्डः

वा

अध्यायः

वा

मुण्डकः

वल्लिः

वा

खण्डः

वा

ब्राह्मण

मन्त्रः

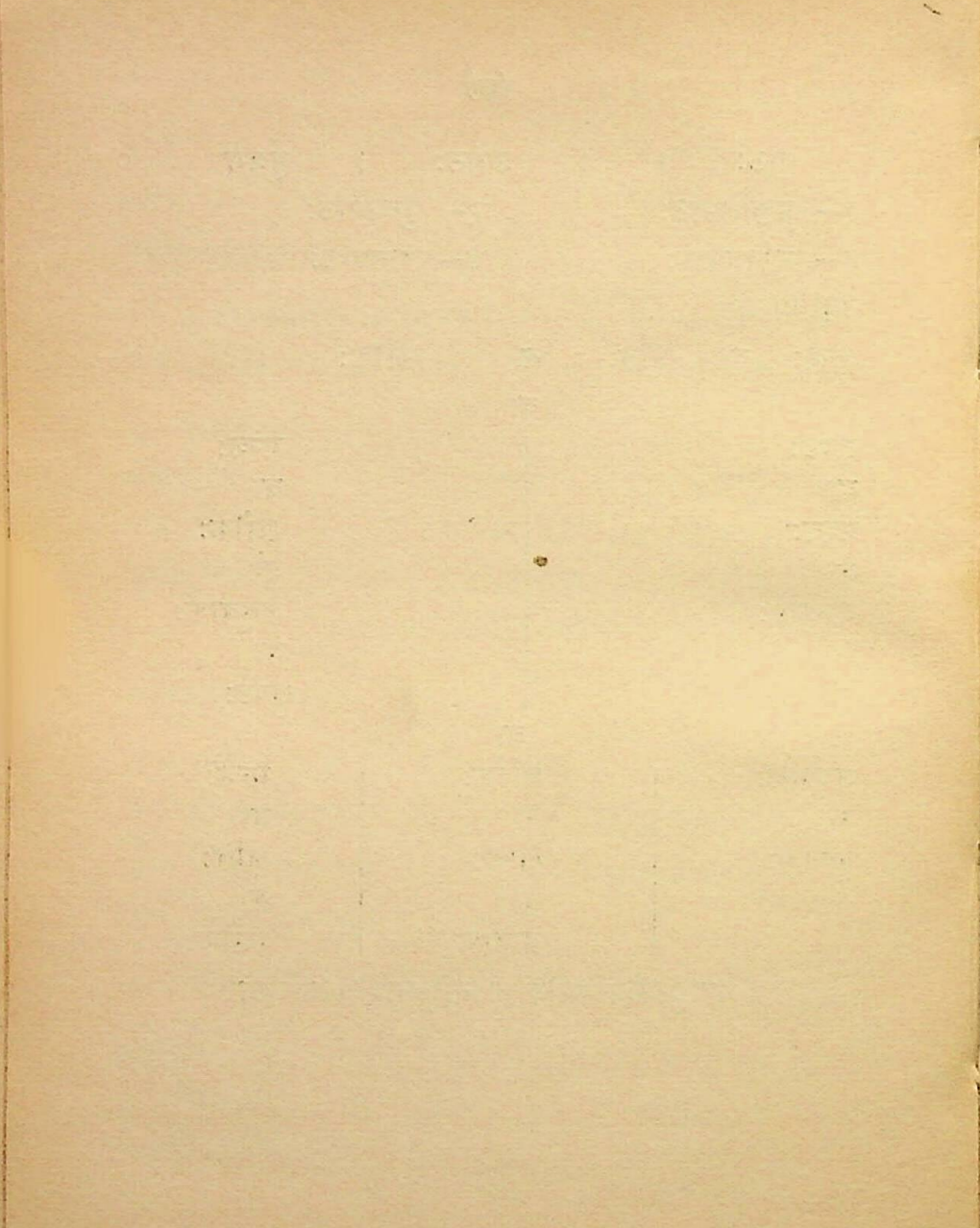
वा

श्रुतिः

वा

श्लोकः

माण्डुक्योपनिषदि गौ-गौडपादीयकारिका





(१)

श्रीः

Shree Glory Supreme Effulgence

ॐ

Om (Divine sound or salutation to the substratum of sound, or Supreme Spirit).

यस्येच्छात इदं सर्वं सततं यश्च केवलम् ।  
तं नित्यं सच्चिदानन्दं प्रणतोऽस्मि स्वसंविदम् ।

YASYECH-CHHATA IDAM SARVAM SATATAM YASCHA KEVALAM  
TAM NITYAM SACHCHID-ANANDAM PRANATOSMI SVASAMVIDAM

By whose will all this (proceeds), who is yet  
Eternally alone.

To Him, the constant real consciousness bliss  
Self intellect, I bow down

तद्भक्तिसंश्रिताधीतपुस्तकेभ्यो यथामति ।  
संगृहीतमिदं सर्वमात्मज्ञानप्रसादकम् ।

TAD BHAKTI-SAMSHRITADHEETA-PUSTAKEBHYO YATHA-MATI  
SANGR'HEETAM-IDAM SARVAM-ATMA-JNANA-PRASADAKAM

From books studied through devotion to Him (that Supreme Spirit) here is, according to understanding, collected all this illuminating self-knowledge.

येन केनापि दोषेण या च काचित्त्रुटिर्भवेत् ।  
 शोधनीया बुधैर्नूनं ज्ञानविज्ञानयुक्तिभिः ।

YENA KENAPI DOSHENA YA CHA KA-CHIT-TRUTIR-BHAVET  
 SODHANEYYA BUDHAIR-NOONAM JNANA-VIJNANA-YUKTIBHIH

Any shortcomings, which, through any ignorance, might happen, should be, surely, corrected by the wise by means of knowledge and realisation.

पिता माता गुरुर्भूपः सर्वं यत्परिनिष्ठितम् ।  
 तत्स्वाधिपतये भक्त्या महेन्द्राय समर्पये ।

PITA MATA GURUR-BHOOPAH SARVAM YAT PARINISHTHITAM  
 TAT-SVADHIPATAYE BHAKTYA MAHENDRAYA SAMARPAYE

Father, mother, teacher, king, all depend on that I offer that to our sole sovereign Mahendra by devotion.

प्रपन्नोऽस्मि सर्वमूलं प्रपन्नाभयदं शिवम् ।  
 यन्माययाऽपि विबुधा मुह्यन्ति ज्ञानकाशया ।

PRAPANNOSMI SARVA-MOOLAM PRAPAN-NABHAYADAM SHIVAM  
 YAN-MAYAYAPI VIBUDHA MUHYANTI JNANA-KASHAYA

I fall down at Bliss (Supreme Lord). the source of all and giver of fearlessness to devotees, through whose maya (power of illusion) even gods (the wise) get deluded with the mirage of intellect.



यत्प्रभावादहमिदं यत्प्रभावाच्च केवलम् ।

प्रसीदतु प्रभावज्ञः प्रभातीतप्रकाशया ।

YAT-PRABHAVAD-AHAM-IDAM YAT PRABHAVACH-CHA KEVALAM  
PRASEEDATU PRABHAVAJNAH PRABHATEETA-PRAKASHAYA

May that (Glorious), the knower of power, be pleased with selfsplendour beyond lustre by whose power I and this are and by whose power mere self is.

सर्वं खल्विदं ब्रह्म तज्जलानिति शान्त उपासीत ।

SARVAM KHALVIDAM BRAHMA TAJ-JA-LANITI SHANTA UPASEETA

Really all this is Brahma (Supreme Spirit), having originated from, absorbing in and existing in It. One should meditate upon It calmly.

तच्छुद्धं विमलं विशोकममृतं सत्यं परं धीमहि ।

TACH-CHHOODDHAM VIMALAM VISHOKAM-AMRITAM SATYAM  
PARAM DHEEMAHI

I meditate upon that pure, taintless (glorious), griefless, immortal, real, Supreme Spirit.

स्वप्रकाशानुभवचित्स्पन्दं प्रतिभान्यदिवभानमपि ।

ज्ञातं भामात्रं प्रज्ञानघनं सन्महिम्नि स्वे महीयते ।

SYA-PRAKASHANUBHAVA-CHIT-SPANDAM PRATIBHANYAD-IVA-BHANAM-API  
JNATAM BHA-MATRAM PRAJNANA-GHANAM SANMAHIMNI SVE MAHEEYATE

Self luminous conscience, intellect, modulating, reflect shining different as it were, is known self-illumination pure knowledge and genuine-existence shining in self infinite glory.

ज्ञानमेव ज्ञेयं स्पन्दभानं नान्यत् किञ्चनाज्ञानम् ।

अस्पन्दभानन्दं चित् सन्मात्रं राजते लीनसर्वम् ।

JNANAM-EVA JNEYAM SPANDA-BHANAM NANYAT KINCHANAJNANAM  
ASPANDA-BHANANDAM CHIT SAN-MATRAM RAJATE LEENA-SARVAM

The knowledge is verily the knowable through appearance of motion, nothing else ignorance. The constant light bliss intelligence genuine self illumines pure, dissolving all, in self.

न नामरूपं न सदसद्वा न तेजस्तमः प्रतिभात्मभानम् ।

चिद्भास्वरूपं स्वच्छानन्दं सज्जमात्रभानं वृत्यतीतभानम् ।

NA NAMA-ROOPAM NA SAD-ASAD-VA NA TEJAS-TAMAH PRATIBHATMA-BHANAM  
CHIDBHA-SVAROOPAM SVACHCHHANANDAM SAJ-JNA-MATRA-BHANAM  
VRITY-ATEETA-BHANAM

There is neither name nor form, neither cause nor effect, neither light nor darkness but self-illuminating intellect, self bright knowledge, pure bliss, real intellect splendour and self luminosity free from principle of activity.

ॐशान्तिः ॐशान्तिः ॐशान्तिः ।

OM SHANTIH OM SHANTIH OM SHANTIH

Om peace ! Om peace ! Om peace. !

विक्रम संवत् २०१५

Vikrama Samvat 2015

A. D. 1960



श्री:

ॐ

जस्को इच्छा बढी सूक्ष्म स्थूल नाम  
 रूप स्पन्द हुन्छ रहन्छ विलाउं छ ।  
 जो इच्छा आदि प्रभा कल्पना लेपन भै  
 स्वच्छ स्वतन्त्र प्रकाश छ ।  
 जो सत् चित् आनन्द लक्ष्य गरिने  
 केवल स्वानुभव निर्वृति स्वरूप छ ।  
 आत्मबुद्धिमा प्रकाश रहेको त्यही  
 परमात्माको नै शरण पर्छु म ।

संवत् २०१६

विवर्द्धमानया यस्येच्छया सूक्ष्म-स्थूल-  
 नाम-रूपाणि स्पन्दन्ते विद्यन्ते विलीयन्ते च ।  
 याचेच्छाप्रभृतिकल्पना निर्लिप्ता भूत्वा  
 स्वच्छरूपेण स्वातन्त्र्यरूपेण च प्रकाशते ।  
 यः सच्चिदानन्दरूपेण लक्ष्यः केवलं स्वा-  
 नुभवैकवेद्यो निर्वृतिस्वरूपः सन्नवभासते ।  
 आत्मबुद्धौ प्रकाशमानं तमेव परमात्मानं  
 प्रपन्नोऽस्मि ।

विक्रम सम्वत् २०१६

VIVARDHA-MANAYA YASYE-CHCHHAYA SOOKSHMA-STHoola-  
 NAMA-ROOPA-NI SPANDANTE VIDYANTE VILEEYANTE CHA  
 YACHECHCHHA-PRABHRITI-KALPANA NIR-LIPTA BHootVA  
 SVACHCHHA-ROOPENA SVA-TANTRYA-ROOPENA CHA PRAKASHATE  
 YAH SACH-CHID-ANANDA ROOPENA LAKSHYAH KEVALAM SVA-  
 NUBHAVAIIKA-VEDYO NIR-VRITI-SVA-ROOPAH SAN-NAVABHASATE  
 ATMA-BUDDHAU PRAKASHA-MANAM TAM-EVA PARAMATMANAM  
 PRAPAN-NOSMI

I take shelter in (enter into) that very Supreme Self illuminating in self intellect by whose expanding will, subtle and gross, name, form etc originate, exist and dissolve, who untouched by imagination of will etc, shines pure self and free, and who is thought as the real knowledge bliss self (self effulgence genuine conscience bliss) and realised through self experience and illumines being pure real bliss.

Vikrama Samvat 2016

A. D. 1960



(७)

श्रीः

Shree Glory

ॐ

Om Infinite Sound and its substratum Supreme Spirit

यत्तेजसा इदमदः यः प्रकाशः सनातनः ।

तं चिदानन्दसन्मात्रं प्रपन्नोस्मि स्वमात्मकम् ॥

YAT-TEJASA IDAM-ADAH YAH PRAKASHAH SANATANAH

TAM CHID-ANANDA-SAN-MATRAM PRAPANNOSMI SVAM-ATMAKAM

I bow down to that by whose light this and that are and He is, who is eternal, light, pure intelligence-bliss-existence and own self.

यदिच्छया संकलनं त्रिप्रकाशमितमिदम् ।

स्वधीतं तत्प्रसादेन ज्ञानं भवतु स्वानन्तरम् ॥

YAD-ICH-CHHAYA SANKALANAM TRI-PRAKASHAM-ITAM-IDAM

SVADHEETAM TAT-PRASADENA JNANAM BHATU SVANANTARAM

May self knowledge light inside self intellect through His grace by whose will, well studied this collection passed three editions.

गन्धरसरूपस्पर्शशब्दविकृतिप्रकृतीक्षा—

प्रभवाप्रभवानुभवस्वप्रकाशमात्र हे ।

तव शरणं नयतु मां हृदि धिष्ठितं सत्

तनोतु स्वात्मानमवतु संसारतापाज्ञानात् ॥

GANDHA-RASA-ROOPA-SPARSHA-SHABDA-VIKRITI-PRAKRITEEKSHA  
PRABHAVAPRABHAVANUBHAVA-SVA-PRAKASHA-MATRA HE  
TAVA SHARANAM NAYATU MAM HRIDI DHISTHITAM SAT  
TANOTU SVATMANAM AVATU SAMSARA TAPAJNANAT

Smell, taste, light, touch, sound, effect, cause, will, disturbing (procreating), calm, intellect, self light (self existence) alone oh !

Lead me to your genuine shelter residing inside heart (intellect).

Spread selfsplendour and save me from ignorance incarnating as worldly worries.

भक्त्या तवानुग्रहा—

नुरक्तविवेकमनः कलनशान्तौ ।

ज्ञप्त्यात्मनि स्फुरतु

धिष्ठितविमलप्रज्ञानघनं शश्वत् ॥

विक्रम संवत् २०१८

BHAKTYA TAVANUGRAHANURAKTA-VIVEKA-MANAH KALANA-SHANTAU  
JNAPTY-ATMANI SPHURATU DHISTHITA-VIMALA-PRAJNANA-GHANAM  
SHASHVAT

May self abiding pure cognition shine eternally in knowing (consciousness)self on the quelling of thoughts or worries of the mind through discrimination intent in your grace by devotion.

Vikrama Samvat 2018

A. D. 1962

(६)

ॐ

Om Infinite Sound and Its Substance Self-Intellect

इदं महद्भूतमनन्तमपारं विज्ञानघन एव ।

वृहदारण्यकोपनिषत् २।४।१२

विक्रम संवत् २०२१

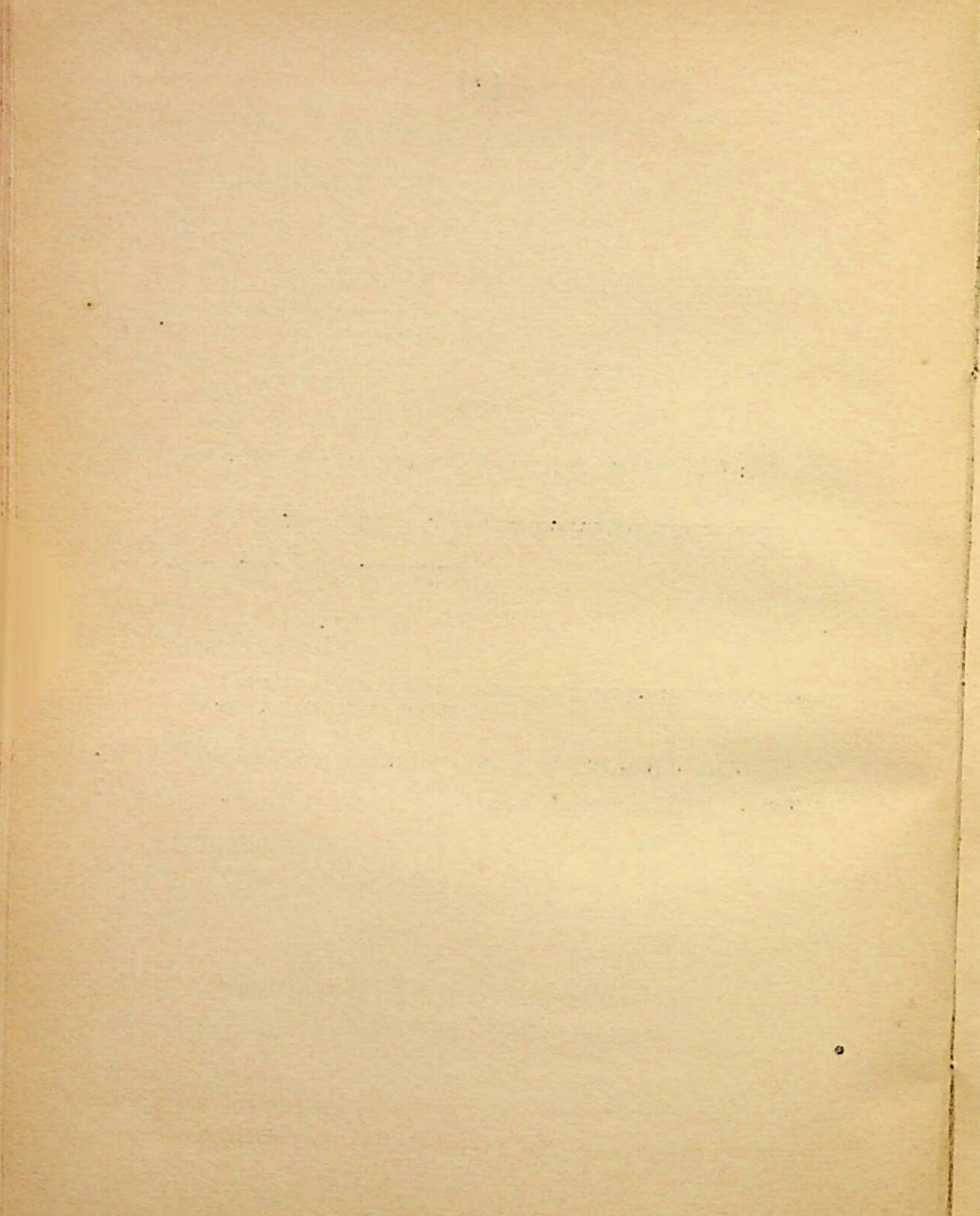
IDAM MAHAD-BHOOTAM-ANANTAM-APARAM VIJNANA-GHANA EVA  
VRIHAD-ARANYAKOPANISHAT

This Great Being is just the infinite endless pure consciousness.  
2/4/12

Vikrama Sambat 2021

A.D. 1965





श्रीभगवच्छन्दिका

ॐ तत्सद् ब्रह्मणे नमः

OM TAT-SAD-BRAHMANE NAMAH

Om Salutation to that real Brahman (the Supreme Spirit)

श्रीमद्भागवतम्

SHREE MAD-BHAGAVATAM

ॐ नमो भगवते वासुदेवाय ।

OM NAMO BHAGAVATE VASUDEVAYA

Om Salutation to Lord Vasudeva

जन्माद्यस्य यतोऽन्वयादितरतश्चार्थेष्वभिज्ञः स्वराट्  
तेने ब्रह्म हृदा य आदिकवये मुह्यन्ति यत्सूरयः ।  
तेजोवारिमृदां यथा विनिमयो यत्र त्रिसर्गोऽमृषा  
धाम्ना स्वेन सदा निरस्तकुहकं सत्यं परं धीमहि ॥ १।१।१

JANMADY-ASYA YATO-NVAYAD-ITARATASH-CHARTHESVABHIJNAH SVARA7  
TENE BRAHMA HRIDA YA ADI-KAVAYE MUHYANTI YAT-SOORAYAH  
TEJO-VARI-MRIDAM YATHA VINI-MAYO YATRA TRISARGOMRISHA  
DHAMNA SVENA SADA NIRASTA-KUHAKAM SATYAM PARAM DHEEMAHI

We meditate on the real Supreme Lord who has always destroyed the entire ignorance through His own self-shining light and from whom proceed the creation, protection, and destruction of the universe, yet HE remains constantly real, being detached from the unreal. HE is conscious and self-shining. He, it is, who lighted, through the heart (the intellectual power) to the first scholar, the knowledge of the Veda, the Brahma, about which the great scholars (the wise) get confused. It is He in whom the three fold (embodied in the three states of waking, dreaming and dreamless sleep or gross, subtle and casual) creation appears as real (due to the reality of the foundation) like the illusion of water in rays, of land in water, and of water in land. 1/1/1

विशुद्धं केवलं ज्ञानं प्रत्यक्सम्यगवस्थितम् ।

सत्यं पूर्णमनाद्यन्तं निर्गुणं नित्यमद्वयम् ॥

२।६।३६

VI-SHUD-DHAM KEVALAM JNANAM PRATYAK-SAMYAG-AVASTHITAM  
SATYAM POORNAM-ANADYANTAM NIR-GUNAM NITYAM-ADVAYAM

The Lord is alone, pure, knowledge, Self-existence, omnipresent, Real, infinite, having neither beginning nor end, devoid of qualities, eternal and without a second. 2/6/39

अहमेवासमेवाग्रे नान्यद्यत्सदसत्परम् ।

पश्चादहं यदेतच्च योऽवशिष्येत सोऽस्म्यहम् ॥

२।६।३२

AHAM-EVASAM-EVAGRE NANYAD-YAT-SAD-ASAT PARAM  
PASHCHAD-AHAM YAD-ETACH-CHA YOVASHISHYETA SOSMY-AHAM



(The Lord says). In the beginning there was only just I, nothing else real or unreal. Afterwards I am. I am also all this creation. I am also what remains after dissolution. 2/9/32

ऋतेऽर्थं यत्प्रतीयेत न प्रतीयेत चात्मनि ।

तद्विद्यादात्मनो मायां यथा भासो यथा तमः ॥ २।६।३३

RITERTHAM YAT-PRATIEYETA NA PRATEEYETA CHATMANI

TAD-VIDYAD-ATMANO MAYAM YATHA BHASO YATHA TAMAH

Without being a reality what appears in Atman (Self), and that the reality in Atman (Self) is not cognised by the ignorant or ignorance, know these as Maya (illusion) of Atman (Self) like phantom of two moons, like Tamah (darkness or ignorance) or Rahu. 2/9/33

अन्वयव्यतिरेकाभ्यां यत्स्यात्सर्वत्र सर्वदा । २।६।३५॥

ANVAYA VYATIREKABHYAM YAT SYAT SARVATRA SARVADA

That ultimate Reality is always everywhere due to its presence in the real and different form from the unreal. 2/9/35 1/2

शश्वत्स्वरूपमहसैव निपीतभेद—

मोहाय बोधधिपणाय नमः परस्मै ।

विश्वोद्भवस्थितिलयेषु निमित्तलीला—

रासाय ते नम इदं चक्रमेश्वराय ॥ ३।६।१४

SHASHVAT SVAROOPA-MAHASAIVA NIPEETA-BHEDA-

MOHAYA BODHA-DHISHANAYA NAMAH PARASMAI

VISHVODDBHAVA-STHITILAYESHU NIMITTA-LEELA-

RASAYA TE NAMA IDAM CHAKRIMESVARAYA

Salutation to the Supreme Lord who drives away all the difference and delusion by the constant light of his own self and is the foundation of knowledge. We offer this salutation to You, the Supreme Lord, who is the source of the instrumental cause (volition) and material cause (play of illusion), in creation, protection and immersion of the universe. 3/9/14

अनादिरात्मा पुरुषो निर्गुणः प्रकृतेः परः ।

प्रत्यग्धामा स्वयं ज्योतिर्विश्वं येन समन्वितम् ॥ ३।२६।३

ANADIRATMA PURUSHO NIR-GUNAH PRAKRITEH PARAH

PRATYAG-DHAMA SVAYAM JYOTIR-VISHVAM YENA SAMANVITAM

The Self, which pervades the universe, is the Supreme Being, without the beginning, devoid of qualities, beyond the primary power (Prakriti), the inner self effulgent light. 3/26/3



ज्ञानमात्रं परं ब्रह्म परमात्मेश्वरः पुमान् । ३।३२।२६॥

JNANA-MATRAM PARAM BRAHMA PARAMATMESHVARAH PUMAN

The Supreme Reality is knowledge alone, the Supreme Spirit, Lord or God and Person. 3/32/26 1/2

एकः शुद्धः स्वयंज्योतिर्निर्गुणोऽसौ गुणाश्रयः ।  
सर्वगोऽनावृतः साक्षी निरात्मात्मात्मनः परः ॥ ४।२०।७

EKAH SHUD-DHAH SVAYAM-JYOTIR-NIR-GUNOSAU GUNASHRAYAH  
SARVAGO-NAVRITAH SAKSHI NIRATMATMANAH PARAH

The soul is one, pure, self light, free from qualities, abode of qualities, pervading all, undeluded, witness, devoid of the body and beyond mind (mental functions). 4/20/7

यत्तद्विशुद्धानुभवमात्रमेकं  
स्वतेजसा ध्वस्तगुणव्यवस्थम् ।  
प्रत्यक् प्रशान्तं सुधियोपलम्भनं  
ह्यनामरूपं निरहं प्रपद्ये ॥ ५।१६।४

YAT-TAD-VISHUD-DHANUBHAVA-MATRAM-EKAM  
SVA-TEJASA DHVASTA-GUNA-VYAVASTHAM  
PRATYAK PRASHANTAM SUDHIYOPALAMBHANAM  
HY-ANAMA-ROOPAM NIRAHAM PRAPADYE

I take refuge in the Lord, who is that only pure experience, without a second, removing the effect of qualities (states of waking, dream and dreamless sleep) through his own self light, inner-self, extremely quiet, attainable through pure mind, devoid of name and shape, and without egotism. 5/19/4

एक एव परो ह्यात्मा भगवानीश्वरोऽव्ययः । ७।६।२१॥

EKA EVA PARO HYATMA BHAGAVAN-EESHVARO-VYAYAH.

The self is only one supreme indestructible, and omnipotent Lord. 7/6/21 1/2

आत्मा नित्योऽव्ययः शुद्ध एकः क्षेत्रज्ञ आश्रयः ।

अविक्रियः स्वदृग्घेतुव्यपिकोऽसङ्ग्यनावृतः ॥ ७।७।१६

ATMA NITYO-VYAYAH SHUDDHA EKAH KSHETRA-JNA ASHRAYAH  
AVI-KRIYAH SVA-DRIGGHETUR-VYAPAKO-SANGY-ANAVRITAH

The soul is alone, constant, indestructible, pure, omniscient, asylum, unchangeable, self-seer, centre of all causes, omnipresent, absolute and undeluded. 7/7/19

सुखमस्यात्मनो रूपं सर्वेहोपरतिस्तनुः । ७।१३।२६॥

SUKHAM-ASYATMANO ROOPAM SARVEHOPARATIS-TANUH

Happiness is the sign of this self shining free of all gestures. 7/13/26 1/2



एकस्त्वमात्मा पुरुषः पुराणः

सत्यः स्वयंज्योतिरनन्त आद्यः ।

नित्योऽक्षरोऽजस्रसुखो निरञ्जनः

पूर्णोऽद्वयो मुक्त उपाधितोऽमृतः ॥ १०।१४।२३

EKAS-TVAM-ATMA PURUSHAH PURANAH

SATYAH SVAYAM-JYOTIRANANTA ADYAH

NITYO-KSHARO-JASRA-SUKHO NIRANJANAH

POORNO-DVAYO MUKTA UPADHITO-MRITAH

Thou art one self that is Supreme Being, primeval, real, self-light, infinite, foremost, permanent, immutable, constant bliss, unstained, full, non-dual, free from limitation or ignorance and immortal.

10/14/23

सत्यं ज्ञानमनन्तं यद् ब्रह्मज्योतिः सनातनम् । १०।२८।१५॥

SATYAM JNANAM-ANANTAM YAD BRAHMA-JYOTIH SANATANAM

That Brahman (Ultimate Reality) is the self-luminous, truth, knowledge, infinite and eternal.

10/28/15 1/2

विशुद्धविज्ञानधनं स्वसंस्थया

समाप्तसर्वार्थममोघवाञ्छितम् ।

स्वतेजसा नित्यनिवृत्तमाया-

गुणप्रवाहं भगवन्तमीमहि ॥

१०।३७।२२

VISUDDHA-VIJNANA-GHANAM SVA-SAMSTHAYA  
 SAMAPTA-SARVARTHAM-AMOGHA-VANCHHITAM  
 SVATEJASA NITYA-NIVRITTA-MAYA-  
 GUNA-PRAVAHAM BHAGAVANTAM-EEMAHI

I take refuge in the Lord, who is pure, all-Knowledge, who remaining in His Bliss has attained all objects of His unerring desire, who, through Self light, has always dispelled Maya (illusion) and its current of qualities. 10/37/22

नमो विज्ञानमात्राय सर्वप्रत्ययहेतवे ।  
 पुरुषेशप्रधानाय ब्रह्मणेऽनन्तशक्तये ॥ १०।४०।२६

NAMO VIJNANA-MATRAYA SARVA-PRATYAYA-HEHAVE  
 PURUSHESHA-PRADHANAYA BRAHMANE-NANTA-SHAKTAYE

Salutation to the only Pure Intelligence the Cause of all knowledge, known as Purusha (Person self), Isha (Lord), Pradhana (Primary Power), Brahman (Supreme Spirit), the Omnipotent. 10/40/29

आत्मा ज्ञानमयः शुद्धो व्यतिरिक्तोऽगुणान्वयः । १०।४७।३१॥

ATMA JNANA-MAYAH SHUDDHO VYATIRIKTO-GUNANVAYAH

The Self is all intelligence, pure, free (from ignorance), unattached to any quality.

10/47/31 1/2



नात्मनोऽन्येन संयोगो वियोगश्चासतः सति ।

तद्धेतुत्वात्तत्प्रसिद्धेर्दृग्गूपाभ्यां यथा रवेः ॥ १०।५४।४६

NATMANO-NYENA SAM-YOGO VI-YOGASH-CHASATAH SATI

TAD-DHETU-TVAT-TAT-PRASIDDHER-DRIG-ROOPABHYAM YATHA RABEH

O' virtuous woman ! There is neither union nor disunion of self with other objects, which are unreal known merely in the source of self inteligence like that of the sun with the eye, and the form.

10/54/46

नमामि त्वाऽनन्तशक्तिं परेशं

सर्वात्मानं केवलं ज्ञप्तिमात्रम् ।

विश्वोत्पत्तिस्थानसंरोधहेतुं

यत्तद्ब्रह्म ब्रह्मलिङ्गं प्रशान्तम् ॥ १०।६३।२५

NAMAMI TVANANTA-SHAKTIM PARESHAM

SARVATMANAM KEVALAM JNAPTI-MATRAM

VISHVOT-PATTI-STHANA-SAMRODHA HETUM

YAT TAD-BRAHMA BRAHMA-LINGAM PRASHANTAM

I bow down to you who are great Lord, having infinite power, soul of all, pure, knowledge only, cause of creation,

protection and destruction of the universe, characteristic of Brahma, calm and Brahma (Ultimate Reality).

10/63/25

एकं स्वयं ज्योतिरनन्यमव्ययं

स्वसंस्थया नित्यनिरस्तकल्मषम् ।

ब्रह्माख्यमस्योद्भवनाशहेतुभिः

स्वशक्तिभिर्लक्षितभावनिर्वृतिम् ॥

१०।७०।५

EKAM SVAYAM JYOTIRANANYAM-AVYAYAM

SVA-SAMSTHAYA NITYA-NIRASTA-KALMASHAM

BRAHMAKHYAM-ASYOD-BHAVA-NASHA-HETUBHIH

SVA-SHAKTIBHIR-LAKSHITA-BHAVA-NIRVRITIM

(Lord Krishna — incarnation of God — meditates upon His own Self, that is,) One ( Infinite ), self-effulgence, non-dual, immutable, constantly free from ignorance, self-existence and bliss, marked by his own powers, the causes of the rising, living and absorbing of this universe and known as the Ultimate Reality Bliss.

10/70/5

तद्ब्रह्म परमं सूक्ष्मं चिन्मात्रं सदनन्तकम् । १०।८८।१०।।

TAD-BRAHMA PARAMAM SOOKSHMAM CHIN-MATRAM SAD-ANANTAKAM

The Ultimate Reality ( Brahma ) is extremely subtle, the pure consciousness, the genuine Reality and the infinite Eternity.

10/88/10 1/2



सत्त्वरजस्तम इति त्रिवृदेकमादौ

सूत्रं महानहमिति प्रवदन्ति जीवम् ।

ज्ञानक्रियार्थफलरूपतयोरुशक्ति

ब्रह्मैव भाति सदसच्च तयोः परं यत् ॥ ११।३।३७

SATVAM RAJAS-TAMA ITI TRIVRID-EKAM-ADAU

SOOTRAM MAHAN-AHAM-ITI PRAVADANTI JEEVAM

JNANA-KRIYARTHA-PHALAROOPATAYORUSHAKTI

BRAHMAIVA BHATI SAD-ASACHCHA TAYOH PARAM YAT

The only one Ultimate Reality (Brahma) is described as the threefold Nature (Prakriti) with purity, emotion and ignorance (Satwa, Raja and Tama) in the beginning of the creation. Then that is described as great Mahattatva (intellectual prominent power), sutratma (subtle active prominent principle), and Aham (egoism). The Supreme Spirit with manifold power appears in the forms of knowledge, action, matter, result, cause, effect, indeed higher than these.

11/3/37

तदेवमात्मन्यवरुद्धचित्तो

न वेद किञ्चिद्बहिरन्तरं वा ।

११।६।१३॥

TAD-EVAM-ATMANY-AVARUDDHA-CHITTO

NA-VEDA KINCHID-VAHIRANTARAM VA

The mind, engrossed in the self, knows nothing either interior or exterior.

11/9/13 1/2

परावराणां परम आस्ते कैवल्यसंज्ञितः ।

केवलानुभवानन्दसन्दोहो निरुपाधिकः ॥

११।१८।१८

PARAVARANAM PARAMA ASTE KAIVALYA SANJNITAH  
KEVALANUBHAVANANDA-SANDOHO NIRUPADHIKAH

That supreme Lord, superior to cause and effect, remains  
as absolute unity, pure self - consciousness - bliss, without  
ignorance. 11/9/18

विलक्षणः स्थूलसूक्ष्माद्देहादात्मैक्षिता स्वदृक् । ११।१०।८॥

VILAKSHANAH STHOOLA-SOOKSHMAD-DEHAD-ATMEKSHITA SVADRIK

Being different from gross and subtle bodies, Atma  
(Self) remains seer and self-knowledge. 11/10/8 1/2

यदेतदात्मनि जगन्मनोवाक्प्राणसंहतम् ।

सर्वं मायेति तर्केण स्वस्थस्त्यक्त्वा न तत्स्मरेत् ॥ ११।१८।२७

YAD-ETAD-ATMANI JAGAN-MANO-VAK-PRANA-SAMHATAM  
SARVAM MAYETI TARKENA SVASTHAS-TYAKTVA NA TAT-SMARET

Cognising all this world, to be the combination of mind,  
speech and vital breath as illusion in Self, leaving these, and  
being self-abiding, do not remember these again. 11/18/27



तस्मात्सर्वात्मना तात निगृहाण मनो धिया ।  
मय्यावेशितया युक्त एतावान्योगसंग्रहः ॥ ११२३।६१

TASMAT-SARVATMANA TATA NIGRIHANA MANO DHIYA  
MAYY-AVESHITAYA YUKTA ETAVAN-YOGA-SANGRAHAH

Oh pupil (Uddhava) ! Therefore, control the mind completely by Buddhi (discriminating intellect) concentrated in me (the Supreme Being). This is the epitome of contemplation.

11/23/61

आसीज्ज्ञानमथो अर्थ एकमेवाविकल्पितम् ।  
यदा विवेकनिपुणा आदौ कृतयुगेज्युगे ॥ ११२४।२

ASIJ-JNANAM-ATHO ARTHA EKAM EVAVIKALPITAM  
YADA VIVEKANIPUNA ADAU KRITA-YUGE-YUGE

Before the origin of time and in the first age (the golden age or the age of truth and purity) even when the persons became skilled in discrimination there was only one entity of knowledge and matter, without any difference, the ultimate Reality. 11/24/2

तन्मायाफलरूपेण केवलं निर्विकल्पितम् ।  
वाङ्मनोजोचरं सत्यं द्विधा समभवद्बृहत् ॥ ११२४।३

TAN-MAYA-PHALA-ROOPENA KEVALAM NIR-VIKALPITAM  
VANG-MANO-GOCHARAM SATYAM DVIDHA SAMA-BHAVAD-BRIHAT

That pure absolute great truth, beyond reach of speech and mind, procreated into two, in forms of illusion and reflection.

11/24/3

तयोरेकतरो ह्यर्थः प्रकृतिः सोभयात्मिका ।  
ज्ञानं त्वन्यतमो भावः पुरुषः सोऽभिधीयते ॥ ११२४१४

TAYOREKATARO HY-ARTHAH PRAKRITIH SOBHAYATMIKA  
JNANAM TVANYATAMO BHAVAH PURUSHAH SO-BHIDHEEYATE

Of these two, one is matter Prakriti ( active Principle), that is, cause and effect both. Another existence is knowledge, that is called the Purusha (Supreme Being). 11/24/4

सर्गः प्रवर्तते तावत्पौर्वपर्येण नित्यशः ।  
महान्गुणविसर्गार्थः स्थित्यन्तो यावदीक्षणम् ॥ ११२४१२०

SARGAH PRAVARTATE TAVAT- PAURVAPARYENA NITYASHAH  
MAHAN-GUNA-VISARGARTHAH STHITY-ANTO YAVAD-EEKSHANAM

Creation proceeds continually in the form of cause and effect ( for the individual soul) spreading forth great property, existing and ending so long as the reflecting power of the Supreme Lord is in action. 11/24/20

आत्मा केवल आत्मस्थो विकल्पापायलक्षणः । ११२४१२७॥

ATMA KEVALA ATMASTHO VIKALPAPAYA-LAKSHANAH

Pure self is self-abiding, characteristic of dissolution of ignorance.

11/24/27 1/2



आत्मैव तदिदं विश्वं सृज्यते सृजति प्रभुः ।

त्रायते त्राति विश्वात्मा ह्रियते हरतीश्वरः ॥ ११।२८।६

ATMAIVA TAD-IDAM VISHVAM SRIJYATE SRIJATI PRABHUH  
TRAYATE TRATI VISHVATMA HRIYATE HARATEESHVARAH

The omnipotent Supreme Self Himself creates and this universe is created. The universal Self protects and the universe is protected. The supreme Lord destroys and the creation is destroyed.

11/28/6

आत्माऽव्ययोऽगुणः शुद्धः स्वयंज्योतिरनावृतः । ११।२८।११॥

ATMA-VYAYO-GUNAH SHUDDHAH SVAYAM-JYOTIRANAVRITAH

The self is indestructible, attributeless, pure, self-luminous and free from ignorance.

11/28/11 1/2

एतावानात्मसंमोहो यद्विकल्पस्तु केवले ।

आत्मन्मृते स्वमात्मानमवलम्बो न यस्य हि ॥ ११।२८।३६

ETAVAN-ATMA-SAM-MOHO YAD-VIKALPASTU KEVALE  
ATMAN-NRITE SVAM-ATMANAM-AVALAMBO NA YASYA HI

It would be self-illusion (ignorance of mind) to think that in the pure Self there is doubt. because the adoption or basis of which is not found without the Self Itself.

11/28/36

सर्वं ब्रह्मात्मकं तस्य विद्ययात्ममनीषया ।  
परिपश्यन्नुपरमेत्सर्वतो मुक्तसंशयः ॥ ११।२६।१८

SARVAM BRAHMATMAKAM; TASYA VIDYAYATMA-MANEESHAYA  
PARIPASHYAN-NUPARAMET SARVATO MUKTA-SAMSHAYAH

Perceiving, by his cognising intellect, all Supreme Spirit (Pure Conscionsness) he rests in Self (intelligence) free from all doubts. 11/29/18

बुद्धीन्द्रियार्थरूपेण ज्ञानं भाति तदाश्रयम् ।  
दृश्यत्वाव्यतिरेकाभ्यामाद्यन्तवदवस्तु यत् ॥ १२।४।२३

BUDDHEENDRIYARTHA-ROOPENA JNANAM BHATI TAD-ASHRAYAM  
DRISHYATVAVYATIREKABHYAM-ADYANTAVAD-AVASTU YAT

There appears knowledge, in the form of intellect, organs and matter, the basis of these all. That all having the beginning and the end is unreal due to the state of being object of cognizance and possessing no separate existence from the cognizance (the pure knowledge). 12/4/23

यदैवमेतेन विवेकहेतिना  
मायामयाहंकरणात्मबन्धनम् ।



छित्वाऽच्युतात्मानुभवोऽवतिष्ठते

तमाहुरात्यन्तिकमङ्ग संप्लवम् ॥ १२।४।३४

YADAIVAM-ETENA VIVEKA-HETINA

MAYA-MAYAHAMKARANATMA-BANDHANAM

CHHITVA-CHYUTATMANUBHAVO-VATISHTHATE

TAM-AHURATYANTIKAM-ANGA SAM-PLAVAM

When thus the person cuts his own bondage which is egoism, the form of illusion or ignorance with this weapon of discrimination, he absorbs in the experience of the imperishable Supreme Self. That is called the ultimate absorption. 12/4/34

मनः सृजति वै देहान्गुणान्कर्माणि चात्मनः ।

तन्मनः सृजते माया ततो जीवस्य संसृतिः ॥ १२।५।६

MANAH SRIJATI VAI DEHAN GUNAN KARMANI CHATMANAH

TAN-MANAH SRIJATE MAYA TATO JEEVASYA SAMSRITIH

The mind creates really the bodies, properties and actions of self. Maya (illusion or active principle) creates that mind. Hence there is transmigration of the individual soul.

12/5/6

राजःसत्त्वतमोवृत्त्या जायतेऽथ विनश्यति । १२।५।७॥

RAJAH-SATVA-TAMOVRTIYA JAYATE-THA VINASHYATI

Birth, living and death alike take place through the actions of emotion, good and gross properties. 12/5/7 1/2

न तत्रात्मा स्वयं ज्योतिर्यो व्यक्ताव्यक्तयोः परः ।

आकाश इव चाधारो ध्रुवो नन्तोपमस्ततः ॥ १२।५।८

NA TATRAATMA SVAYAM JYOTIR-YO VYAKTAVYAKTAYOH PARAH  
AKASHA IVA CHADHARO DHUVONANTOPAMASTATAH

There is not born or destroyed the Self that is self illumination beyond the visible and the invisible, basis of all like the sky (identical), genuine, infinite, highest, and all-pervading.

12/5/8

अहं ब्रह्मा परं धाम ब्रह्माहं परमं पदम् ।

एवं समीक्षन्नात्मानमात्मन्याधाय निष्कले ॥ १२।५।११

न द्रक्ष्यसि शरीरं च विश्वं च पृथगात्मनः । १२।५।१२॥

AHAM BRAHMA PARAM DHAMA BRAHMAHAM PARAMAM PADAM  
EVAM SAMEEKSHAN-NATMANAM-ATMANY-ADHAYA NISHKALE  
NA DRAKSHYASI SHAREERAM CHA VISHVAM CHA PRITHAG-ATMANAH

I am the Supreme Spirit, the Supreme Resort and the Supreme Reality, the Supreme Source. Thus realising the Self and keeping the mind fixed in the pure Self, you will not see the body as well as the world as different from the Self.

12/5/11-12 1/2



प्रपन्नोऽस्म्यङ्घ्रिमूलं ते प्रपन्नाभयदं हरे ।

यन्माययापि विबुधा मुह्यन्ति ज्ञानकाशया ॥ १२।१०।२

PRA-PANNOSMY-ANGHRIMOOMLAM TE PRA-PANNABHAYADAM HARE  
YAN-MAYAYAPI VIBUDHA MUHYANTI JNANA-KASHAYA

Oh Hari (dispeller of ignorance) ! I resort to your feet,  
giver of fearlessness to the suppliant, by whose Maya (imaginary  
power) shining like intellect even gods are deluded with  
ignorance. 12/10/2

तच्छुद्धं विमलं विशोकममृतं सत्यं परं धीमहि । १२।१३।१६।

TACH-CHHUDDHAM VIMALAM VISHOKAM-AMRITAM SATYAM PARAM  
DHEEMAHI

We meditate upon that pure, stainless, griefless, in mor-  
tal and supreme Reality. 12/13/19 1/4

### श्रीदेवीभागवतम्

ॐ सर्वचैतन्यरूपां तामाद्यां विद्यां च धीमहि  
बुद्धिं या नः प्रचोदयात् ।

१।१।१

SHREE DEVEEBHAGAVATAM

OM SARVA-CHAITANYA-ROOPAM TAM-ADYAM VIDYAM CHA  
DHEEMAHI BUDDHIM YA NAH PRACHODAYAT

Om (Supreme Being, the basis of sound) ! We meditate upon that entire pure consciousness, foremost and the conscious Power that directs our intellect. 1/1/1/

सर्वम् खल्विदमेवाहं नान्यदस्ति सनातनम् । १।१५।१२

SARVAM KHALVIDAM-EVAHAM NANYAD-ASTI SANATANAM

I am truly all this. Nothing else is eternal. 1/15/52

एकमेवाद्वितीयं वै ब्रह्म नित्यं सनातनम् ।  
द्वैतभावं पुनर्याति कालउत्पत्तिसंज्ञके ॥ ३।६।४

EKAM-EVADVITIYAM VAI BRAHMA NITYAM SANATANAM  
DVAITA-BHAVAM PUNAR-YATI KALA-UTPATTI-SANJNAKE

There is really only one, without a second, constant and eternal Supreme Spirit (Brahma). That goes again into duality known as time and origin. 3/6/4

चैतन्यं सर्वभूतेषु यत्तद्विद्धि परात्मकम् ।  
तेजः सर्वगतं नित्यं नानाभावेषु नारद ॥ ३।७।१२

CHAITANYAM SARVA-BHOOTESHU YAT-TAD-VIDDHI PARATMAKAM  
TEJAH SARVA-GATAM NITYAM NANA-BHAVESHU NARADA

Oh Narada ! Know that the Supreme Soul is pure consciousness in all beings, eternal, self light pervading through all forms of beings and substances. 3/7/12



ज्ञानरूपं निराकारं निदानं तत्प्रचक्षते । ३।७।३६॥

JNANA-ROOPAM NIRAKARAM NIDANAM TAT-PRACHAKSHATE

The supreme self is regarded as self intelligence formless and the first cause. 3/7/39 1/2

चिच्छक्तिः सर्वभूतेषु रूपं तस्यास्तदेव हि । ५।३३।५६॥

CHICH-CHHAKTIH SARVA-BHOOTESHU ROOPAM TASYAS-TAD-EVA HI

The intellectual power in all beings is that Self-light, which is truly the feature of that power. 5/33/56 1/2

तदात्मरूपं चित्संवित्परब्रह्मैकनामकम् । ७।३२।२॥

TAD-ATMA-ROOPAM CHIT-SAMVIT PARA-BRAHMAIKA-NAMAKAM

The self feature is named as pure consciousness, intelligence and Supreme Spirit. 7/32/2 1/2

अप्रतर्क्यमनिर्देश्यमनौपम्यमनामयम् ।  
तस्य काचित् स्वतः सिद्धा शक्तिर्मयिति विश्रुता ॥ ७।३२।३

APRATARKYAM-ANIRDESHYAM-ANAUPAMYAM-ANAMAYAM  
TASYA KACHIT SVATAH SIDDHA SHAKTI-MAYETI VISHRUTA

That Self is unimaginable, indescribable, incomparable, free from ignorance. His indefinable inherent power is well-known as Maya 7/32/3

न सती सा नाऽसती सा नोभयात्मा विरोधतः ।

एतद्विलक्षणा काचिद्वस्तुभूताऽस्ति सर्वदा ॥ ७।३२।४

NA SATEE SA NA-SATEE SA NOBHAYATMA VIRODHATAH  
ETAD-VILAKSHANA KACHID-VASTUBHOOTASTI SARVADA

That power is neither real, nor unreal, nor both being opposite contrast. That is, different from these, incomprehensible, existing ever (till liberation or knowledge of self).

7/32/4

तस्यां कर्माणि जीवानां जीवाः कालाश्च संचरे ।

अभेदेन विलीनाः स्युः सुषुप्तौ व्यवहारवत् ॥ ७।३२।६

TASYAM KARMANI JEEVANAM JEEVAH KALASH-CHA SANCHARE  
ABHEDENA VILEENAH SYUH SUSHUPTAU VYAVAHARA VAT

Actions of the individual self, the individual soul and time vanish completely without difference in that power (Maya) at the dissolution of the world like life-affairs in dreamless sleep.

7/32/6

स्वप्रकाशं च चैतन्यं न परेण प्रकाशितम् । ७।३२।१२॥

SVA-PRAKASHAM CHA CHAITANYAM NA PARENA PRAKASHITAM

Intelligence is self-luminous and not illumined by any other.

7/32/12 1/2



## श्रीशिवमहापुराणम्

सत्यं ज्ञानमनन्तं च परानन्दम्परमहः । रु. १।६।११

### SHREE SHIVAMAHAPURANAM

SATYAM JNANAM-ANANTAM CHA PARANANDAM-PARAM-MAHAH

Supreme Effulgence is Truth (existence), intellect, infinitude as well as supreme bliss. RU 1/6/11

अद्वितीयमनाद्यन्तमविकाशं चिदात्मकम् । रु. १।६।१३

ADVITEEYAM-ANADYANTAM-AVIKASHAM CHIDATMAKAM

That Supreme Spirit is nondual, without beginning and without end (constant), invisible (unchangeable) and pure consciousness. RU 1/6/13

शक्तिस्तदैकलेनापि स्वैरं विहरता तनुः ।  
स्वविग्रहात्स्वयं सृष्टा स्वशरीरानपायिनी ॥ रु. १।६।१६

SHAKTIS TADAIKALENAPI SVAIRAM VIHARATA TANUH  
SVAVIGRAHAT SVAYAM SRISHTA SVASHAREERANAPAYINEE

That (Lord) alone, amusing at his own will, created the sublime power, the Self-form. That power, which is inseparable from his form, is created by Himself from his own expansion (Self). RU 1/6/19

परतत्त्वं विजानीहि विज्ञानं परमेश्वरि ।

द्वितीयं स्मरणं यत्र नाहं ब्रह्मेति शुद्धधीः ॥ रु. २।२३।१३

PARA-TATVAM VIJANEHI VIJNANAM PARAMESHVARI  
DVITEEYAM SMARANAM YATRA NAHAM BRAHMETI SUDDHADHEEH

Oh Supreme Power (Goddess) ! Know the Supreme Reality Pure Consciousness where there is no other recollection but the pure conscience that I am the Supreme Spirit. RU 2/23/13

सर्वव्यापी प्रकाशात्मा भासरूपो हि चिन्मयः । कै. १२।१११

SARVA-VYAPEE PRAKASHATMA BHASA-ROOPO HI CHIN-MAYAH

The Supreme Spirit is all pervading, lustrous Self, pure light and pure intellect. KAI 12/111

न शिवेन विना शक्तिर्न शक्त्या च विना शिवः । वा. ४।१२

NA SHIVENA VINA SHAKTIR NA SHAKTYA CHA VINA SHIVAH

There is no Shakti (Supreme Power) without Shiva (Supreme Lord ) and no Shiva without Shakti. VA 4/12

शक्तौ यया शिवो नित्यं भुक्तौ मुक्तौ च देहिनाम् ।

आद्या सैका पराशक्तिश्चिन्मयी शिवसंश्रया ॥ वा. ४।१३

SHAKTAU YAYA SHIVO NITYAM BHUKTAU MUKTAU CHA DEHINAM  
ADYA SAIKA PARA-SHAKTISH CHIN-MAYEE SHIVA-SAMSHRAYA

By that power Shiva is capable ever in giving enjoyment and liberation to beings having bodies. That is alone fore-



most intellectual Supreme Power abiding in Shiva (Supreme Lord).  
VA 4/13

सैका परा च चिद्रूपा शक्तिः प्रसवधर्मिणी ।  
विभज्य बहुधा विश्वं विदधाति शिवेच्छया ॥ वा. ४।१५

SAIKA PARA CHA CHIDROOPA SHAKTIH PRASAVA-DHARMINEE  
VIBHAJYA BAHUDHA VISHVAM VIDADHATI SHIVECH-CHHAYA

That alone is Supreme Intellectual Power endowed with procreating nature. That makes the universe, diversifying it into manifold pattern, by the will of the Supreme Lord (Shiva).  
VA 4/15

शिवेच्छया पराशक्तिः शिवतत्त्वैकतां गता ।  
ततः परिस्फुरत्यादौ सर्गे तैलं तिलादिव ॥ वा. ४।१८

SHIVE-CHCHHAYA PARA-SHAKTIH SHIVA-TATVAIKATAM GATA  
TATAH PARISPURATY-ADAU SARGE TAILAM TILAD-IVA

By the will of the Supreme Lord (Shiva), the Supreme Power merged into one entity of the Supreme Spirit, thence spreads out in the beginning, like oil from sesamum.  
VA 4/18

न हि शक्तिमतश्शक्त्या विप्रयोगोऽस्ति जातु चित् ।  
तस्माच्छक्तेः शक्तिमतस्तादात्म्यान्निर्वृतिर्द्वयोः ॥ वां. ७।२१

NAHI SHAKTIMATASH-SHAKTYA VIPRAYOGOSTI JATU CHIT  
TASMACH-CHHAKTEH SHAKTIMATAS-TADATMYAN-NIRVRITIR-DVAYOH

There is never separation of power from the powerful.  
Therefore, there is the final bliss through the unity of both  
the power and the powerful. VA 7/21

तस्मात् क्रमेण संत्यज्य बाह्यमाभ्यन्तरं तथा ।  
ज्ञानेन ज्ञेयमालोक्याज्ञानं चापि परित्यजेत् ॥ वा. ११।५२

TASMAT KRAMENA SANTYAJYA BAHYAMABHYANTARAM TATHA  
JNANENA JNEYAMALOKYAJNANAM CHAPI PARITYAJET

Therefore, gradually leaving the interior and the  
exterior and cognising the knowable by intellect (knowledge)  
give up ignorance as well. VA 11/52

### श्रीविष्णुमहापुराणम्

तच्च ज्ञानमयं व्यापि स्वसंवेद्यमनौपमम् । १।२२।४२

SHREE VISHNUMAHAPURANAM

TACHCHA JNANA-MAYAM VYAPI SVA-SAMVEDYAM ANAUPAMAM

That Supreme Reality is pure intelligence, omnipresent,  
self-knowable and incomparable. 1/22/42



ज्ञानमेव परं ब्रह्म ज्ञानं बन्धाय चेष्यते ।

ज्ञानात्मकमिदं विश्वं न ज्ञानाद्विद्यते परम् ॥ २।६।५०

JNANAM EVA PARAM BRAHMA JNANAM BANDHAYA CHESHYATE  
JNANATMAKAM-IDAM VISHVAM NA JNANAD-VIDYATE PARAM

Knowledge is the Supreme Spirit. Intellect (concerned with the worldly affairs) leads one to bondage. This universe is composed of knowledge. There is nothing other than knowledge.

2/6/50

### श्रीब्रह्मवैवर्तमहापुराणम्

यो निर्गुणः स निर्लिप्तः शक्तिभिर्न हि संयुतः ।

सिसृक्षुराश्रितः शक्त्या निर्गुणः सगुणो भवेत् ॥ ३।४२।३६

SHREE BRAHMAVAIVARTAMAHAPURANAM

YO NIR-GUNAH SA NIR-LIPTAH SHAKTIBHIR NA HI SAM-YUTAH  
SISRIKSHURASHRITAH SHAKTYA NIR-GUNAH SAGUNO BHAVET

He, who is attributeless, is unattached and not joined with powers. Desiring to create, the attributeless one unites with power and becomes full of attributes.

3/42/36

## श्रीमहाभारतम्

अन्तवन्त इमे देहा नित्यस्योक्ता शरीरिणः ।

६।२।१८॥

## SHREE MAHABHARATAM

ANTAVANTA IME DEHA NITYASYOKTA SHAREERINAH

These bodies. of the permanent individual Soul, are said  
to be perishable. 6/2/18 1/2

नित्यः सर्वगतः स्थाणुरचलोऽयं सनातनः ।

६।२।२४॥

NITYAH SARVA-GATAH STHANURACHALO-YAM SANATANAH

This self is eternal, omnipresent, immutable, immovable  
and perpetual (Ever identical Self). 6/2/24 1/2

निर्द्वन्द्वो नित्यसत्त्वस्थो निर्योगक्षेम आत्मवान् ।

६।२।४५॥

NIR-DVANDVO NITYA-SATVASTHO NIR-YOGA-KSHEMA ATMA-VAN

Be non-dual, constantly self-abiding, far from acquisition and preservation, and self-posessed. 6/2/45 1/2

अनादिमत्परं ब्रह्म न सत्तन्नासदुच्यते ।

६।१३।१२॥



ANADI-MAT PARAM BRAHMA NA SAT-TAN-NASAD-UCHYATE

That Supreme Spirit, without any beginning, is called neither real (cause) nor unreal (effect). 6/13/12 1/2

ज्ञानं ज्ञेयं ज्ञानगम्यं हृदि सर्वस्य धिष्ठितम् । ६।१३।१७॥

JNANAM JNEYAM JNANA-GAMYAM HRIDI SARVASYA DHISTHITAM

The Self Supreme Essence is knowledge, the knowable, perceived by knowledge and resorted within the heart of all. 6/13/17 1/2

श्रीमदध्यात्मरामायणम्

विभावयेदेकमनन्यसाधनो

विज्ञानदृक्केवल आत्मसंस्थितः ॥ उ. ५।४६॥

SHREE MADADHYATMARAMAYANAM

VIBHAVAYED-EKAM-ANANYA-SADHANO

VIJNANA-DRIK-KEVALA ATMA-SAMSTHITAH

Think of the only entity, through identical concentration, being conscious of perceptive vision, pure, self-existent and self-abiding. U 5/46 1/2

पूर्णश्चिदानन्दमयोऽवतिष्ठते

न वेद बाह्यं न च किञ्चिदान्तरम् ॥ उ. ५।४७॥

PURNASH-CHID-ANANDA.MAYO-VATISHTHATE

NA VEDA BAHYAM NA CHA KINCHID-ANTARAM

He remains as entire (pure) intelligence bliss and knows  
nothing, exterior or interior. U 5/47 1/2

### श्रीश्रीतन्त्रराजतन्त्रम्

यन्मनः क्लेशविश्रान्तेः स्थानं निःशेषकल्मषम् ।

सुखास्पदं स्वगं विश्वमयं चिद्वेद्यवेदनात् ॥ ३०।४६

SHREE SHREE TANTRARAJATANTRAM

YAN-MANAH KLESHA-VISHRANTEH STHANAM NIH-SHESHA-KALMASHAM  
SUKHASPADAM SVAGAM VISHVA-MAYAM CHID-VEDYA-VEDANAT

The intelligence is that state where all ignorance of  
mind ends. It is free of ignorance. It is the centre of Bliss,  
is Self and universal Being, being knower, knowable and know-  
ledge. 30/49

यज्ज्ञानमिदमोज्ञानं यज्ज्ञानमहमस्तथा ।

द्वयोरपि च यज्ज्ञानं तज्ज्ञानं विद्धि मे वपुः ॥ ३६।११

YAJ-JNANAM-IDAMO-JNANAM YAJ-JNANAM-AHAMAS-TATHA  
DVAYORAPI CHA YAJ-JNANAM TAJ-JNANAM VIDDHI ME BAPUH



Know that Knowledge my Self-feature which is the Knowledge of both, of the Knowledge of this and of the Knowledge of egotism. 36/11

स्थिरः स्वात्मप्रकाशः स्यान्नित्योऽप्रतिभटो महान् । ३६।१३॥

STHIRAH SVATMA PRAKASHAH SYAN-NITYO-PRATIBHATO MAHAN

Self effulgence is constant, eternal, non-dual and great. 36/13 1/2

त्वन्मयी धीः समाख्याता मन्मयी चिदुदीरिता ।  
उभयैक्याद्विवेकात्मा जीवोऽन्यस्तु विवेकवान् ॥ ३६।३५

TVAN-MAYI DHEEH SAMA-KHYATA MAN-MAYI CHID-UDEE-RITA  
UBHAYAIFYAD-VIVEKATMA JIVO-NYASTU VIVEKA-VAN

That aspect which is Tvanmayi (Shaktimayi) i.e. state of apprehending objects is called Dhee (Intellectual power) and that aspect which is Manmayi (Shivamayi) i.e. state of consciousness is called 'Chit.' Both being undifferentiated consciousness is Atman (Self.) Another realiser is Jeeva (individual Soul). 36/35

श्रीज्ञानार्णवतन्त्रम्

परमात्मस्वरूपेयं विश्वस्पन्दनरूपिणी । २४।७८॥

## SHREE JANARNAVATANTRAM

PARAMATMA-SVA-ROOPEYAM VISHVA-SPANDANA-ROOPINEE

The nature of the Supreme Being is this power  
procreating the universe. 24/78 1/2

निष्प्रपञ्चं निराभासं केवलं ब्रह्म सत्कलम् ॥ २४।८७॥

NISH-PRAPANCHAM NIRA-BHASAM KEVALAM BRAHMA SATKALAM

The Supreme Spirit is without diversity, without  
reflection, absolute, self-existence 24/87 1/2

## श्रीश्रीकुलार्णवतन्त्रम्

अरूपं भावनागम्यं परं ब्रह्म कुलेश्वरि ।

निष्कलं निर्मलं नित्यं निर्गुणं व्योमसन्निभम् ॥ ३।६२

अनन्तमव्ययं तत्त्वं मनोवाचामगोचरम् ३।६३॥

## SHREE SHREE KULARNAVATANTRAM

AROOPAM BHAVANA-GAMYAM PARAM BRAHMA KULESVARI  
NISH-KALAM NIR-MALAM NITYAM NIR-GUNAM VYOMA-SANNIBHAM  
ANANTAM-AVYAYAM TAT-TVAM MANOVACHAM-AGOCHARAM

Oh Great Goddess (Super Power)! Supreme Spirit is  
formless, perceived through devotion, entire, pure, perennial,  
and attributeless like the sublime sky, infinite, immutable,  
Reality, beyond the reach of mind and speech. 3/92-93 1/2



अथवा निष्कलं ध्यायेत् सच्चिदानन्दलक्षणम् ।

सर्वतेजोमयं देवि सचराचरविग्रहम् ॥ ४।११५

ATHAVA NISH-KALAM DHYAYET SACH-CHID-ANANDA-LAKSHANAM  
SARVA-TEJO-MAYAM DEVI SACHARACHARA-VIGRAHAM

Oh Goddess ! Or meditate upon entire all splendour, the feature of Real Existence-Intelligence- Bliss, with stretching out and dissolution of animate and inanimate beings. 4/115

अन्तस्थानुभवोल्लासो मनोवाचामगोचरः । ५।७३

ANTASTHA-NUBHAVOL-LASO !MANO-VACHAM-AGOCHARAH

The bliss of in-most Self-experience is beyond the reach of mind and speech 5/73

चित्ते स्वातन्त्र्यसारत्वात्तदानन्दमयात्मनः ।

तन्मयत्वाच्च भावानां भावाश्चान्तर्हिता रसे ॥ ७।८५

CHITTE SVATANTRYA-SARATVAT-TAD-ANANDAMAYATMANAH  
TAN-MAYA-TVACHCHA BHAVANAM BHAVASH-CHANTARHITA RASE

As the mind of that Self consisting of Bliss is the reposition of his free will and the existing substances are identical with that, they are merged into the Self, the Essence. 7/85

सर्वतेजोमयं ध्यायेत् सच्चिदानन्दनिष्कलम् । ६।५॥

SARVA-TEJO-MAYAM DHYAYET SACH-CHID-ANANDA-NISH-KALAM

Contemplate upon the all-effulgent, taintless, Self-Existence-Intelligence-Bliss. 9/5 1/2

नकिञ्चिच्चिन्तनादेव स्वयं तत्त्वं प्रकाशते ।

स्वयं प्रकाशिते तत्त्वे तत्क्षणात्तन्मयो भवेत् ॥

६।१०

NA KINCHICH-CHINTANAD-EVA SVAYAM TATVAM PRAKASHATE  
SVAYAM PRAKASHITE TATVE TAT-KSHANAT-TAN-MAYO BHAVET

Without any thought (cession of mental function) the Self Reality (Self Entity) reveals Itself, There remains only the Self when the Self Reality is manifested Itself. 9/10

### शक्तिसंगमतन्त्रम्

परब्रह्मात्र प्रकृतिः प्रतिबिम्बस्वरूपिणी ।

भावनावशतो जातो ब्रह्मरूपः सनातनः ।

श्रीदेव्याः कुण्डली देवि स्वेच्छया गुणिता शिवा ।

सर्वा धातुर्भवेच्छक्तिरानन्दघनगोचरा ।

ब्रह्मरूपा चिदानन्दा परब्रह्मैव केवलम् ।

प्रकृतिः परमा शक्तिः विकृतिः प्रतिबिम्बता ।

प्र. १

### SHAKTI-SANGAMA-TANTRAM

PARA-BRAHMATRA PRAKRITIH PRATI-BIMBA-SVAROOPINEE  
BHAVANA-VASHATO JATO BRAHMA-ROOPAH SANATANAH  
SHREE-DEVYAH KUNDALEE DEVI SVECH-CHHAYA GUNITA SHIVA  
SARVA DHATUR-BHAVECH-CHHAKTIRANANDA-GHANA-GOCHARA  
BRAHMA-ROOPA CHID-ANANDA PARA-BRAHMAIVA KEVALAM  
PRAKRITIH PARAMA SHAKTIH VIKRITIH PRATI-BIMBATA



Prakriti (Primary Supreme Power) is a reflection of Para Brahma (Supreme Spirit.)

Eternal Brahma (Supreme Spirit) is realised through contemplation.

Oh Goddess ! By self-will of the Supreme Being, good Kundalee power of the Supreme Power, grows into manifold power of the Creator resorting to final beatitude of pure Bliss, identical with Brahman (Supreme Being), Intelligence, Bliss, verily absolute Brahman (Pure Supreme Consciousness) alone.

Prakriti (Prime Power) is Supreme Power, Vikriti (pro-creating power) is a reflection. PRA 1

आदिनारायणः साक्षात् परशंभुः स एव हि ।  
तदेव निर्गुणं ब्रह्म बृहत्वाद् ब्रह्म कीर्तितम् ।  
शुद्धस्फटिकवद्देवि सैव श्रीः प्रकृतिर्वरा ।  
आदिमध्यान्तरहिता गुणातीता महोज्ज्वला ।  
उभयोर्मध्यभागे तु प्रतिबिम्बं च यद्भवेत् ।  
उभयोः प्रतिबिम्बं तु ह्यर्धनारीश्वरोमतः ।  
प्रतिबिम्बं भवेन्माया ततो ब्रह्म महेश्वरः ।  
विष्णुरीश्वर इत्याद्याः लोकपालादयः शिवे ।  
सृष्टिर्जाता महेशानि तयोरंशसमुद्भवा ।  
अविनाशी सदा स्थायी शंभुश्च प्रकृतिस्तथा ।  
आद्यन्तरहिता पूर्णा चिद्धनात्मस्वरूपिणी ।

ता. ७

ADI-NARAYANAH SAKSHAT PARA-SHAMBHUH SA EVA HI  
TAD-EVA NIRGUNAM BRAHMA BRIHA-TVAD BRAHMA KEERTITAM  
SHUDDHA-SPHATIKA-VAD-DEVI SAIVA SHREEH PRAKRITIR-VARA

AD -MADHY ANTA-RAHITA GUNATE ETA MAHOJ-JVALA  
 UBHAYOR-MADHYA-BHAGE TU PRATI-BIMBAM CHA YAD-BHAVET  
 UBHAYOH PRATI-BIMBAM TU HY-ARDHA-NAREE-SVARO MATAH  
 PRATI-BIMBAM BHAVEN-MAYA TATO BRAHMA MAHE-SHVARAH  
 VISHNUREESHVARA ITYADYAH LOKA-PALADAYAH SHIVE  
 SRISHTIR-JATA MAHESHANI TAYOR-AMSHA SAMUD BHAVA  
 AVINASHEE SADA STHAYEE SHAMBHUSH-CHAY PRAKRITIS-TATHA  
 ADYANTA-RAHITA POORNA CHID-GHANATMA-SVAROOPINEE

Adi Narayan (the foremost Supreme Spirit in the multitude or water) is verily the Para Shambhu (Supreme Spirit Lord )

That truly is attributeless Brahman (Supreme Reality) called Brahman on account of greatness or infinity.

Oh Goddess ! That glorious Prakriti (Prime Power) is (Shreeh) Supreme Origin like pure Crystal, without beginning-middle-end, free from quality, infinitely luminous.

The reflection that happens between the two is the reflection of both known as Ardha-nareesl-wara (Lord with half part female i.e. supreme power).

Oh Goddess ! The reflection is Maya (illusory superimposition). Thence Brahma, Maheswarah, Vishnu, Iswara etc. (creator, destroyer, protector, Lord etc.). keepers of the world, are produced out of their mutual parts (nature).

Immutable and eternal is Shambhu (Supreme Being) as well as Prakriti (Supreme power), without beginning and end, complete, pure Self Intelligence.



तेजः पुञ्जमिदं देवि ब्रह्मरूपं सनातनम् ।  
 तेजः पुञ्जादेकभूतं जगदेतच्चराचरम् ।  
 एकैव कुण्डली देवि स्वेच्छया गुणिता भवेत् ।  
 कुण्डलीशिवयोरैक्यं यस्मिन् काले प्रजायते ।  
 विज्ञानं तु तदेव स्यात्तयोरैक्यं महेश्वरि ।  
 ब्रह्मानन्दो महाकालः पूर्णब्रह्म सनातनः ।  
 विज्ञानरूपं तद्ब्रह्म खण्डाखण्डविवर्जितम् ।  
 मध्ये त्वासनसंस्थानं महासमरसात्मकम् । ता. ८

TEJAH PUNJAM-IDAM DEVI BRAHMA-ROOPAM SANATANAM  
 TEJAH PUNJAD-EKA-BHOOTAM JAGAD-ETACH-CHARACHARAM  
 EKAIVA KUNDALEE DEVI SVECH-CHHAYA GUNITA BHAVET  
 KUNDALEE-SHIVAYORAIFYAM YASMIN KALE PRAJAYATE  
 VIJNANAM TU TADEVA SYAT TAYORAIFYAM MAHESVARI  
 BRAHMANANDO MAHAKALAH POORNA-BRAHMA SANATANAH  
 VIJNANA-ROOPAM TAD-BRAHMA KHANDAKHANDA-VIVARJITAM  
 MADHYE TVASANA-SAMSTHANAM MAHA-SAMA-RASATMAKAM

Oh Goddess ! This pure lustre or glow is the nature of eternal Brahman (Supreme Essence). From that pure light is one (identical) universe of animate and inanimate beings.

Oh Goddess, ! Kundalee (active Power) alone grows by Self-will.

Oh Great Goddess ! When Kundalee (Power) and Shiva (Lord) become identically one entity, that unity of theirs is, indeed, the pure intelligence.

That is Supreme Bliss, Infinity, Supreme Essence, eternal, pure Consciousness, Ultimate Reality, immutable, pure identical Essence in the union of these two. TA 8 :

सामरस्यरसो ब्रह्म स एवात्मा प्रकीर्तितः ।

आनन्दान्मादनादात्मा ज्ञानात्मपरमात्मवित् ।

विज्ञानात्मा भवेद्देवि सकृज्जीवस्य दर्शकः । उ. ११

SAMA-RASYA-RASO BRAHMA SA EVATMA PRAKEER-TITAH  
ANANDAN-MADANAD-ATMA JNANATMA-PARMATMA-VIT  
VIJNANATMA BHAVED-DEVI SAKRIJ-JEEVASYA DARSHAKAH

Oh Goddess ! That identical pure essence, Supreme Spirit, is indeed, called Atman (Self).

Being blissful and delightful, the Soul, realising the knower of Self and Supreme Self becomes pure Self Consciousness, the direct revealer of the individual Self.

U. 11

अथवा सकलं ध्यायेत्तेजः पुञ्जनिभं शिवे ।

एकीभूतं चैतन्यतेजः सदा ध्यायेन्महेश्वरि ॥ सु. ६।२२८

ATHAVA SAKALAM DHYAYET-TEJAH PUNJA-NIBHAM SHIVE  
EKEE-BHUTAM CHAITANYA-TEJAH SADA DHYAYEN-MAHESVARI

Oh Goddess ! Or meditate upon all like mass of lustre.  
Oh Goddess! Contemplate always upon identically one conscious  
lustre.

Su 6/228



## श्रीमद्गौर्मिकौलार्णवतन्त्रम्

अदृश्यं परमं तत्त्वं सर्वकारणकारणम् ।  
 तद्वेत्ति दिव्ययोगेन तस्मिन्दृष्टे शिवः स्वयम् ।  
 स्थूला विश्वतनुर्देवि सूक्ष्मा चिन्मात्ररूपिणी ।  
 परा नित्योदिता शान्ता ब्रह्मसत्ता स्वरूपिणी ।  
 आत्मा कैवल्यरूपं तु सर्वदिक्कालभासकम् ।  
 नित्योदितं सर्वमयं सर्वव्यापकमेव च ।  
 सर्वात्मा सुप्रबुद्धश्च नित्यानन्दः सदोदितः ।  
 एकः स एव विश्वात्मा जीवभूतः प्रकाशकः ।  
 शिवशक्त्यात्मविभवं शिवशक्तिलयोद्भवम् ।  
 निस्तत्त्वतत्त्वगहनं शाश्वतं तु निरञ्जनम् ॥

प्र.अ.

## SHREE MAD-OORMI-KAULARNAVA-TANTRAM

ADRISHYAM PARAMAM TATVAM SARVA-KARANA-KARANAM  
 TAD-VETTI DIVYA-YOGENA TASMIN-DRISHTE SHIVAH SVAYAM  
 STHOOLA VISHVA-TANUR-DEVI SOOKSHMA CHIN-MATRA-ROOPINEE  
 PARA NITYODITA SHANTA BRAHMA-SATTA SVAROOPINEE  
 ATMA KAIVALYA-ROOPAM TU SARVA-DIK-KALA-BHASAKAM  
 NITYODITAM SARVA-MAYAM SARVA-VYAPAKAM-EVA CHA  
 SARVATMA SU-PRABUD-DHASH-CHA NITYANANDAH SADODITAH  
 EKAH SA EVA VISHVATMA JEEVA-BHOOTAH PRAKASHAKAH  
 SHIVA-SHAKTY-ATMA-VIBHAVAM SHIVA-SHAKTI-LAYODJBHAVAM  
 NIS-TATTVA-TATTVA-GAHANAM SHASHVATAM TU NIRANJANAM

The Supreme Reality is imperceptible, source of all causes. That is perceived through super concentration. On cognising that, the knower becomes himself Supreme Being (Shiva).

Oh Goddess! Sthula i.e. gross body is the worldly form. Sookshma i.e. the subtle is pure intellect. Para (Higher) is ever shining. Shanta i.e. Peaceful is identical with the Brahma (Supreme Spirit).

Atman (Self) is absolute (Self-existent), illuminating all space and time, ever effulgent, consisting of all, also pervading all. He is verily life of all, pure intelligent, constant Bliss and ever-rising.

He alone is the universal Self, individual Self, revealer.

That is magnanimity of the Self-Union of Shiva and Shakti, the origin and dissolution of Shiva and Shakti, essence of reality without property, eternal and pure. PRA /A

## कौलरहस्यम्

परब्रह्मे च प्रकृतिः प्रतिबिम्बस्वरूपिणी ।

१।३२

## KAULA-RAHASYAM

PARA-BRAHME CHA PRAKRITIH PRATI-BIMBA-SVAROOPINEE

Prakriti (Prime Principle) is like a reflection in the Supreme Self. 1/32



निर्वाणं च महेशानि परं ब्रह्मात्मता मता ।

प. २४

NIRVANAM CHA MAHESHANI PARAM BRAHMATMATA MATA

Oh Goddess ! Liberation is known as (oneness with) the Supreme Self.

PA 24

### महानिर्वाणतन्त्रम्

सदैकरूपश्चिन्मात्रो विकारपरिवर्जितः ।

१४।१३०॥

MAHA-NIRVANA-TANTRAM

SADAIIKA-ROOPASH-CHIN-MATRO VIKARA-PARI-VARJITAH

The Self is the one, constant, pure intelligence, free from ignorance.

14/130 1/2

ज्ञानमात्मैव चिद्रूपो ज्ञेयमात्मैव चिन्मयः ।

विज्ञाता स्वयमेवात्मा यो जानाति स आत्मवित् ॥ १४।१३६

JNANAM-ATMAIVA CHID-ROOPO JNEYAM-ATMAIVA CHIN-MAYAH  
VIJNATA SVAYAM-EVATMA YO JANATI SA ATMA-VIT

True knowledge is only Self pure intelligence. The knowable is only Self full of intelligence. The knower is Self himself. He, who knows this, is the knower of the Self. 14/139

## कुलचूडामणितन्त्रम्

ब्रह्मोहं स्फुरत (स्फुरित) प्रभम् ।

७।८०॥

## KULA-CHOODAMANI-TANTRAM

BRAHMOHAM SPHURATA (SPHURITA) PRABHAM

I am the Supreme Spirit, the Self effulgent light. 7/80 1/2

## श्रीकालीविलासतन्त्रम्

निर्गुणस्त्वं हि सगुणः कार्यकारणतत्परः ।

२४।१६॥

## SHREE KALEE-VILASA-TANTRAM

NIRGUNAS-TVAM HI SAGUNAH KARYA-KARANA-TATPARAH

Verily you are free from attributes, but intent on cause and effect, are with attributes.

24/16 1/2

## गन्धर्वतन्त्रम्

ब्रह्मचिन्तोद्भवानन्दनिवृत्तबाह्यचित्तता ।

३४।८७ ॥

## GANDHARVA-TANTRAM

BRAHMA-CHINTODBHAVANANDA-NIVRIT-TA-BAHYA-CHITTATA



Bliss of the thought of the Brahman (Supreme Spirit)  
is free from external thought (oneness). 34/87 1/2

स्वबोधे नान्यबोधेच्छा बोधरूपस्य चात्मनः । ३६।२६॥

SVABODHE NANYA-BODHECH-CHHA BODHA-ROOPASYA CHATMANAH

On the knowledge of the Self, the pure intelligence  
Self, there is no desire for other knowledge. 39/29 1/2

यत्प्रकाशात्मकं सर्वं तत्त्वं केवलतां गतम् ।  
विमर्शविनिसंप्राप्तमित्येषा तात्त्विकी स्थितिः ॥ ४१।५२

YAT-PRAKASHATMAKAM SARVAM TATVAM KEVALATAM GATAM  
VIMARSHAVANI-SAMPRAPTAM-ITYESHA TATVIKEE STHITIH

That all effulgent, Self, absolutely pure realised in the  
discriminative intellect, is the State of Reality. 41/52

### कालोत्तरमहातन्त्रम्

कारणेच्छाप्रवृत्तित्वात्परस्तस्मान्महेश्वरः । प. २७

KALOTTARA-MAHA-TANTRAM

KARANECH-CHHA-PRAVRITTI-TVAT-PARAS-TASMAN-MAHESVARAH

Because of prevalence of sourceful will, the Supreme Lord (Spirit) is superior to that. PA 27

संविद्रूपात्मकं विद्धि क्रियाकालविवर्जितम् । प. ६१

SAMVID-ROOPATMAKAM VIDDHI KRIYA-KALA-VIVARJITAM

Know pure intellect, free from action and time. PA 91

### कालानलतन्त्रम्

तत्रैकैव समाराध्या चिच्छक्तिर्ब्रह्मरूपिणी ।  
निर्गुणैतन्नामवाच्यानिरूप्याव्यक्तसंभवा ॥ प. १

### KALANALA-TANTRAM

TATRAIKAIVA SAMARADHYA CHICH-CHHAKTIR-BRAHMA-ROOPINEE  
NIR-GUNAITAN-NAMA-VACHYANIROOPYAVYAKTA-SAMBHAVA

Only one intellectual power identical with Supreme Reality should be meditated. That is called attributeless, incomprehensible and unknown origin. PA 1

सच्चिदानन्दरूपोहमात्मानमिति चिन्तयेत् । प. १०

SACH-CHID-ANANDA-ROOPOHAM-ATMANAM-ITI CHINTAYET



Think of the Self as Self-existence, Intelligence and Bliss. PA 10

### अकुलवीरतन्त्रम्

भावाभावविनिर्मुक्त उदयास्तमवर्जितः ।

स्वभावमतिमतं शान्तं मनो यस्य मनोमयम् ॥ ११४

### AKULAVEERA-TANTRAM

BHAVABHAVA-VINIRMUKTA UDAYASTAMA-VARJITAH

SVABHAVAM-ATIMATAM SHANTAM MANO YASYA MANO-MAYAM

That is he, who is free from being and non-being and is without origin and end, and whose mind is calm pure intellect known as Self lustrous Intellect. 1/14

कौलमार्गे द्वयोः सन्ति कृतका सहजा तथा ।

कुण्डली कृतका ज्ञेया सहजा समरसे स्थिता ॥ २१४३

KAULA-MARGE DVAYOH SANTI KRITAKA SAHAJA TATHA

KUNDALEE KRITAKA JNEYA SAHAJA SAMARASE STHITA

In the course of knowledge according to Kaula (process of knowledge) there are two causes called Kritaka (artificial cause) and Sahaja (natural cause). Kundalee (the encircling active power) is artificial while Sahaja (natural) is inherent in Self, the identical Supreme Essence, 2/43

पदव्यञ्जननिर्मुक्तं विमलं सततोदितम् ।  
तल्लीने तन्मयात्मानं विन्दते शाश्वतं पदम् ॥

२।७३

PADA-VYANJANA-NIRMUKTAM VIMALAM SATATODITAM  
TAL-LEENE TAN-MAYATMANAM VINDATE SHASHVATAM PADAM

That is inexpressible by words, pure and constant splendour. On merging into that one realises (attains) the Self identically one with that which is the eternal state. 2/73

चिन्तातीतं भवेत् सोहि योगसंयोगवर्जितम् ।  
निर्वाणं वासनाहीनं तृप्तात्मा च निरामयः ॥

२।७४

CHINTATEETAM BHAVET SOHI YOGA-SAMYOGA-VARJITAM  
NIRVANAM VASANA-HEENAM TRIPTATMA CHA NIRAMAYAH

He becomes free from thinking, free from gain and union, free from senses, liberated, self-satisfied and without ignorance. 2/74

### कुलानन्दतन्त्रम्

अभावं भावयेद्देवि सर्वभावविवर्जितम् ।  
चित्तं तत्र स्थितं कृत्वा खमध्ये विनियोजयेत् ॥

५७



## KULANANDA-TANTRAM

ABHAVAM BHAVAYED-DEVI SARVA-BHAVA-VIVARJITAM  
CHITTAM TATRA STHITAM KRITVA KHA-MADHYE VINIYOJAYET

Oh Goddess ! Meditate upon that void bereft of all notions. Fixing the mind in that, engage it inside the Self. 57

भावयेत् समरसं देवि प्रभुभृत्यं विचक्षणः । ५८॥

BHAVAYET SAMARASAM DEVI PRABHU-BHRITYAM VICHAKSHANAH

Oh Goddess ! A wise man should think of the identity of Self in the Lord and the servant. 58 1/2

## शारदातिलकम्

निर्गुणः सगुणश्चेति शिवो ज्ञेयः सनातनः ।  
निर्गुणः प्रकृतेरन्यः सगुणः सकलः स्मृतः ॥ ११६

## SHARADA-TILAKAM

NIRGUNAH SAGUNASH-CHETI SHIVO JNEYAH SANATANAH  
NIRGUNAH PRAKRITER-ANYAH SAGUNAH SAKALAH SMRITAH

The eternal Shiva, Supreme Lord, should be known both with attribute and without attribute. The one, without attribute, is different from Prakriti (Prime active power), and the one with attribute is manifold. 1/6

### श्रीप्रपञ्चसारतन्त्रम्

चित्तात्मैक्यधृतस्य प्राणस्य

स्यात्संहृतिः स्थानात् ।

प्रत्याहारो ज्ञेयश्चैतन्य-

युतस्य सम्यगनिलस्य ॥ १६।२१

### SHREE PRAPANCHA-SARA-TANTRAM

CHITTATMAIKYA-DHRITASYA PRANASYA SYAT-SAMHRITIH STHANAT  
PRATYAHARO JNEYASH-CHAITANYA-YUTASYA SAMYAG-ANILASYA

Vital breath held united with intellect and Self withdraws from the position. Know Pratyahara (withdrawal) of complete breath united with intelligence. 19/21

सत्तामात्रं शुद्धं नित्यमपि

निरञ्जनञ्च यत्प्रोक्तम् । १६।२३॥

तत्प्रविचिन्त्य च तस्मिं-

श्चित्तलयः स्यात्समाधिरुद्दिष्टः । १६।२४॥



SATTA-MATRAM SHUD-DHAM, NITYAM-API  
NIRANJANAN-CHA YAT-PROKTAM  
TAT-PRAVICHINTYA CHA TASMINSH-  
CHITTA-LAYAH SYAT SAMADHIR-UD-DISHTAH

Thinking that which is called self-existence, pure, eternal and free from ignorance, and merging the intellect into that is called Samadhi (concentration).

19/23 1/2

19/24 1/2

### रुद्रयामलम्

चिच्छक्तौ परमात्मानं भावयित्वा पुनः पुनः ॥ २६।४२॥  
आत्ममग्नं तत्र पदे कृत्वा चिन्तामणिं भजेत् । २६।४३॥

### RUDRAYAMALAM

CHICH-CHHAKTAU PARAMATMANAM BHAVAYITVA PUNAH PUNAH  
ATMA-MAGNAM TATRA PADE KRITVA CHINTA-MANIM BHAJET

Contemplating on the Supreme Soul again and again in the intellectual power and absorbing Self in that Supreme Essence, resort to the gem of Intellect (pure conscience).

26/42 1/2

26/43 1/2

## ब्रह्मयामलम्

योऽसावचिन्त्यमित्याहुः शिवः परमकारणः ।  
 निःसंज्ञो निर्विकारश्च व्यापी शान्तस्तथैव च ।  
 निराचारपदावस्थः संज्ञामात्रः प्रभुः परः ।  
 तस्यापरो ज्योतिरूपः सर्वानुग्रहकारकः ।  
 व्यापी हृद्व्यक्तरूपी च अनेनस्को महात्मनः ।  
 तस्य शक्तिर्महादेवि स्वभावोत्था अकृत्रिमा ।  
 ज्योत्स्नारूपः स्वरूपेण स्फटिकस्येव रश्मयः ।  
 तस्येच्छानिर्गताशक्तिर्ज्ञानरूपा मनोन्मनी ।  
 प्रवर्तते निराभासा अवधूतेति सा स्मृता ।  
 प्रबोधयति सानन्तबिन्दुनादौ क्षणेन तु ।  
 कुण्डलाकृतिसंस्थाना स्वनादौ संव्यवस्थिता ।  
 समस्तां सृजते देवि शिवेच्छावशवर्तिनी ।

प. १

## BRAHMAYAMALAM

YO-SAVACHINTYAM-ITYAHUH SHIVAH PARAMA-KARANAH  
 NIH-SANJNO NIR-VIKARASH-CHA VYAPEE SHANTAS-TATHAIVA CHA  
 NIRACHARA-PADAVASTHAH SANJNA-MATRAH PRABHUH PARAH  
 TASYAPARO JYOTI-ROOPAH SARVANUGRAHA-KARAKAH  
 VYAPEE HRID-VYAKTA-ROOPEE CHA ANENASKO MAHATMANAH  
 TASYA SHAKTIR-MAHADEVI SVABHAVOTTHA AKRITRIMA  
 JYOTSNA-ROOPAH SVAROOPENA SPHATIKASYEVA RASHMAYAH  
 TASYECHCHHA-NIRGATA-SHAKTIR-JNANAROOPA MANONMANEE  
 PRAVARTATE NIRABHASA AVADHOOTETI SA SMRITA



PRABODHAYATI SANANTA-BINDUNADAU KSHANENA TU  
KUNDALAKRITI-SAMSTHANA SVANADAU SAM-VYAVASTHITA  
SAMASTAM SRIJATE DEVI SHIVECHCHHA-VASHAVARTINEE

That essence which is called unthinkable is the Supreme Lord (Shiva), the supreme cause. He is nameless, unchanging pervading and tranquil. He is beyond purpose, self-abiding, pure intelligence, omnipotent and final.

The splendour (light) of Him, the great Soul, is favouring all, unrivalled, omnipresent, shining inside heart and faultless.

Oh Goddess ! His Power is natural inherent in Self. He is lustrous by nature like rays of crystal. His Power issuing out of His will is in the form of knowledge stimulating mind. That proceeds without ignorance and that is regarded as one renouncing all worldly attachments and connections (Abadhoota). Instantly She gives rise to infinite point (cause or Bindu) and sound (effect or Nada). Being coiled or encircling, She remains in her sound (effect or Nada) smoothly. Oh Goddess! Moving under the will of the Supreme Lord ( Shiva ), She creates all.

PA 1

उन्मनं धलयं यावत्शून्यरूपं विचिन्तयेत् ।

प. ८

UNMANAM DHALAYAM YAVAT-SHOONYA-ROOPAM VICHINTAYET

Meditate upon the pure intelligence without any duality till the excited mind and intellect (Buddhi) get absorbed i. e. effaced.

PA 8

The Supreme Self is independent, unborn, immovable,  
all pervading and free from ignorance. 3/9 1/2

तस्येच्छया भवेत् सृष्टिर्लयं तत्रैव गच्छति । ३।१०।।

TASYECH-CHHAYA BHAVET SRISTIR-LAYAM TATRAIVA GACH-CHHATI

By His will creation goes on and dissolves therein.  
3/10 1/2

अखण्डमण्डलं रूपं निर्विकारं सनिष्कलम् । ३।११।।

AKHANDA-MANDALAM ROOPAM NIRVIKARAM SA-NISH-KALAM

That Supreme Spirit is entire circular orb, bright,  
immutable and without element. 3/11 1/2

तारारहस्यम्

न वस्तु प्रकृतिश्चैव न पुमान् परमेश्वरः ।

तयोः समरसं ज्ञानं वस्तुतत्त्वं महेश्वरः ।

उभयोः समवायस्तु वस्तुतत्त्वं परं पदम् ।

ज्ञप्तिज्ञेयविभागेन ज्ञायतां भैरवेश्वरः ।

प. १२



## TARA-RAHASYAM

NA VASTU PRAKRITISH- CHAIVA NA PUMAN PARAMESVARAH  
 TAYOH SAMA-RASAM JNANAM VASTU-TATVAM MAHESVARAH  
 UBHAYOH SAMAVAYASTU VASTU-TATVAM PARAM PADAM  
 JNAPTI-JNEYA-VIBHAGENA JNAYATAM BHAIRAVESHVARAH

Neither Prakriti (active primary principle) nor Puman ( the person, the supreme ruler, ) is Reality. The identical knowledge of these two is Reality the Supreme Lord. (Maheswarah).

The union of both is the ultimate Reality, the Supreme Spirit. The great Spirit ( Bhairaveswar ) should be known through division (discrimination) of knowing and knowable.

PA 12

## परातन्त्रम् (परमार्थः)

एक एव पराशक्तिर्बहुभेदप्रकाशिनी ।  
 नित्या निरंशा सा देवी ब्रह्मसत्यप्रकाशिनी ॥  
 शक्तौ सर्वसमुत्पन्नं यत्किञ्चिज्जगत्यां जगत् ।  
 तस्माच्छुद्धमशुद्धं वा शक्तिर्ब्रह्मस्वरूपकम् ॥  
 आत्मा ब्रह्म विजानीहि भ्रान्तिज्ञानं परित्यजेत् ।  
 ज्ञानमेव परं तन्त्रं तस्माज्ज्ञानं समाश्रयेत् ॥  
 ज्ञानमार्गेण सकलं विकल्पं परिवर्जयेत् ।  
 सर्वभूतेषु विज्ञानं ज्ञातव्यं देशिकोत्तमैः ॥  
 ब्रह्मानन्दमयं ज्ञानं परं ब्रह्ममयो भवेत् ।  
 एवं सच्चिन्मयं ज्ञानं समता सर्वजन्तुषु ॥

## PARATANTRAM (PARAMARTHAH)

EKA EVA PARA-SHAKTIR-BAHUBHEDA-PRAKASHINEE  
 NITYA NIRAMSHA SA DEVEE BRAHMA-SATYA-PRAKASHINEE  
 SHAKTAU SARVA-SAMUTPANNAM YATKINCHI-JAGATYAM JAGAT  
 TASMACH-CHHUD-DHAM-ASUD-DHAM VA SHAKTI-BRAHMA-SVAROOPAKAM  
 ATMA BRAHMA VIJANEHI BHRANTI-JNANAM PARITYAJET  
 JNANAM-EVA PARAM TANTRAM TasmaJ-JNANAM SAMASHRAYET  
 JNANA-MARGENA SAKALAM VIKALPAM PARIVARJAYET  
 SARVA-BHOOTESHU VIJNANAM JNATAVYAM DESHIKOT-TAMAIH  
 BRAHMANANDA-MAYAM JNANAM PARAM BRAHMA-MAYO BHAVET  
 EVAM SACH-CHINMAYAM JNANAM SAMATA SARVA-JANTUSHU

Only one Supreme Power illuminates the multitudes of diversities. She is perennial, without elements Goddess Supreme Power and illumination of the Supreme Reality. In that Power all originate whatever worlds are in the universe. Therefore pure or impure, Power is Supreme Spirit. Know Self as the Supreme Spirit. Give up illusory thinking (ignorance). Knowledge is supreme power. Therefore rely upon knowledge. Efface all doubts by the way to knowledge. The intelligence should be realised by highest preceptors in all beings. Knowledge is pure supreme Bliss. Be Supreme Being only. Thus Self-existent Conscious Knowledge is one or identity in all beings.

## ज्ञानकारिका

संसारार्णवनिर्मुक्तं कल्पनातीतगोचरम् ।  
 निर्विकल्पं सदा ज्ञानं कथितं ज्ञानकारिकम् ॥



## JYANAKARIKA

SANSARARNAVA-NIR-MUKTAM KALPANATEETA-GOCHARAM  
NIR-VIKALPAM SADA JNANAM KATHITAM JNANA-KARIKAM

Knowledge, that is liberated from all the ocean of the world, attainable beyond imagination, pure and perpetual is called memorial verse on intellect (Jnanakarika) 2/19

## त्रिपुरारहस्यम्

यतः सर्वं चितिमनुभाति सा तु स्वतन्त्रतः । ४।१००॥

## TRIPURA-RAHASYAM

YATAH SARVAM CHITIM-ANU-BHATI SA TU SVATANTRATAH

While all shines after the Intelligence, She only shines independently. 4/100 1/2

चित्तिर्विचित्रान्यभावैरुपरक्तापि भासिनी ।  
स्वरूपादप्रच्युतैवाऽऽदर्शवल्लेशतोपि हि ॥ ११।६२

CHITIR-VICHITRANYA-BHAVAIRUPAKTAPI BHASINEE  
SVAROOPAD-APRACHYUTAIVADARSHAVAL-LESHATOPI HI

The Intellect, even touched with various other notions, shines being undifferentiated even a least bit from her own brilliant Self like the mirror. 11/62

चितिः स्वातन्त्र्यहेतुः स्यात् प्रतिबिम्बो हि जागतः ॥११६४॥

CHITIH SVATANTRYA HETUH SYAT PRATI-BIMBO HI JAGATAH

Consciousness is the Self independent source of the world reflection.

11/64 1/2

सङ्कल्प एव स्वातन्त्र्यं चितेरुच्छूनमीर्यते ।

असङ्कल्पदशायां सा चितिः स्वच्छैकरूपिणी ॥ ११६६

SANKALPA EVA SVATANTRYAM CHITERUCH-CHHOONAM-EERYATE  
ASANKALPA-DASHAYAM SA CHITIH SVACH-CHHAIKA-ROOPINEE

It is said that deliberation is the spreading out of free will of Intellect. During the state when there is no imagination, the Intellect is pure alone.

11/66

सृष्टौ वा प्रलये वाऽपि निर्विकल्पैव सा चितिः ।

प्रतिबिम्बस्य भावे वाऽप्यभावे वैव दर्पणः ॥ १४१५७

SRISHTAU VA PRALAYE VAPI NIR-VIKALPAIVA SA CHITIH  
PRATIBIMBASYSY BHAVE VAPY-ABHAVE VAIVA DARPANAH

In creation or dissolution, the intellect is unchanging, like the mirror with or without reflection.

14/57



संवेदनं सत्यमेकं संवेद्यं तत्र कल्पितम् ।

१५।४।।

**SAMVEDANAM SATYAM-EKAM SAMVEDYAM TATRA KALPITAM**

Conscience alone is real. The knowable is imagined there.

15/4 1/2

भानशक्तिर्भास्यहीना सर्वभानसमाश्रया ।

१६।१५।।

**BHANA-SHAKTIR-BHASYA-HEENA SARVA-BHANA-SAMASHRAYA**

The power of perception without the perceivable is the substratum of all perceptions.

16/15 1/2

प्रत्यावृत्तं मनः शुद्धं निजरूपावभासकम् ।

१६।३३।।

**PRATY-AVRITTAM MANAH SHUDDHAM NIJA-ROOPA-VABHASAKAM**

The mind, diverted from outwards, is pure shiner of Self.

16/33 1/2

तदा न वेद बाह्यं वाऽप्यांतरं वा क्षणं नरः ।

तिष्ठेन्न निद्रयाऽऽक्रान्तः स समाधिरुदीरितः ।

१७।५

**TADA NA VEDA BAHYAM VAPY-ANTARAM VA KSHANAM NARAH  
TISTHETHEN-NA NIDRAYAKRANTAH SA SAMADHIR-UDEERITAH**

In that state a person knows neither exterior nor interior instantly and remains free from sleep. That is called absorption (equanimity with Self), 17/5

अनस्तमितभारूपोऽहं सुपूर्णो निरञ्जनः । १७।१०५॥

ANASTAMITA-BHA-ROOPO-HAM SUPOORNO NIRANJANAH

I am the never ending lustre, full and free from ignorance. 17/105 1/2

निर्विकल्पाख्यविज्ञानं ज्ञानमात्रं निजं वपुः । १७।११०॥

NIR-VIKALPAKHYA-VIJNANAM JNANA-MATRAM NIJAM VAPUH

The nature of Self is Pure Knowledge directly (without ignorance) realised. 17/110 1/2

मनसा वेद्यते वेद्यं मनसोऽतो न वेद्यता । १८।३॥

MANASA VEDYATE VEDYAM MANASOTO NA VEDYATA

The knowable is known through mind. So the mind is not knowable. 18/3 1/2



तन्मनो वेद्यनिर्मुक्तवित्तिरित्यभिधीयते ।

१८।४।।

TAN-MANO VEDYA-NIRMUKTA-VITTIRITY-ABHIDHEEYATE

That mind, free from knowable, is called the knowledge  
(the Self).

18/4 1/2

उपलब्धिस्वरूपत्वाद्विदितैव सा सदा ।

१८।५।।

UPALABDHI-SVAROOPA-TVAD-VIDITAIVA SA SADA

Being self knowledge, that is always the knower.

18/5 1/2

चितिस्वरूपः स्वात्मैव तत्तद्भावात्मना सदा । १८।४०।।

भासते स्वाच्छन्द्यशक्त्या नाधिकं विद्यते क्वचित् । १८।४१।।

CHITI-SVAROOPAH SVATMAIVA TAT-TAD-BHAVATMANA SADA

BHASATE SVACH-CHHANDYA-SHAKTYA NADHIKAM VIDYATE KVACHIT

The Self Intellect is always Self-existence shining, with  
various forms through Self-will power. Nothing else ever exists.

18/40 1/2

18/41 1/2

एवं पूर्णस्वरूपायाः पूर्णं यत्स्फुरणं स्थितम् । १८।१६॥

EVAM POORNA-SVAROOPAYAH POORNAM YAT-SPHURANAM STHITAM

Thus the full Self's entire feature is existing Self-flashing. 18/96 1/2

तदेव स्वात्मविश्रान्तिः पूर्णहिन्ता च कथ्यते ।  
अखण्डैकरसं ह्येतदेतावद्राम वै भवेत् ॥ १८।१७

TADEVA SVATMA-VISHRANTI H POORNAHANTA CHA KATHYATE  
AKHANDAIKA-RASAM HY-ETAD-ETAVAD-RAMA VAI BHAVET

That is called rest in Self and entire Self-Entity. Oh Ram ! This is so great indivisible absolute Essence. 18/97

निरूपणे बहुविधमिव तत् प्रतिभासते ।  
एतावदेव स्वातन्त्र्यं यतः शक्तिर्हि तन्मयी ॥ १८।१८

NIROOPANE BAHU-VIDHAM-IVA TAT PRATI-BHASATE  
ETAVAD-EVA SVATANTRYAM YATAH SHAKTIRHI TANMAYEE

In discrimination the Self-intellect appears like multifarious. This is independence as power is Self. 18/98



चला चित्तिर्मनोनाम्नी निश्चलात्मस्वरूपिणी । १८।१७॥

CHALA CHITIR-MANO-NAMNEE NISH-CHALATMA-SVAROOPINEE

The excited intellect is mind. Undisturbed intellect is Self-intellect. 18/117 1/2

ज्ञानन्त्वेकविधं स्वात्ममात्रभानात्मकं ननु । १९।३॥

JNANAN-TVEKA-VIDHAM SVATMA-MATRA-BHANATMAKAM NANU

The knowledge is certainly entire-one, and Self-luminous Intelligence. 19/3 1/2

चैतन्यमेव विज्ञानं तत् सदा स्वप्रकाशकम् । १९।९॥

CHAITANYAM-EVA VIJNANAM TAT SADA SVA-PRAKASHAKAM

Consciousness is real pure Intellect. That is always Self-light. 19/9 1/2

वेद्यहीना भवेद्वित्तिर्बाधितस्य विभासनात् ।

अमनस्कस्य सुतरां यतः सा चोन्मनी दशा ॥

१९।११९

VEDYA-HEENA BHAVED-VITTIR-BADHITASYA VIBHASANAT  
AMANASKASYA SUTARAM YATAH SA CHONMANEE DASHA

The Intellect is free from the knowable due to illumination of the non-entity of contradiction. So that is the ultimate peaceful state of mind of the mindless Self pure Intellect. 19/119

ज्ञानं तदेव हि भवेद्यत्रेदं भासते जगत् ।  
सङ्कल्पाद्व्यवहारो हि ज्ञाने सर्वं प्रकाशते ॥

२२।१२

JNANAM TADEVA HI BHAVED-YATREDAM BHASATE JAGAT  
SANKALPAD-VYAVAHARO HI JNANE SARVAM PRAKASHATE

The Knowledge is that in which this universe appears. The worldly affairs appears through imagination or will. All shine truly in Knowledge. 22/12

असङ्कल्पेन तद्रूपमनुलक्ष्य धिया सकृत् ।  
कृतार्थो बन्धनिर्मुक्तो भवतीति सुनिश्चयः ॥

२२।१३

ASANKALPENA TAD-ROOPAM-ANU-LAKSHYA DHIYA SAKRIT  
KRITARTHO BANDHA-NIR-MUKTO BHAVATEETI SUNISH-CHAYAH

Without imagination, directly perceiving that pure Self splendour through intellect, at once, one undoubtedly becomes Self-satisfied and liberated from bondage. 22/13



ज्ञस्य प्रमैव तज्ज्ञानमज्ञस्य तु भूमात्मकम् ।

ज्ञानिनां ज्ञानमेव स्यात्सर्वोऽपि व्यवहारकः ॥ २२।२१

JNASYA PRAMAIVA TAJ-JNANAM-AJNASYA TU BHRAMATMAKAM  
JNANINAM JNANAM-EVA SYAT -SARVOPI VYAVAHARAKAH

The knower's Intellect is that knowledge . But that of the ignorant consists of illusion. All affairs also are Knowledge of the knower. 22/21

सर्वानुस्यूतसंवित्तिमात्रात्मा भाति सर्वतः । २२।६४॥

SARVANU-SYOOTA-SAMVITTI-MATRATMA BHATI SARVATAH

The Self-intellect, linked to all, shines everywhere.

22/64 1/2

पूर्णविज्ञानमेतत्स्यात्सङ्कोचपरिवर्जनात् ।

दृगेव दृश्यतां प्राप्तं स्वमाहात्म्यप्रकर्षतः ॥ २२।१०३

POORNA-VIJNANAM ETAT-SYAT-SANKOCHA-PARIVARJANAT  
DRIGEVA DRISHYATAM PRAPTAM SVA-MAHATMYA-PRAKARSHATAH

Pure Consciousness is this that free of contraction, the seer (Intelligence) appeared as an object of sight (Intelligence) through the eminence of its own magnanimity. 22/103

## योगिनीहृदयम्

जाग्रत्स्वप्नसुषुप्त्याख्यतुर्यरूपाण्यमूनि तु ।  
अतीतन्तु परन्तेजः स्वसंविदुदयात्मकम् ॥

१।४६

## YOGINEE-HRIDAYAM

JAGRAT-SVAPNA-SUSHUPTYAKHYA-TURYA-ROOPANY-AMOONI TU  
ATEETANTU PARAN-TEJAH SVASAMVID-UDAYATMAKAM

There are these states of waking, dream, dreamless sleep and Turiya (fourth). Beyond these, there is supreme light, Self-Intellect effulgence.

1/49

स्वेच्छाविश्वमयोलेखखचितं विश्वरूपकम् ।  
चैतन्यमात्मनोरूपं निसर्गानन्दसुन्दरम् ॥

१।५०

SVECH-CHHA-VISVA-MAYOL-LEKHA-KHACHITAM VISVA-ROOPAKAM  
CHAITANYAM-ATMANO-ROOPAM NISARGANANDA-SUNDARAM

Intelligence, through Self-will shining and pervading the picture of entire universe, is the universe. Intelligence pure is Self-splendour and inherent charming Bliss.

1/50

इच्छारूपं परन्तेजः सर्वदा भावयेद्बुधः ।

१।७२॥

ICH-CHHA-ROOPAM PARAN-TEJAH SARVADA BHAVAYED-BUDHAH



The wise should always meditate on the will, Supreme  
Light. 1/72 1/2

प्रकाशते महातत्त्वं दिव्यक्रीडारसोज्ज्वले ।  
निरस्तसर्वसङ्कल्पविकल्पस्थितिपूर्वकः ॥

२।७६

PRAKASHATE MAHA-TATTVAM DIVYA-KREEDA-RASOJ-JVALE  
NIRASTA-SARVA-SANKALPA-VIKALPA-STHITI-POORVAKAH

The Supreme Reality shines in the splendid Essence  
of the spiritual Union of Intellect. and Intellectual  
Power, steadily free of all volitions and doubts. 2/76

अहन्तेदन्तयोरैक्यं भावयन् विहरेत्सुखम् ।

३।२०१॥

AHANTEDANTAYOR-AIKYAM BHAVAYAN VIHARET-SUKHAM

Perceiving the identity or oneness of the knowledge of  
Egoism (i.e. I knower) and of This (object of knowledge) i.e.  
pure Self-knowledge live in entire Bliss. 3/201 1/2

**विज्ञानभैरवः**

ज्ञानप्रकाशकं सर्वं सर्वेणात्मा प्रकाशकः ।  
एकमेकस्वभावत्वाज्ज्ञानं ज्ञेयं विभाव्यते ॥

१३७

# VIJNANA-BHAIRAVAH

JNANA-PRAKASHAKAM SARVAM SARVENATMA PRAKASHAKAH  
EKAM-EKA-SVABHAVA-TVAJ-JNANAM JNEYAM VIBHAVYATE

Knowledge, the discloser of all, is all. By all, the Self becomes the illuminator. The identity (oneness) of knowledge and the knowable is realised due to identical nature. 137

## अमनस्कयोगशास्त्रम्

मनोदृश्यमिदं सर्वं यत्किञ्चित्सचराचरम् ।

मनसोप्युन्मनीभावेऽद्वैतभावं प्रकल्पते ॥

२।८०

## AMANASKA-YOGA-SHASTRAM

MANO-DRISHYAM-IDAM SARVAM [YAT-KINCHIT-SACHARACHARAM  
MANASOPY-UNMANEE-BHAVE-DVAITA-BHAVAM PRAKALPATE

Whatever movable or immovable are, all these are visions of mind. On the cessation of the function of mind oneness remains. 2/80

## योगदर्शनम्

योगश्चित्तवृत्तिनिरोधः ।

१।२



## YOGADARSHANAM

YOGASH-CHITTA-VRITTI-NIRODHAM

Yoga is the concentration of mind.

1/2

तदा द्रष्टुः स्वरूपेऽवस्थानम् ।

१।३

TADA DRASHTUH SVAROOPE-VASTHANAM

In that state of concentration there is rest in Self  
existence of the seer.

1/3

## सांख्यदर्शनम्

निर्गुणत्वमात्मनोऽसङ्गत्वादिश्रुतेः ।

६।१०

## SANKHYA-DARSHANAM

NIRGUNA-TVAM-ATMANO-SANGATVADI-SHRUTEH

The Self has no attributes because of so saying of Vedic  
text that Self is unassociated or untouched.

6/10

## विवेकचूडामणिः

सत्यं ज्ञानमनन्तं ब्रह्म विशुद्धं परं स्वतः सिद्धम् ।

नित्यानन्दैकरसं प्रत्यगभिन्नं निरन्तरं जयति ॥ ४।१४

## VIVEKA-CHOODAMANI

SATYAM JNANAM-ANANTAM BRAHMA VISHUD-DHAM PARAM SVATAH  
SIDDHAM

NITYANANDA-RA-SAM PRATYAG-ABHINNAM NIRANTARAM JAYATI

There is constant glorification of the real knowledge that is infinite Brahman (Ultimate Reality), pure, final, self-evident, ever blissful, constant, omnipresent and innermost identity.

4/14

## श्रीयोगवाशिष्ठसारः

यदस्पन्दं शिवं शान्तं यस्यान्तर्जगतः स्थितिः ।

स्पन्दास्पन्दविलासात्मा स एकोत्र चिदाकृतिः ॥ १०।२६

## SHREE-YOGAVASHISHTA-SARAH

YAD-ASPANDAM SHIVAM SHANTAM YASYANTAR-JAGATAH STHITIH  
SPANDASPANDA-VILASATMA SA EKOTRA CHIDAKRITIH

That, which is undisturbed (unexpanded), supreme essence (Shiva), peaceful, inside which there is the existence of the universe, the Self of the power (play) functioning and not functioning, is alone here conscious Self (Self-intellect). 10/29



YATHA SAM-VEDANAM CHETAS -TATHA TAT-SPANDAM-RICHCHIHATI  
TATHAIVA KAYASH-CHALATI TATHAIVA PHALA-BHOKTRITA

As sensation rises in the mental faculty, so the faculty gets vibration, the body moves accordingly and according to action there is the result of experience. 2/7/5

अचेत्यचित्प्रकाशात्मा विज्ञानात्मा निरामयः । २।१७।४२

ACHETYA-CHIT-PRAKASHATMA VIJNANATMA NIRAMAYAH

Self intellect, without vision of object is self consciousness, pure. 2/17/42

स्वानुभूतिप्रकाशोऽस्य केवलं व्योमरूपिणः ।  
योऽन्तरस्ति स तेनैव नत्वन्येनानुभूयते ॥ ३।१०।१७

SVANU-BHOOTI-PRAKASHO-SYA KEVALAM VYOMA-ROOPINAH  
YO-NTARASTI SA TENAIVA NATVANYENANU-BHOORYATE

The Self-experience-light of this pure Self resembling the sky which is inside (ultimate) is experienced by that very Self and not by any other. 3/10/17

चित्ताकाशं चिदाकाशमाकाशं च तृतीयकम् ।  
द्वाभ्यां शून्यतरं विद्धि चिदाकाशं वरानने ॥ ३।१७।१०

चित्तमात्मचमत्कारं तच्च तत्कुस्ते स्वतः । ३।६१।२१॥

CHITTAM-ATMA-CHAMATKARAM TACHCHA TAT-KURUTE SVATAH

The mind is merely self-conception which he himself does. 3/91/21 1/2

चितो यच्चेत्यकलनं तन्मनस्त्वमुदाहृतम् ।  
चिद्भागोऽत्राजडोभागो जाड्यमत्र हि चेत्यता ॥ ३।६१।३७

CHITO YACH-CHETYA-KALANAM TAN-MANASTVAM-UDAHRITAM  
CHID-BHAGOTRAJADO-BHAGO JADYAM-ATRA HI CHETYATA

The Intellect, conceiving object, is called mind. The rational part is that of Intellect and the irrational part is object of conception or knowing. 3/91/37

चिद्भागोऽत्रावबोधांशो जडं चेत्यं हि दृश्यते । ३।६१।३८॥

CHID-BHAGOTRAVABODHAMSHO JADAM CHETYAM HI DRISHYATE

Here it is realised that the discerning part is the state of Intellect and the object, conceived, is irrational.

3/91/38 1/2



स्वमेवान्यतया दृष्ट्वा चितिर्दृश्यतया वपुः ।

निर्भागाप्येकभागाभं भ्रमतीव भ्रमातुरा ॥ ३।९१।४०

SVAM-EVANYATAYA DRISHTVA CHITIR-DRISHYATAYA VAPUH  
NIRBHAGAPY-EKA-BHAGABHAM BHRAMATEEVA BHRAMATURA

The Intellect, though indivisible, seeing its own essence as a partial different vision as it were gets deluded in misapprehension. 3/91/40

मनो हि भावनामात्रं भावना स्पन्दधर्मिणी ।

क्रिया तद्भावरूपं फलं सर्वोन्धावति ॥ ३।९६।१

MANO HI BHAVANA-MATRAM BHAVANA SPANDA-DHARMINEE  
KRIYA TAD-BHAVITA-ROOPAM PHALAM SARVONUDHAVATI

The mind is merely a conception. The conception is vibrating nature. Action is that which is conceived. All beings follow the fruits there-of. 3/96/1

अहंतांशे क्षते शान्ते भेदे निःस्पन्दतां गते ।

अजडा या प्रकचति तत्स्वरूपमिति स्थितम् ॥ ३।११७।१०

AHAM-TAMSHE KSHATE SHANTE BHEDE NIH-SPANDATAM GATE  
AJADA YA PRAKACHATI TAT-SVAROOPAM-ITI STHITAM

On the vanishing of egoism and difference in the serenity,  
the Intellect which shines, is the Self-existence (Pure Intelligence).,

3/117/10

विज्ञानात्मा शासिता विश्वबीजं

ब्रह्मैवालं स्वं चिदाकाशमात्रम् ।

यस्माज्जातं यत्तदेवेति विद्या-

द्वेद्यं स्वान्तर्बोधसंबोधमात्रम् ॥ ४।३।२४

VIJNANATMA SHASITA VISHVA-BEEJAM

BRAHMAIVALAM SVAM CHIDAKASHA-MATRAM

YASMAJ-JATAM YAT-TAD-EVETI VIDYAD-

VEDYAM SVANTAR-BODHA-SAMBODHA-MATRAM

The knowing Self (Vijnanatma) is the ruler and seed  
(origin) of the universe. The Supreme Spirit is only Self pure  
Intelligence. Know the effect grown out of a cause as cause  
itself. The knowable is inside the knowledge as pure conscious-  
ness only.

4/3/24

बहिर्लोकोचिताचारस्त्वन्तराचारवर्जितः ।

समो ह्यतीव तिष्ठ त्वं संशान्तसकलैषणः ॥ ४।१५।४४

BAHIR-LOKOCHITACHARAS-TVANTARACHARA-VARJITAH

SAMO HY-ATEEVA TISTHA TVAM SAMSHANTA-SAKALAISHANAH



Outwardly following proper mundane usage and inwardly without any usage (firm in constant supreme intellect), you shall stay in equanimity, being free from all desires. 4/15/44

चिच्चिनोति चितं चेत्यं तेनेदं स्थितमात्मनि । ४।३६।११॥

CHICH-CHINOTI CHITAM CHETYAM TENEDAM STHITAM-ATMANI

Intellect conceives intellect growing objects. So this is established in Self. 4/36/11 1/2

भावयन्नात्मनात्मानं चिद्रूपेणैव चिन्मयम् ।  
ऋजूज्ज्वलमये ह्यात्मा स्वयमात्मनि जृम्भते ॥ ५।५।४२

BHAVAYAN-NATMANATMANAM CHID-ROOPENAIVA CHIN-MAYAM  
RIJOJ-JVALA-MAYE HY-ATMA SVAYAM-ATMANI JRIMBHATE

Thinking of self intellect by identical intellect as consciousness, the Self shines itself in plain (pure) luminous Self.

5/5/42

चित्तं वृत्तिविहीनं ते यदा यातमचित्तताम् ।  
तदा मोक्षमयीमन्तः सत्तामाप्नोषि तां तताम् ॥ ५।२१।२६

CHITTAM VRITTI-VIHEENAM TE YADA YATAM-ACHITTATAM  
TADA MOKSHA-MAYEEM-ANTAH SATTAM-APNOSHI TAM TATAM

When your mind being bereft of activity ceases to be mind, then you obtain that omnipresent ultimate liberation, the Self-existence. 5/21/26

चिन्तनं वृत्तिरित्युक्तं वर्तते चित्तमाशया ।  
चित्तवृत्तिमतो ह्याशां त्यक्त्वा निश्चिततां व्रज ॥ ५।२१।२८

CHINTANAM VRITTIRITY-UKTAM VARTATE CHITTAM-ASHAYA  
CHITTA-VRITTIM-ATO HY-ASHAM TYAKTVA NISH-CHITTATAM VRAJA

Thinking is the activity of mind which does through hope (sensation). Therefore, giving up the activity of mind and hope (sensation), be mindless Self. 5/21/28

चिच्चेत्यकलनाबन्धस्तन्मुक्तिर्मुक्तिरुच्यते ।  
चिदचेत्याखिलात्मेति सर्वसिद्धान्तसङ्ग्रहः ॥ ५।२६।१३

CHICH-CHETYA-KALANA-BANDHAS-TANMUKTIR-MUKTIR-UCHYATE  
CHID-ACHETYAKHILATMETI SARVA-SIDDHANTA-SANGRAHAH

The conception of the intellect and the conceived object is bondage. Freedom from that is liberation. The Intellect, without conception, is universal Self. This is the epitome of all established conclusions. 5/26/13

चेतसो यदकर्तृत्वं तत्समाधानमुत्तमम् ।  
तं विद्धि केवलीभावं सा शुभा निर्वृतिः परा ॥ ५।५६।१५



CHETASO YAD-AKARTRI-TVAM TAT-SAMADHANAM-UTTAMAM  
TAM VIDDHI KEVALEE-BHAVAM SA SHUBHA NIRVRITIH PARA

That inactivity of mind is excellent equanimity. Know  
that as pure existence, bright, final, supreme Bliss. 5/56/15

सर्वं किञ्चिदिदं दृश्यं दृश्यते यज्जगद्गतम् ।  
चिन्निस्पन्दांशमात्रांशान्नान्यत्किञ्चन शाश्वतम् ॥५॥५६॥३२

SARVAM KINCHID-IDAM DRISHYAM DRISHYATE YAJ-JAGAD-GATAM  
CHIN-NISPANDAMSHA-MATRAMSHAN-NANYAT-KINCHANA SHASHVATAM

Each and every visible object in the universe is seen  
only being a part of a part of the moving intellectual function  
There is nothing else perpetual or real. 5/59/32

समाहिता नित्यतृप्ता यथाभूतार्थदर्शिनी ।  
साधो समाधिशब्देन पराप्रज्ञोच्यते बुधैः ॥ ५॥६२॥६

SAMAHITA NITYA-TRIPTA YATHA-BHOOTARTHA-DARSHINEE  
SADHO SAMADHI-SHABDENA PARA-PRAJNOCHYATE BUDHAIH

Oh gentle sage ! The final supreme intellect, concentrated in identical Self, constantly contented and perceiving Reality, is called samadhi (concentration).

5/62/9

समस्तकलनोन्मुक्ते नकिञ्चिन्नामसूक्ष्मखे ।  
ध्यानात्संविदि लीनायां प्राणस्पन्दो निरुद्ध्यते ॥ ५।७८।२६

SAMASTA-KALANON-MUKTE NA-KINCHIN-NAMA-SOOKSHMAKHE  
DHYANAT-SAMVIDI LEENAYAM PRANA-SPANDO NIRUD-DHYATE

On the absorption of the mental function into the nameless subtle conscious self, free from all transformations, through meditation, the vital breath ceases to stir. 5/78/26

तस्मात्संविन्मये शुद्धे हृदये हृतवासनः ।  
बलान्नियोजिते चित्ते प्राणस्पन्दो निरुद्ध्यते ॥ ५।७८।३८

TASMAT-SAM-VIN-MAYE SHUDDHE HRIDAYE HRITA-VASANA  
BALAN-NIYOJITE CHITTE PRANA-SPANDO NIRUD-DHYATE

Therefore, on dissolution of subtle sensations in the pure intellectual heart when the mind is concentrated firmly, vital breath ceases to stir. 5/78/38

ब्रह्मेदं बृंहिताकारं बृहद्बृहदवस्थितम् ।  
ज्ञानादस्तमितद्वित्वं भवात्मैव त्वमात्मना ॥ ५।७९।११

BRAHME DAM BRIMHITAKARAM BRIHAD-BRIHAD-AVASTHITAM  
JNANAD-ASTAMITA-DVITVAM BHAVATMAIVA TVAM-ATMANA

This Ultimate Reality is entire, vast, remaining as more and more extensive and free from duality through knowledge. Be your ownself identically one with pure Self. 5/79/11



न बहिनन्तिरे किञ्चित्संवेद्यं विद्यते पृथक् । ५।६१।६७॥

NA BAHIR-NANTARE KINCHIT-SAMVEDYAM VIDYATE PRITHAK

The knowable is known neither externally nor internally  
separate from the intellect. 5/91/67 1/2

संवित् स्फुरन्ती सङ्कल्पात् संवेद्यं पश्यति स्वतः । ५।६१।६८॥

SAMVIT SPHURANTEE SANKALPAT SAMVEDYAM PASHYATI SVATAH

The intellect, functioning through desire (mental  
resolve), sees the objects of itself. 5/91/68 1/2

स्वचमत्कारयोगेन संवेद्यं संविदस्तथा ।

स्ववेदनं स्वसङ्कल्पात्संविदो यत्र वर्तते ॥ ५।६१।६९

SVA-CHAMATKARA-YOGENA SAM-VEDYAM SAMVIDAS-TATHA  
SVA-VEDANAM SVA-SANKALPAT-SAMVIDO YATRA VARTATE

Likewise, there is the knowing of the intelligence by  
self intellectual activity where there is the self-knowing of the  
intellect by self-imagination. 5/91/69

विचारोत्थात्मविज्ञानं ज्ञानमङ्गं विदुर्बुधाः ।

ज्ञेयं तस्यान्तरेवास्ति माधुर्यं पयसो यथा ॥ ५।६३।२१

VICHAROT-THATMA-VIJNANAM JNANAM-ANGA VIDUR-BUDHAH  
JNEYAM TASYANTAR-EVASTI MADHURYAM PAYASO YATHA

The wise men know that the self intelligence realised through deliberation is knowledge and the knowable is inside that like sweetness in milk. 5/93/21

सम्यग्ज्ञानसमालोकः पुमान्ज्ञेयमयः स्वयम् । ५।६३।२२॥

SAMYAG-JNANA-SAMALOKAH PUMAN-JNEYA-MAYAH SVAYAM

The Puman ( Self Spirit ) experiencing identical shining pure intelligence is Himself the 'knowable Self (Pure Intelligence ).

5/93/22 1/2

यन्नास्ति तस्य सद्भावप्रतिपत्तिरुदाहृता ।  
मायेति सा परिज्ञानादेव नश्यत्यसंशयम् ॥ ६।१-३।२०

YAN-NASTI TASYA SADBHAVA-PRATIPATTIRUDAHRITA  
MAYETI SA PARIJNANAD-EVA NASHYATY-ASAMSHAYAM

The observation of having that, which is not present, is called Maya ( illusion. ) It vanishes by knowledge undoubtedly. 6/1-3/20



ब्रह्म ब्रह्मणि बृंहामिर्ब्रह्मशक्त्यैव बृंहति । ६।१-११।२०॥

BRAHMA BRAHMANI BRIMHABHIR-BRAHMA-SHAKTYAIVA BRIMHATI

Brahman (Supreme Spirit) in Itself, with expansive movements through Its Power (Maya) expands as it were. 6/1-11/20 1/2

शक्तिर्निर्हेतुकैवान्तः स्फुरति स्फटिकांशुवत् ।  
जगच्छक्त्यात्मनात्मैव ब्रह्म स्वात्मनि संस्थितम् ॥ ६।१-११।३७

SHAKTIR-NIRHETUKAIVANTAH SPHURATI SPHATIKAMSHU-VAT  
JAGACH-CHHAKTY-ATMANA-ATMAIVA BRAHMA SVATMANI SAMSTHITAM

Power (principle of action) flashes inside without cause like ray of crystal. The universe appears through power inherent in Self. Self inherent in Itself is the Supreme Soul. 6/1-11/37

प्राणापानरथारूढं प्राणापानमनाततम् ।  
यच्छक्तिरूपं शक्तीनां तच्चित्तत्त्वमुपास्महे ॥ ६।१-२५।७१

PRANAPANA-RATHAROODHAM PRANAPANAMANATATAM  
YACH-CHHAKTI-ROOPAM SHAKTEENAM TACH-CHIT-TATTVAM-UPASMAHE

We meditate upon that conscious Reality which is the source of all powers and is seated on the vehicle of the in-breath and the out-breath, immanent in breath in and out, and transcendental. 6/1-25/71

आत्मा प्रकाशरूपो हि नित्यः सर्वगतो विभुः । ६।१-२६।६४॥

ATMA PRAKASHA-ROOPO HI NITYAH SARVA-GATO VIBHUH

The Self is undoubtedly Self-light, perpetual, omnipresent and omnipotent.

6/1-29/64 1/2

अकृत्रिममनाद्यन्तं देवनं देव उच्यते । ६।१-२६।१२१॥

AKRITRIMAM-ANADY-ANTAM DEVANAM DEVA UCHYATE

Natural, Self-splendour, without beginning and end, is called the Deva (Supreme Essence.).

6/1-29/121 1/2

अकृत्रिममनाद्यन्तं देवनं चिच्छिवं विदुः । ६।१-२६।१२२॥

AKRITRIMAM-ANADY-ANTAM DEVANAM CHICH-CHHIVAM VIDUH

Natural, without beginning and end, Self-effulgence, Intellect is realised as Supreme Intelligence-essence.

6/1-29/122 1/2

आत्मैव देवो भगवाञ्छिवः परमकारणम् । ६।१-२६।१३१॥

ATMAIVA DEVO BHAGAVAN-CHHIVAH PARAMA-KARANAM



Self is effulgent, all-powerful, supreme essence, the primeval source. 6/1-29/131 1/2

त्वमेतच्चेतनाकाशमात्मानं जीवमव्ययम् ।  
स्वभावं विद्धि न त्वन्यः पूज्यः पूजात्मपूजनम् ॥ ६।१-२६।१३२

TVAM-ETACH-CHETANAKASHAM-ATMANAM JEEVAM-AVYAYAM  
SVABHAVAM VIDDHI NA TVANYAH POOJYAH POOJATMA-POOJANAM

Know this Pure intellect, Self, natural, immutable existence. None else is to be worshipped. Self worship is worship. 6/1-29/132

चिदस्ति हि शरीरेह सर्वभूतमयात्मिका ।  
चलोन्मुखात्मिकैका तु निर्विकल्पा परा स्मृता ॥ ६।१-३०।६७

CHID-ASTI HI SHAREEREHA SARVA-BHOOTA-MAYATMIKA  
CHALON-MUKHATMIKA TU NIRVIKALPA PARA SMRITA

The Intellect, the basis of all beings, is here in this body known, one as moving and another as pure Supreme Self. 6/1-30/67

क्रियोन्मुखत्वं सङ्कल्पात्सङ्कल्पो मननक्रमः ।  
मननं चित्तकालुष्यमात्मा चिन्निर्मला भवेत् ॥ ६।१-३१।३५

KRIYON-MUKHA-TVAM SAN-KALPAT-SAN-KALPO MANANA-KRAMAH  
MANANAM CHITTA-KALUSHYAM-ATMA CHIN-NIRMALA BHAVET

Conception or will turns to action. Conception is the process of thinking. Thinking is ignorance of mind. The Self is pure Intellect.

6/1-31/35

सर्वशक्तिमयो ह्यात्मा यद्यथा भावयत्यलम् ।  
तत्तथा पश्यति तदा स्वसङ्कल्पविजृम्भितम् ॥ ६।१-३३।४१

SARVA-SHAKTI-MAYO HY-ATMA YAD-YATHA BHAVAYATY-ALAM  
TAT-TATHA PASHYATI TADA SVA-SANKALPA-VIJRIMBHITAM

The Self is all powerful. In whatever form or notion one firmly thinks, one sees it so expanded according to one's own will.

6/1-33/41

सर्वगापि चिदुच्छूनबोधात्स्पन्दादिकं प्रति ।  
बोधात्कलंकविमला चिदेव परमं शिवम् ॥ ६।१-३५।१३

SARVAGAPI CHID-UCH-CHHOONA-BODHAT-SPANDADIKAM PRATI  
BODHAT-KALANKA-VIMALA CHID-EVA PARAMAM SHIVAM

The Intellect, omnipresent though pervading mental expanding functions (of name, form, mind, body etc), on being realised, is only pure Intellect, free from ignorance, Supreme Reality.

6/1-35/13



Self is effulgent, all-powerful, supreme essence, the primeval source. 6/1-29/131 1/2

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एतदेव परं ध्यानं पूजैषैव परा स्मृता । ६।१-३८।२५॥  
 यदनारतमन्तस्थशुद्धचिन्मात्रवेदनम् । ६।१-३८।२६॥

ETAD-EVA PARAM DHYANAM POOJAISHAIVA PARA SMRITA  
 YAD-ANARATAM-ANTASTHA-SHUDDHA-CHINMATRA-VEDANAM

That incessant Knowledge, of pure Intellect, abiding inside, is regarded excellent meditation and that is called super adoration..

6/1-38/25 1/2

6/1-38/26 1/2

समताकाशवद्भूत्वा यत्तु स्याल्लीनमानसम् ।  
 अविकारमनायासं तदेवार्चनमुच्यते ॥ ६।१-३९।५८

SAMATAKASHA-VAD-BHOOTVA YAT-TU SYAL-LEENA-MANASAM  
 AVIKARAM-ANAYASAM TAD-EVARCHANAM-UCHYATE

Being identical with Self-intelligence like sky the mind ceases to be mind, unchanging and effortless. That verily is worship.

6/1-39/58

आवर्तः सलिलस्येव यः स्पन्दस्त्वयमात्मनः ।  
 प्रोक्तः प्रकृतिशब्देन तेनैवेह स एव हि ॥ ६।१-४९।३०

AVARTAH SALILASYEVA YAH SPANDAS-TVAYAM-ATMANAH  
 PROKTAH PRAKRITI-SHABDENA TENAIVEHA SA EVA HI

Like the whirlpool of water, this expansion of Self is called principle of action (Prakriti). By that real form of Self he is here.

6/1-49/30

चित्त्वजाड्यात्मकं चित्तं दृढं भावयति स्वयम् ।  
यथा यदैव यद्भावं तथा भवति तत्तदा ॥६१-५१३८

CHIT-TVA-JADYATMAKAM CHIT-TAM DRIDHAM BHAVAYATI SVAYAM  
YATHA YADAIVA YAD-BHAVAM TATHA BHAVATI TAT-TADA

The Intellect. itself conceives consciousness and dullness firmly. As it conceives, so it happens for the time. 6/1-51/38

चित्तः स्वकलनात्तस्य देहोऽग्र इव तिष्ठति ।  
पञ्चात्मा भावितोऽसत्यो महायक्षः शिशोरिव ॥ ६१-५१४६

CHITAH SVA-KALANAT-TASYA DEHOGRA IVA TISHTHATI  
PANCHATMA BHAVITO-SATYO MAHA-YAKSHAH SHISHORIVA

By self-conception of the Intellect, unreal formidable body, consisting of five subtle elements (namely sound, touch, light, taste and smell), remains as it were, like a great ghost of a child. 6/1-51/49

मनो बुद्धिरहङ्कारस्तथा तन्मात्रपञ्चकम् ।  
इति पुर्यष्टकं प्रोक्तं देहोऽसावातिवाहिकः ॥ ६१-५१५०

MANO BUD-DHIRAHANKARAS-TATHA TAN-MATRA-PANCHAKAM  
ITI PURYASHTAKAM PROKTAM DEHO-SAVATIVAHIKAH

This is the subtle body called Puryashtaka (city of eight) comprising of manas (mind), Buddhi (discriminating intellect), Ahankara (egotism) and five essential elements



namely sound (sky), feeling or touch (air), light (glow or fire),  
taste (water) and smell (earth). 6/1-51/50

बोधो जीवः प्रबोधोऽयं सतु बुद्धिप्रयत्नतः । ६।१-५१।६०॥

BODHO JEEVAH PRABODHO-YAM SATU BUDDHI-PRAYATNATAH

Jeeva is intelligence. This is pure Intelligence. That is  
through (enlightened concentrated, identical) effort of intellect.  
6/1-51/60 1/2

यत्संवेद्यविनिर्मुक्तं संवेदनमनिर्मितम् ।  
चेत्यमुक्तं चिदाभासं तद्विद्धि परमं पदम् ॥ ६।१-५१।४

YAT SAM-VEDYA-VINIR-MUKTAM SAM-VEDANAM-ANIRMITAM  
CHETYA-MUKTAM CHIDABHASAM TAD-VIDDHI PARAMAM PADAM

Know the natural Intellect, free from the conceivable  
(knowledge), and the shining Intellect, free from objects, as  
that Supreme Essence. 6/1-59/4

आत्मनात्मनि शान्तैव चिच्चमत्कुरुते चिति ।  
चित्प्रस्पन्दो हि संसारस्तदस्पन्दः परमं पदम् ॥ ६।१-५१।२१

ATMANATMANI SHANTAIVA CHICH-CHAMAT-KURUTEJ CHITI  
CHIT-PRASPANDO HI SANSARAS-TAD-ASPANDAH PARAMAM PADAM

The calm Intellect does wonders in Self Intellect through  
Self Intellect. The movement in Intellect is universe and cessa-  
tion of that movement is Supreme Essence. 6/1-59/21

चित्तेज एव चित्स्पन्द इति बुद्धे निरन्तरम् । ६।१-५६।४६॥  
व्यतिरिक्तश्चितः स्पन्दो न किञ्चिदवशिष्यते । ६।१-५६।४७॥

CHIT-TEJA EVA CHIT-SPANDA ITY BUDDHE NIRANTARAM  
VYATIRIKTASH-CHITAH SPANDO NA KINCHID-AVASHISHYATE

On the knowing that vibration or motion in Intellect  
is, verily, the constant light of Intellect. 6/1-59/46 1/2

There is no sort of motion else but Absolute Light.  
6/1-59/47 1/2

या परा शक्तिः स्फुरति वीणावेगलसद्गतिः । ६।१-८०।४१॥

YA PARASHAKTIH SPHURATI VEENA-VEGA-LASAD-GATI

That Supreme Power flashes shining movement like  
the force of Veena (lyre). 6/1-80/41 1/2



सा चोक्ता कुण्डलीनाम्ना कुण्डलाकारवाहिनी ।  
 प्राणिनां परमा शक्तिः सर्वशक्तिजवप्रदा ॥ ६।१-८०।४२

SA CHOKTA KUNDALEE-NAMNA KUNDALAKARA-VAHINEE  
 PRANINAM PARAMA SHAKTIH SARVA-SHAKTI-JAVA-PRADA

That Supreme Power is called Kundalinee moving  
 encircling the main power of creatures and giver of force  
 to all powers. 6/1-80/42

सान्तः कुण्डलिनीस्पन्दस्पर्शसंवित्कलामला ।  
 कलोकता कलनेनाशु कथिता चेतनेन चित् ॥ ६।१-८१।२

SANTAH [KUNDALINEE-SPANDA-SPARSHA-SAMVIT-KALAMALA  
 KALOKTA KALANENASHU KATHITA CHETANENA CHIT

That Kundalinee is inside, untainted, with subtle powers  
 of vibration, touch, knowing.

That is called Kala on account of easy functions. That  
 is called Chit Intellect because of enlightening or animating.  
 6/1-81/2

जीवनाज्जीवतां याता मननाच्च मनः स्थिता ।  
 सङ्कल्पाच्चैव सङ्कल्पा बोधाद्बुद्धिरिति स्मृता ॥ ६।१-८१।३

JEEVANAJ-JEEVATAM YATA MANANACH-CHA MANAH STHITA  
 SANKALPACH-CHAIVA SANKALPA BODHAD-BUDDHIRITI SMRITA

Being life giving that goes as a Jeeva. That remains as mind owing to thinking. That is volition by will. It is known as Buddhi (Intellect) on account of knowing (or discriminating). 6/1-81/3

अहङ्कारात्मतां याता सैषा पुर्यष्टकाभिधा ।  
स्थिता कुण्डलिनी देहे जीवशक्तिरनुत्तमा ॥ ६।१-८१।४

AHANKARATMATAM YATA SAISHA PURYASHTAKABHIDHA  
STHITA KUNDALINEE DEHE JEEVA-SHAKTIRANUTTAMA

That goes as Ahankara (egoism) and as Puryashtika (eight fold intellectual functions of egoism, discriminating intellect, rolling intellect, sound, feeling touch, form- glow, taste and smell).

That kundalinees lives in body as the highest power of Jeeva (Individual soul). 6/1-81/4

स्वरूपे निर्मले सत्ये निमेषमपि विस्मृते । ६।१-८५।१११॥  
दृश्यमुल्लासमाप्नोति प्रावृषीव पयोधरः । ६।१-८५।११२॥

SVAROOPE NIR-MALE SATYE NIMESHAM-API VISMRITE  
DRISHYAM-UL-LASAM-APNOTI -PRAVRISHEEVA PAYODHARAH

On the loss of memory of the real pure Self-intellect even for a moment, vision rises like the cloud in rainy season.

6/1-85/111 1/2

6/1-85/112 1/2



अनारतानुसंधानादप्युन्मेषमविस्मृते । ६।१-८५।११२॥  
स्वरूपे नोल्लसत्येष चित्ते दृश्यपिशाचकः । ६।१-८५।११३॥

ANARATANU-SANDHANAD-APY-UNMESHAM-AVISMRITE  
SVAROOPE NOL-LASATY-ESHA CHIT-TE DRISHYA-PISHACHAKAH

Without loss of memory of the Self-intellect through  
constant concentration even a moment, this phantom of vision  
does not appear in Self-intelligence.

6/1-85/112 1/2

6/1-85/113 1/2

चिन्मात्रममलं शान्तमाभातं परमं नभः ।  
समस्तकलनोन्मुक्तं युक्तं परमया धिया ॥ ६।१-८६।१२

CHIN-MATRAM-AMALAM SHANTAMA-BHATAM PARAMAM NABHAH  
SAMASTA-KALANON-MUKTAM YUKTAM PARAMAYA DHIYA

Pure Intellect is taintless (Supreme Spirit), calm, shining,  
all pervading Supreme Essence, free from all activities and full  
of Supreme Knowledge.

6/1-96/12

यदेकोदितमत्यच्छं शान्तमाततमुज्ज्वलम् ।  
परमात्मात्मकं तेजस्तिमितं ज्ञप्तिमात्रकम् ॥ ६।१-८६।१३

YAD-EKODITAM-ATY-ACH-CHHAM SHANTAMATATAM-UJ-JVALAM  
PARAMATMATMA-KAM TEJA-STIMITAM JNAPTI-MATRAKAM

That is absolute, self manifest, transparent, tranquil, entire, self-effulgent, Supreme Spirit, pure lustre and pure Intellect. 6/1-96/13

अप्रतर्क्यमविज्ञेयं समं शिवमनिन्दितम् ।  
ब्रह्मनिर्वाणमापूर्णमापूर्णोदितसंविदा ॥ ६।१-६६।१४

APRATARKYAM-AVIJNEYAM SAMAM SHIVAM-ANINDITAM  
BRAHMA-NIRVANAMAPOORNAMAPOORNODITA-SAMVIDA

The Supreme Essence is incomprehensible, indistinguishable, identical, above criticism, final beatitude, absolute, pure entire Self-effulgent-Intellect. 6/1-96/14

सर्वं सर्वात्मकं सूक्ष्ममच्छानुभवमात्रकम् । ६।१-६६।२७॥

SARVAM[SARVATMAKAM SOOKSHMAM-ACH-CHHANUBHAVA-MATRAKAM

All entire Self-intellect is subtle pure experience only. 6/1-96/27 1/2

अकर्तृकर्मकरणं सत्यं चिद्धनमक्षतम् ।  
आत्मरूपमनाभासं स्वयं वेदनमक्षतम् । ६।१-६६।३०



AKARTRI-KARMA-KARANAM SATYAM CHID-GHANAM-AKSHATAM  
ATMA-ROOPAM-ANABHASAM SVAYAM VEDANAM-AKSHATAM

Self effulgence is not actor-action-instrument. It is real constant all consciousness, without reflection (ignorance), pure Self-intelligence immutable. 6/1-96/30

स्वयमेवात्मनैवात्मा शक्ति सङ्कल्पनामिकाम् ।  
यदा करोति स्फुरतां स्पन्दशक्तिमिवानलः ॥ ६।१-११४।१५  
तदा पृथगिवाभासं सङ्कल्पकलनामयम् ।  
मनो भवति विश्वात्मा भावयन् स्वाकृतिं स्वयम् ॥ ६।१-११४।१६

SVAYAM-EVATMANAIVATMA SHAKTIM SANKALPA-NAMIKAM  
YADA. KAROTI SPHURATAM SPANDA-SHAKTIM-IVANALAH  
TADA PRITHAG-IVABHASAM SANKALPA-KALANA-MAYAM  
MANO BHAVATI VISHVATMA BHAVAYAN SVAKRITIM SVAYAM

When the Self Itself sets forth its Power called will like the fire (or air), the functioning power, then the mind, consisting of function of desire shining separately as it were, becomes the universal mind itself conceiving its own form.

6/1-114/15-16

आद्यन्तरहितं सत्यं चिन्मात्रं निर्विकल्पकम् । ६।१-१२४।२०॥

ADYANTA-RAHITAM SATYAM CHIN-MATRAM NIR-VIKALPAKAM

The Ultimate Reality is pure Intelligence, without duality, having neither beginning nor an end. 6/1-124/20 1/2

सिद्धान्तोऽध्यात्मशास्त्राणां सर्वापह्नव एव हि ।  
नाविद्यास्तीह नो माया शान्तं ब्रह्मेदमक्रमम् ॥ ६।१-१२५।१

SID-DHANTO-DHYATMA-SHASTRANAM SARVAPAHNAVA EVA HI  
NAVIDYASTEEHA NO MAYA SHANTAM BRAHMEDAM-AKRAMAM

The epitome of the scriptures relating to Self lies in the elimination of all. Here in the Supreme Self there is neither ignorance nor illusion. This Ultimate Reality is calm and unchanging. 6/1-125/1

निर्वाणवान्निर्मननः क्षीणचित्तः प्रशान्तधीः । ६।१-१२५।४॥

NIRVANA-VAN-NIR-MANANAH KSHEENA-CHITTAH PRASHANTADHEEH

Be (Self)liberated i.e. free from duality, free from thinking, with cessation of mind, and with calm intellect. 6/1-125/4 1/2



कवलं सत्यसङ्कल्पं शुद्धं ब्रह्मास्म्यहं परम् । ६।१-१२८।३६॥

KEVALAM SATYA-SANKALPAM SHUD-DHAM BRAHMASMY-AHAM PARAM

I am absolute, having real will, and pure Supreme Spirit.

6/1-128/36 1/2

अद्वितीयं परं ज्योतिर्ब्रह्मास्म्यानन्दमव्ययम् । ६।१-१२८।३७॥

ADVITIYAM PARAM JYOTIR-BRAHMASMY-ANANDAM-AVYAYAM

I am alone the Supreme Light, the Ultimate Reality, Bliss, immutable.

6/1-128/37 1/2

संविन्मात्रं विदुर्जन्तुं तस्य प्रसरणं जगत् ।

आत्मनिष्ठत्वमजगत्परमेत्युपदेशभूः ॥

६।२-२२।५०

SAMVIN-MATRAM VIDUR-JANTUM TASYA PRASARANAM JAGAT  
ATMA-NISHTHATVAM-AJAGAT-PARAMETY-UPADESHA-BHOOH

They know that the individual Self is the only pure knowledge. His movement or expansion is the universe. Absorption in Self is the cessation of the universe. This is the highest essence of teaching.

6/2-22/50

चित्तश्चेत्योन्मुखत्वं यत्तच्चित्तं सैव संसृतिः ।

सेच्छा तन्मुक्तता मुक्तिर्युक्तिं ज्ञात्वेति शाम्यताम् ॥ ६।२-३७।५१

CHITAS-CHETYON-MUKHATVAM YAT-TACH-CHITTAM SAIVA SAMSRTIH  
SECHCHHA TAN-MUKTATA MUKTIR-YUKTIM JNATVETI SHAMYATAM

The intellect, intent on perceiving objects, is mind, creation, will, and free from these is liberation. Knowing this intellectual experience be calm. 6/2-37/51

ज्ञप्तिमात्रादृते शुद्धादादिमध्यान्तवर्जितात् ।

नान्यदस्तीह निर्णीतं महाचिन्मात्ररूपिणः ॥ ६।२-४२।६

JNAPTI-MATRAD-RITE SHUD-DHAD-ADI-MADHYANTA-VARJITAT  
NANYAD-ASTEEHA NIR-NEETAM MAHA-CHIN-MATRA-ROOPINAH

It is ascertained of the great pure Intellect that there is nothing else but untainted Intellect, free from beginning, middle and end. 6/2-42/9

प्रतिभात्मैव भारूपो भाति सर्गो महाचित्ति । ६।२-४२।२३॥

PRATIBHATMAIVA BHAROOPO BHATI SARGO MAHACHITI

The creation as intellectual conception and splendour only shines in the great Intelligence. 6/2-42/23 1/2



प्रतिभामात्रमेवाच्छं नतु जप्तेर्घटादि सत् । ६।२-४२।३६॥

PRATIBHA-MATRAM-EVACHCHHAM NATU JNAPTER-GHATADI SAT

The intellectual understanding is alone pure. There is nothing as pots etc real besides the knower. 6/2-42/39 1/2

ज्ञानात्मिकैव प्रतिभा जप्तिरेवाखिलं जगत् ।  
जप्तिरप्यात्मतत्त्वश्रीः परिज्ञातोपशाम्यति ॥ ६।२-४२।४०

JNANATMIKAIVA PRATIBHA JNAPTIREVAKHILAM JAGAT  
JNAPTIRAPYATMA-TATTVA-SHREEH PARI-JNATOPA-SHAMYATI

The understanding is Intellect only. The Intellect is entire universe. The Intellect, also is, the glory of Self Reality. The knower (of this) gets peace. 6/2-42/40

महाबोधमयैकात्मा स्वात्मैव परमेश्वरः । ६।२-४८।२२॥

MAHA-BODHA-MAYAIAKATMA SVATMAIVA PARAMESHVARAH

The pure supreme Intelligence Self Itself is the Supreme Spirit. 6/2-48/22 1/2

यदस्पन्दि मनोरूपं रूपं तस्य पदस्य तत् । ६।२-५३।१२॥

YAD-ASPANDI MANO-ROOPAM ROOPAM TASYA PADASYA TAT

The essence of mind, calm without functioning, is the  
Essence of that Reality. 6/2-53/12 1/2

बोध एव कचत्यर्थरूपेण स च खादणुः ।

दृष्टान्तोऽत्रानुभूतोऽन्तः स्वप्नसङ्कल्पपर्वतः ॥ ६।२-५४।१८

BODHA EVA KACHATY-ARTHA-ROOPENA SA CHA KHAD-ANUH  
DRISHTANTO-TRANUBHOOTO-NTAH SVAPNA-SANKALPA-PARVATAH

The Intellect shines as objects. The Intellect is minuter  
than the minute void ether. Here for example is an experience  
of an imaginary mountain inside the mind in the state of  
dream. 6/2-54/18

सर्वशक्त्यात्म तद्ब्रह्म यथा कचति यादृशम् ।

रूपमत्यजदेवाच्छं तथा भवति तादृशम् ॥ ६।२-५७।२१

SARVA-SHAKTYATMA TAD-BRAHMA YATHA KACHATI YADRISHAM  
ROOPAM-ATYAJAD-EVACH-CHHAM TATHA BHAVATI TADRISHAM

As that omnipotent Supreme Being, without changing  
Selfpurity, shines in whatever form so it happens in that form  
without changing Self-purity. 6/2-57/21



इति मायेव दुष्पारा चिच्छक्तिः परिजृम्भते ।

इत्थमाद्यन्तरहिता ब्राह्मी शक्तिरनामया ॥ ६।२-७०।१८

ITI MAYEVA DUSH-PARA CHICH-CHHAKTIH PARI-JRIMBHATE  
IT-THAM-ADYANTA-RAHITA BRAHMEE SHAKTIRANAMAYA

The incomprehensible conscious Power proceeds like illusion. Thus there is the Supreme Power without ignorance, without beginning and end. 6/2-70/18

अनन्यां तस्य तां विद्धि स्पन्दशक्तिं मनोमयीम्।६।२-८४।२॥

ANANYAM TASYA TAM VID-DHI SPANDA-SHAKTIM MANOMAYEEM

Know that growing power(functioning power) consisting of mind as inherent power of Supreme Intellect.

6/2-84/2 1/2

तत्स्पन्दमायाशक्त्यैव लक्ष्यते नान्यथा किल । ६।२-८४।५॥

TAT-SPANDA-MAYA-SHAKTYAIVA LAKSHYATE NANYATHA KILA

That functioning is marked by illusory power, not otherwise undoubtedly. 6/2-84/5 1/2

Jangamwadi Math, VARANASI,

See No. 2001/11/1211

स्पन्दशक्तिस्तदिच्छेदं दृश्याभासं तनोति सा । ६।२-८४।६॥

SPANDA-SHAKTIS-TAD-ICH-CHHEDAM DRISHYABHASAM TANOTI SA

This growing power is His will. That shines as semblance  
of vision. 6/2-84/6 1/2

स्पन्दमात्रात्मिका सेच्छा चिच्छक्तिः पारमेश्वरी । ६।२-८५।  
१६॥

SPANDA-MATRATMIKA SECHCHHA CHICH-CHHAKTIH PARAMESHVAREE

That expansive will is the conscious Power of the Supreme  
Spirit. 6/2-85/16 1/2

चितिः शिवेच्छा सा देवं तमेवासाद्य शाम्यति । ६।२-८५।२१॥

CHITIH SHIVECHCHHA SA DEVAM TAMEVASADYA SHAMYATI

That intellectual Power, the will of the Supreme Lord  
is pacified by cognising that Supreme Spirit. 6/2-85/21 1/2



यस्तु ज्ञानप्रबुद्धात्मा देहस्तस्याधिभौतिकः ।  
शाम्यत्युदेति विमलो बोधात्मैवातिवाहिकः ॥ ६।२-६१।५३

YASTU-JNANA-PRABUD-DHATMA DEHAS-TASYADHIBHAUTIKAH  
SHAMYATY-UDETI VIMALO BODHATMAIVATIVAHIKAH

One, having realised Self through knowledge, has his earthly body come to an end or vanished; only a taintless, intellectual self minute body shines. 6/2-91/53

आतिवाहिकदेहेन तेन बोधात्मनाणुना ।  
बृहता वा यथा कामं निर्वाणात्मावतिष्ठते ॥ ६।२-६१।५४

ATIVAHIKA-DEHENA TENA BODHATMANANUNA  
BRIHATA VA YATHA KAMAM NIRVANATMAVATISHTHATE

Through that intellectual subtle body (state) fine or great, one remains as formless pure Self, according to will. 6/2-91/54

पुरुषो न शरीरादि न च चित्तादि किञ्चन ।  
पुरुषश्चेतनं नाम न स नश्यति कर्हिचित् ॥ ६।२-१०२।५६

PURUSHO NA SHAREERADI NA CHA CHIT-TADI KINCHANA  
PURUSHASH-CHETANAM NAMA NA SA NASHYATI KARHICHIT

The person is neither body etc. nor mind etc. The person is consciousness that never perishes. 6/2-102/59

समस्तमननत्यागे योऽसि सोऽसि निरामयः ।

बहिरन्तरनन्तात्मा सुस्थितोऽपि निरन्तरम् ॥ ६।२-१४२।२२

SAMASTA-MANANA-TYAGE YOSI SOSI NIRAMAYAH  
BAHIRANTARANANTATMA SUSTHITO-PI NIRANTARAM

On leaving out all thinking what you are is pure (bliss),  
even ever existing, Infinite Self, pervading inside and outside.

6/2-142/22

ज्ञानं यदेव तज्ज्ञेयं ज्ञेयस्यासंभवात्पृथक् ।

यथा ज्ञानमतो ज्ञेयं तनोत्यात्मानमात्मना ॥ ६।२-१४३।५५

JNANAM YAD-EVA TAJ-JNEYAM JNEYASYASAMBHAVAT PRITHAK  
YATHA JNANAM-ATO JNEYAM TANOTY-ATMANAM-ATMANA

What is knowledge that is knowable due to nonexistence  
of the knowable separately. The Self illumines Itself as  
knowable according to knowledge.

6/2-143/55

सन्मात्रमात्रानुविधमच्छानुभवमात्रकम् ।

चिन्मात्रं भानमात्रात्म सर्वार्थात्मार्थवर्जितम् ॥ ६।२-१४३।७६

SAN-MATRA-MATRANUVIDHAM-ACH-CHANUBHAVA-MATRAKAM  
CHIN-MATRAM BHANA-MATRATMA SARVARTHATMARTHA-VARJITAM



Real existence pervading conceptions, is mere untainted experience. pure Intellect, self effulgence reflecting as mere understanding Self of all matters and bereft of all matters.

6/2-143/79

तत्सत्तासंनिवेशात्म कारणानन्यखात्म च ।

चिद्भानमात्रमव्यग्रं खमेवाप्रतिघं जगत् ॥ ६।२-१५६।५५

TAT-SAT-TA-SAN-NIVESHATMA KARANANANYA-KHATMA CHA  
CHID-BHANA-MATRAM-AVYAGRAM KHAM-EVAPRATIGHAM JAGAT

The universe is absorbed in that Self-existence, pure Self identical with the principal Supreme Source, mere understanding consciousness, unruffled, mere pure sky (knowledge) and supreme.

6/2-159/55

यैव चिद्भा जगत्सैव नैकतात्र न च द्विता । ६।२-१५६।५८॥

YAIVA CHIDBHA JAGAT-SAIVA NAIKATATRA NA CHA DVITA

What the glory or radiance of the Intellect is, that is verily the universe. Here is neither oneness nor duality.

6/2-159/58 1/2

भवत्याकाश एवैषा दृश्यश्रीर्गगनात्मिका ।

अनन्यदृष्टा चिद्रूपा स्वप्नवत्स्वात्मद्रष्टृका ॥ ६।२-१५६।६५

BHAVATY-AKASHA EVAISHA DRISHYA-SHREER-GAGANATMIKA  
ANANYA-DRISHTA CHID-ROOPA SVAPNA-VAT-SVATMA-DRASHTRIKA

This visionary gleam void becomes one with Self.  
It is seen by none else. It is the conscious Self, and the seer  
in his own self like the dream. 6/2-159/65

एषा हि संपरिज्ञाता तिष्ठत्यपि यथास्थितम् ।  
भामात्ररूपनिर्वाणा निशान्ताऽप्रतिभाकृतिः ॥ ६।२-१५६।६६

ESHA HI SAM-PARIJNATA TISHTHATY-API YATHA-STHITAM  
BHAMATRA-ROOPA-NIRVANA NISHANTA-PRATIBHA-KRITIH

This (vision) cognised rightly, though remaining as it is,  
is formless, mere Self-light like darkness of night at day-break.  
6/2-159/66

शान्ताशेषविशेषात्म यथास्थितमवस्थितम् ।  
सदसद्वा जगज्जालं परिज्ञानेन शाम्यति ॥ ६।२-१५६।६७

SHANTASHESHA-VISHESHATMA YATHA-STHITAM-AVASTHITAM  
SAD-ASAD-VA JAGAJ-JALAM PARI-JNANENA SHAMYATI

The Intellect is, free from all diversities, remaining as  
it is. By that knowledge the phantom of the universe, real or  
unreal (cause or effect) vanishes. 6/2-159/67



सदंशो बोध तद्ग्राह्यमय एव यथा तथा ।

द्रष्टा य एव दृश्यं तद्द्वैतवेदनमेककम् ॥ ६।२-१६१।४३

SAD-AMSHO BODHA TAD-GRAHYAMAYA EVA YATHA TATHA  
DRASHTA YA EVA DRISHYAM TAD-DVAITA-VEDANAM-EKAKAM

As the part of Reality is Itself Intellectual and also known by the Intellect, so the seer himself is sight. That knowledge of duality is oneness (identity). 6/2-161/43

शाम्यत्यशान्तमेवेदं स्थितमेव विलीयते ।

दृश्यं तत्त्वपरिज्ञानाद्दृश्यमानं न दृश्यते ॥ ६।२-१६२।२६

SHAMYATY-ASHANTAM-EVEDAM STHITAM-EVA VILEEYATE,  
DRISHYAM TAT-TVA-PARI-JNANAD-DRISHYA-MANAM NA DRISHYATE

On perceiving Reality, this vision of universe, though unapacified, becomes calm, though situated, vanishes and though being seen, disappears. 6/2-162/26

तथानुभूयमानापि सर्ग संवेदनाम्बरे ।

चिन्मये तत्त्वविज्ञानाच्छून्यतैवावशिष्यते ॥ ६।२-१६२।२८

TATHANUBHOoya-MANAPI SARGA SAMVEDANAMBARE  
CHIN-MAYE TAT-TVA-VIJNANACH-CHHUNYATAIVAVASHISHYATE

The understanding of the creation experienced in the Intellect in the way remains as void only in pure Intellect, Self, by the knowledge of Reality. 6/2-162/28

चिन्मात्रं पुरुषं विद्धि चेतनाज्जीवनामकम् ।  
यच्चेतति स जीवोऽन्तस्तन्मयो भवति क्षणात् ॥ ६।२-१६३।४

CHIN-MATRAM PURUSHAM VID-DHI CHETANAJ-JEEVA-NAMAKAM  
CHETATI SA JEEVO-NTAS-TAN-MAYO BHAVATI KSHANAT

Know Purusha (self existence in bodies) pure Intellect called Jeeva (individual soul) due to 'animating. What the Jeeva resolves inside Intellect instantly he becomes full of that. 6/2-163/4

संविदं संविदाकाशे संरोप्य हृदि तिष्ठतः ।  
स्वयमेव मनः शाम्येन्नीहार इव शारदः ॥ ६।२-१६३।७

SAM-VIDAM SAM-VID-AKASHE SAMROPYA HRIDI TISTHATAH  
SVAYAM-EVA MANAH SHAMYEN-NEEHARA IVA SHARADAH

The mind, of one living by dissolving the intellectual power into the pure inner Intellect-Self (through knowledge), is pacified of itself (ceases to be mind) like the autumnal cloud.

6/2-163/7



अन्तःसंवेदनं भाति स्वं बाह्यार्थतया यतः ।

वव द्वैतं वव च वार्थश्रीः स्मृतिरेवमतः कुतः ॥ ६।२-१६७।२८

ANTAH SAM-VEDANAM BHATI SVAM BAHYARTHA-TAYA YATAH

KVA DVAITAM KVA CHA VARTHASHREEH SMRITIREVAM-ATAH KUTAH

As the Intellect itself shines within itself as external objects where is duality, where is the dignity of matter and so where is its memory. 6/2-167/28

आश्वस्तान्तःकरणः क्षीणविकल्पः स्वरूपसारमयः ।

परमशमामृततृप्तस्तिष्ठति विद्वान्निरावरणः ॥ ६।२-१७१।५६

ĀSVASTANTAH-KARANAH KSHEENA-VIKALPAH SVA-ROOPA-SARA-MAYAH

PARAMA-SHAMAMRITA-TRIPTAS-TISTHATI VIDVAN-NIRAVARANAH

The knower, without ignorance, with calm intellect, free of duality, full of Self Essence, satisfied with Supreme Even Bliss rests in Self. 6/2-171/56

अनुभवितैवानुभवनं सत्यं स्वात्मानमप्यसन्तमिव ।

अनुभवतीयत्वेन स्वप्ननटः स्वप्नदेशमिव ॥ ६।२-१७३।३३

ANUBHAVITAIVANUBHAVANAM SATYAM SVATMANAM-APY-ASANTAM-IVA

ANUBHAVATEEYAT-TVENA SVAPNA-NATAH SVAPNA- DESHAM-IVA

The knower, though himself the knowledge truth, experiences himself, as if not existing in such and such measure just as a dreamer sees the state of dream (and not seer self of the dream). 6/2-173/33

अत्यन्तासंभवं दृश्यं यद्वै निर्वाणमासितम् ।  
शुद्धबोधोदयं शान्तं तद्विद्वि परमं पदम् ॥ ६।२-१७४।२१

ATYANTASAMBHAVAM DRISHYAM YAD-VAI NIRVANAM-ASITAM  
SHUD-DHA-BODHODAYAM SHANTAM TAD-VIDDHI PARAMAM PADAM

Know that effulgent pure Intelligence, serene, which is free of visions and ignorance, existing bliss as the Supreme Reality. 6/2-174/21

सम्यग्ज्ञानवतो ज्ञस्य यथाभूतार्थदर्शिनः ।  
बुद्धिर्भवति चिन्मात्ररूपा द्वैतैक्यवर्जिता ॥ ६।२-१८६।५१

SAMYAG-JNANAVATO JNASYA YATHA-BHOOTARTHA-DARSHINAH  
BUDDHIR-BHAVATI CHIN-MATRA-ROOPA DVAITAIKYA-VARJITA

The Intellect of the knower, having the pure knowledge and realising genuine reality, becomes pure Consciousness, free from entity and duality. 6/2-186/51



ज्ञानस्य ज्ञेयता नास्ति केवलं ज्ञानमव्ययम् ।

अवाच्यमिति बोधोन्तः सम्यग्ज्ञानमिति स्मृतम् ॥ ६।२-१६०।५

JNANASYA JNEYATA NASTI KEVALAM-JNANAM-AVYAYAM  
AVACHYAM-ITI BODHONTAH SAMYAG-JNANAM-ITI SMRITAM

The knowledge is not knowable, but mere unchanging Intellect (knowledge). The indefinable inner Ultimate Intelligence is known as pure knowledge. 6/2-190/5

बोधमात्रं भवेज्ज्ञानं भावसाधनमात्रकम् ।

न ज्ञानज्ञेययोर्भेदः पवनस्पन्दयोरिव ॥ ६।२-१६०।७

BODHA-MATRAM BHAVEJ-JNANAM BHAVA-SADHANA-MATRAKAM  
NA JNANA-JNEYAYOR-BHEDAH PAVANA-SPANDAYOR-IVA

Mere consciousness is knowledge, the only source of existence. There is no difference between knowledge and knowable like the wind and its movement. 6/2-190/7

द्रष्टा न याति दृश्यत्वं दृश्यस्यासंभवादतः ।

द्रष्टैव केवलो भाति सर्वात्मैकघनाकृतिः ॥ ६।२-१६०।२५

DRASHTA NA YATI DRISHYA-TVAM DRISHYASYASAMBHAVAD-ATAH  
DRASHTAIVA KEVALO BHATI SARVATMAIKA-GHANAKRITI

The seer does not go to the object seen because of impossibility of the visible object. The seer only shines as one, permanent all Self. 6/2-190/25

बोधात्मनि न मोक्षोऽस्ति न बन्धोऽस्तीति निश्चयः । ६।२-  
१६०।३६॥

BODHATMANI NA MOKSHOSTI NA BANDHOSTEETI NISHCHAYAH

In the knowing Self there is undoubtedly neither liberation nor bondage. 6/2-190/39 1/2

चिद्भात्येव हि सर्गादौ कचन्ती भाति सर्गवत् ।  
भासनीयं च भानं च रूपं यत्र स्वयंप्रभा ॥ ६।२-१६१।६

CHID-BHATY-EVA HI SARGADAU KACHANTI BHATI SARGA-VAT  
BHASANEYAM CHA BHANAM CHA ROOPAM YATRA SVAYAM-PRABHA

In the beginning of the creation Intellect only shines then flashes appearing like creation.

The illuminable and the illumination are there rays of Self-effulgence. 6/2-191/9



सर्वं शान्तं निरालम्बं विज्ञानं केवलं स्थितम् ।

अनन्तं चिद्घनं व्योम नीरागमपकल्पनम् ॥ ६।२-१६२।३

SARVAM SHANTAM NIRALAMBAM VIJNANAM KEVALAM STHITAM  
ANANTAM CHID-GHANAM VYOMA NEERAGAM-APAKALPANAM

All quiet, unattached consciousness is one self-existent, infinite, impenetrable Intellect, identical like the sky, and without inclination and imagination. 6/2-192/3

अभिन्नबोधसद्रूपस्वरूपानुभवे स्थितः ।

व्युत्थितः सन्निरुद्धश्च यः पश्यति स शाम्यति ॥ ६।२-१६४।१७

ABHINNA-BODHA-SAD-ROOPA-SVAROOPANUBHAVE STHITAH  
VYUT-THITAH SAN-NIRUD-DHAS-CHA YAH PASHYATI SA SHAMYATI

He, who sees Self, being steady in cognisance of genuine Self identical with knowledge, though concentrated or unconcentrated, becomes peaceful. 6/2-194/17

प्राप्तज्योतिर्बोधशुद्धिः परमन्तः प्रकाशवान् ।

नीहारः शरदीवाशु स्वयमेवोपशाम्यति ॥ ६।२-१६४।४०

PRAPTA-JYOTIR-BODHA-SHUD-DHIH PARAM-ANTAH PRAKASHA-VAN  
NEEHARAH SHARADEEVASHU SVAYAM-EVOPASHAMYATI

One, who has obtained (or realised) the Self-light and is pure with knowledge and extremely shining inside, becomes himself peaceful immediately, like fog in the Autumn.

6/2-194/40

निर्वाय निज आत्मायं परिवृत्यावलोकितः ।

चेत्योन्मुखत्वमुत्सृज्य संतिष्ठेच्छान्त आत्मनि॥६।२-१६५।३२

NIRVAYA NIJA ATMAYAM PARIVRITYAVALOKITAH

CHETYON-MUKHATVAM-UTSRIJYA SAN-TISTHETHECH-CHHANTA ATMANI

Cognising own Self from outward objects, leaving inclination to other objects, directly perceiving own Self, rest in calm Self (or rest being calm in Self.)

6/2-195/32

वृंहति ब्रह्मणि ब्रह्म व्योम व्योमनि वर्द्धते ।

न चोपपद्यते किञ्चिद्ब्रह्म व्योम्नि विवृंहणम्॥६।२-१६५।४६

BRIMHATI BRAHMANI BRAHMA VYOMA VYOMANI VARDHATE

NA CHOPA-PADYATE KINCHID-BRAHMA VYOMNI VIBRIMHANAM

Brahman (Supreme Spirit) grows in Brahman (Supreme Spirit Reality). Void Self space thrives in void Self space. There is no evidence that Brahman is a growth in void space.

6/2-195/49



स्वभावः कारणं नाम संसारोत्तरणं प्रति ।

असंसक्तं मनो यस्य स तीर्णो भवसागरात् ॥ ६।२-१६६।३२

SVA-BHAVAH KARANAM NAMA SANSAROT-TARANAM PRATI  
ASAMSAKTAM MANO YASYA SA TEERNO BHAVA SAGARAT

Self-experience is the source towards crossing over the universe. He, whose mind is not attached; has crossed the ocean of the universe.

6/2-199/32

चिद्रूपब्रह्मसङ्कल्पवशादेवैतदङ्गं सत् ।

चिदुन्मेषनिमेषौ यौ तावेतौ प्रलयोदयौ ॥ ६।२-२०८।६

CHID-ROOPA-BRAHMA-SANKALPA-VASHAD-EVAITAD-ANGA SAT  
CHID-UNMESA-NIMESHAU YAU TAVETAU PRALAYODAYAU

This creation is real as it were through the will of the Supreme Intellect Spirit. What are Intellectual Power's flashing out and flashing in, are the creation and dissolution.

6/2-208/9

ब्रह्मैव तदिदं सर्वं निरुपमैवामलं नभः ।

किमप्येवाजमाशान्तमादिमध्यान्तवर्जितम् ॥ ६।२-२११।३

BRAHMAIVA TAD-IDAM SARVAM NIR-NAMAIVAMALAM NAVAH  
KIM-APY-EVAJAMASHANTAM-ADIMADHYANTA-VARJITAM

All this is verily Supreme Spirit. That is nameless, pure, and void (of duality.) That is incomprehensible, without birth, tranquil and without beginning, middle and end. 6/2-211/3

चिद्भानमात्रमित्युक्तं ब्रह्मेति कलिताभिधम् ।  
परात्परमिति प्रोक्तं तत्तु निर्नामकं पदम् ॥ ६।२-२११।४

CHID-BHANA-MATRAM-ITYUKTAM BRAHMETI KALITABHIDHAM  
PARAT-PARAM-ITI PROKTAM TATTU NIRNAMAKAM PADAM

That called Pure bright Intellect, thought Supreme Soul, called more Supreme than the Supreme, is indeed nameless Reality. 6/2-211/4

अस्यैतद्वस्तुनो रूपं चिद्व्योम्नो वितताकृतेः ।  
रूपमत्यजदेवाच्छं यदित्थमवभासते ॥ ६।२-२१३।१६

ASYAITAD-VASTUNO ROOPAM CHID-VYOMNO VITATAKRITEH  
RUPAM-ATYAJAD-EVACH-CHHAM YAD-IT-THAM-AVA-BHASATE

The pure light of this omnipresent Supreme Spirit Reality, without changing Its genuine Self purity, shines like this (incarnately or non-incarnately). 6/2-213/19



स्मृतिवगिदृष्टिसत्ता च स्वप्ने बन्ध्यासुतेऽजले ।

मरीचिका यथा तद्वज्ज्ञानात्सांसारिकी स्थितिः ॥ ६।२-२१६।१३

SMRITIR-VAG-DRISHTI-SATTA CHA SVAPNE BANDHYA-SUTE-JALE  
MAREECHIKA YATHA TAD-VAJ-JNANAT-SAMSARIKEE STHITIH

As there is the reality in memory, speech and sight of a dream, barren woman's issue and mirage of water respectively, so there is the experience of the universe through knowledge. 6/2-216/13

तदेवेदं जगत्सर्वं पूर्णं पूर्णं व्यवस्थितम् । ६।२-२१६।२०॥

TAD-EVEDAM JAGAT-SARVAM PURNE PURNAM VYAVASTHITAM

All this universe is that verily Supreme Spirit, the whole settled in the whole. 6/2-216/20 1/2

यत्सर्वं खल्विदं ब्रह्म तज्जलानिति च स्फुटम् ।

श्रुत्या ह्युदीर्यते साम्नि तस्मै ब्रह्मात्मने नमः ॥ ६।२-२१६।२५

YAT-SARVAM KHALVIDAM BRAHMA TAJ-JA-LANITI CHA SPHUTAM  
SHRUTYA HY-UDEERYATE SAMNI TASMAI BRAHMATMANE NAMAH

All this verily is the Supreme Spirit, originating, living and dissolving in that clearly.

This is stated by the Vedic text in Sama Veda. Obeisance to that Supreme Spirit. 6/2-216/25

## ब्रह्मसूत्रम्

जन्माद्यस्य यतः ।

१११२

## BRAHMASOOTRAM

JANMADY-ASHYA YATAH

The Ultimate Reality called *Brahma* is that from which the origin, etc. (i.e. the origin, subsistence and dissolution) of the universe proceed.

1/1/2

शास्त्रयोनित्वात् ।

१११३

SHASTRA-YONI-TVAT

The omniscience of the *Brahman* or the Ultimate Reality follows from its being the source of Scripture.

1/1/3

तत्तु समन्वयात् ।

१११४

TAT-TU SAMANVAYAT

*Brahman* or the Ultimate Reality is the meaning or knowledge of all the sacred books because it is connected as the source and purport of Scriptural Texts.

1/1/4



ज्ञोस्त एव ।

२।३।१८

JNO-TA EVA

So, the Soul is Intelligence only.

2/3/18

चिति तन्मात्रेण तदात्मकत्वात् ।

४।४।३।६

CHITI TAN-MATRENA TADATMAKA-TVAT

The Intellect, purely remains as pure Intelligence (consciousness) because of being the Self (of the nature of pure Intelligence).

4/4/3/6

सिद्धान्तदर्शनम्

चिद्वैशास्ता ।

१।१।१२

SIDDHANTA-DARSHANAM

CHID-VAI SHASTA

Knowledge is certainly controller of all

1/1/12

सत्ताऽजायाश्छायावत् ।

१।२।१

SATTA-JAYASH-CHHAYA-VAT

The existence of Nature (Prakriti) is like shadow. (The real existence is possessed only by Soul). 1/2/1

तत्ताधिगमोऽनुबिम्बेक्षणात् । १२।१४

TAT-TADHIGAMO-NUBIMBEKSHANAT

Maya (Unreality) can be realised through the observation of the shadow of Self-Light. 1/2/14

शक्तिर्व्यासत्तिः । १२।२५

SHAKTIR-VYASATTIH

Vibration or manifestation of properties of all substances is energy or power. 1/2/25

निर्मनस्के साराभिव्यक्तिः । १३।१६

NIR-MANASKE SARABHIVYAKTIH

The Essence or Intelligence flashes upon the mind devoid of mental functions. 1/3/19



सच्चिदानन्दः पुरुषः ।

२।१।१

SACH-CHID-ANANDAH PURUSHAH

The Person is real, Intelligence and Supreme Bliss. 2/1/1

द्वैतविस्मृतेरभिव्यक्तिः ।

२।२।११

DVAITA-VISMURTERABHIVYAKTIH

Self-bliss manifests in the oblivion of duality. 2/2/11

तदीक्षा वै सर्वार्था ।

२।४।६

TAD-EEKSHA VAI SARVARTHA

The observation (discrimination) of Prakriti (the primary material cause of the universe) and the Person (the Supreme Being) is the source and end of all purpose. 2/4/9

द्विधैकोऽपि क्लृप्तेः ।

३।२।१

DVIDHAIKO-PI KLRIPTIH

One entity appears also in duality due to the power.

3/2/1

तत्समापत्तिरैकाग्र्यान्मणिवच्चित्तस्य । ३।३।२१

TAT-SAMAPAT-TIRAIKAGRYAN-MANIVACH-CHITTASYA

The mind (intellect) being absorbed in identical meditation turns into Self-consciousness like the Crystal. 3/3/21

चैतन्यं हि धीस्थं वृत्या स्फुरज्ज्ञानं गवाक्षार्कवत् । ४।१।१

CHAITANYAM HI DHEESTHAM VRITYA SPHURAJ-JNANAM GAVAKSHARKA-VAT

The Intelligence, being reflected in the mind due to the mental movement, is the consciousness like the rays of the sun through the round window. 4/1/1

त्रिपुट्यभानाद्भूमानन्दाभिव्यक्तिः । ४।२।७

TRIPUTY-ABHANAD-BHOOMANANDABHIVYAKTIH

In the absence of the three facets of knowledge (the knower, the knowing and the known) there is sole manifestation of Supreme Bliss. 4/2/7

प्राणकलाः परस्मिन्नस्तमीयुराम्नायात् । ४।४।१४

PRANAKALAH PARASMIN-NASTAMEEYURAMNAYAT



Pranakalas (energy functioning parts) all dissolve into the Supreme Soul as enjoined by the Vedas or sacred texts. 4/4/14

## कौलोपनिषत्

ज्ञानं मोक्षैककारणम् ।

### KAULOPANISHAT

JNANAM MOKSHAIIKA-KARANAM

Knowledge is the only source of liberation (freedom from duality).

मोक्षस्सर्वात्मतासिद्धिः ।

MOKSHAS-SARVATMATA-SID-DHIH

Liberation is being one with the Omnipresent Self.

आत्मज्ञानान्मोक्षः !

ATMA-JNANAN-MOKSHAH

Liberation is through the knowledge of the Self (Ultimate Reality).

## त्रिपुरामहोपनिषत्

परिस्रुता हविषा पावितेन

प्रसङ्कोचे गलिते वै मनस्तः ।

शर्वः सर्वस्य जगतो विधाता

धर्ता हर्ता विश्वरूपत्वमेति ॥ १५

## TRIPURAMAHOPANISHAT

PARISRUTA HAVISHA PAVITENA

PRASANKOCHE GALITE VAI MANASTAH

SHARVAH SARVASYA JAGATO VIDHATA

DHARTA HARTA VISHVA-ROOPATVAM -ETI

On the cessation of the narrowness (ignorance) of the mind through the grace of the invocation of pure knowledge, (by taking the purified offering offered to the Supreme Power) one attains to the state of omnipresent Spirit as the creator, preserver and destroyer of the universe, and universal forms.

15

## भावनोपनिषत्

हरिः ॐ आत्मानमखण्डमण्डलाकारमावृत्य

सकलब्रह्माण्डमण्डलं स्वप्रकाशं ध्यायेत् ।

श्री गुरुः सर्वकारणभूता शक्तिः ।

१



**BHAVANOPANISHAT**

HARIH OM ATMANAM-AKHANDA-MANDALAKARAMAVRITYA-  
SAKALA-BRAHMANDA-MANDALAM SVA-PRAKASHAM DHYAYET  
SHREE GURUH SARVA-KARANA-BHOOTA SHAKTIH

Hari Aum (salutation to the Pure Supreme Spirit) !  
Meditate on the Self, the self-shining, Infinite, circular  
pervading the entire universal globe.

The Venerable Teacher (the spiritual guide) is the Power  
which is the source of all. 1

निरुपाधिकसंविदेव कामेश्वरः ।

२७

NIRUPADHIKA-SAM-VID-EVA KAMESHWARAH

Consciousness, without any attribute, is Kameswar  
(the Lord of will). 27

सदानन्दपूर्णः स्वात्मैव परदेवता ।

२८

SADANANDA-POORNAH SVATMAIVA PARA-DEVATA

Verily, the Self, full of constant bliss, is the Supreme  
Lord. 28

अनन्यचित्तत्वेन सिद्धिः ।

३०

ANANYA-CHITTA-TVENA SID-DHIH

Success (of being pure Self) is achieved through the identical concentration of the mind. 30

बह्वृचोपनिषत्

ॐ देवी ह्येकाग्र आसीत् ।

१

BAHVRICHOPANISHAT

OM DEVI HY-EKAGRA ASEET

Aum. The Goddess, verily, was only one in the beginning. 1

सैषा परा शक्तिः ।

३

SAISHA-PARA-SHAKTIH

That this Goddess is Supreme Power

3

सा वै प्रत्यक् चित्तिः ।

४



SA-VAI PRATYAK CHITIH

She, indeed, is Self (omnipresent) consciousness.

4

सैवं आत्मा ।

चिद्विद्याऽद्वितीया ब्रह्मसंवित्तिः ।

तदद्वितीयमखण्डार्थं परं ब्रह्म ।

५

SAIVA ATMA

CHID-VIDYA-DVITEEYA BRAMHA-SAM-VITTIH

TAD-ADVITEEYAM-AKHANDARTHAM PARAM BRAHMA

She is the Self (Atman).

She is the knowledge consciousness, without a second,  
the pure Supreme Intelligence

That is the one, perfect (absolute) and Supreme Universal  
Soul.

5

अधिष्ठानं परं तत्त्वमेकं सच्छिष्यते महत् ।

६

ADHISTHANAM PARAM TATVAM-EKAM SACH-CHHISHYATE MAHAT

There remains only one great truth which is the Ultimate  
Substratum and Supreme Essence.

6

अरुणोपनिषत्

विभ्राजमानां हरिणीं यशसा संपरिवृताम् ।

पुरं हिरण्मयं ब्रह्मा विवेशापराजिता ॥

## ARUNO-PANISHAT

VIBHRAJA-MANAM HARINEEM YASHASA SAM-PARIVRITAM  
PURAM HIRAN-MAYAM BRAHMA VIVESHAPARAJITA

Brahma (Supreme Spirit) and Aparā Ajita (Inherent Supreme Power) entered into the golden splendid state which was shining, golden-resplendent, surrounded by glory.

## कालिकोपनिषत्

ॐ ब्रह्मरन्ध्रे ब्रह्मरूपिणी ।

ॐ सत्त्वं (सत्यं) तत्सर्वम् (तत्सत्) ।

## KALIKOPANISHAT

OM BRAHMA-RANDHRE BRAHMA-ROOPINEE

OM SATVAM (SATYAM) TAT-SARVAM (TATSAT)

Aum! The goddess Kalika is in the form of the Ultimate Reality in the chasm of the Brahman (Ultimate Reality).

Aum! Existence is that Reality

## तारोपनिषत्

ब्रह्मरन्ध्रे तारिणी । तारयतीति तारा ।

## TARO-PANISHAT

BRAHMA-RANDHRE TARINEE. TARAYATEETI TARA



In the chasm of the Brahma (Supreme Essence) is delivering Tara who liberates devotees.

## ईशावास्योपनिषत्

स पर्यगाच्छुक्रमकायमब्रण-  
मस्नाविरं शुद्धमपापविद्धम् ।  
कविर्मनीषी परिभूः स्वयम्भूर्याथा-  
तथ्यतोऽथन्व्यदधाच्छाश्वतीभ्यः समाभ्यः ।

८

### EESHAVASHYOPANISHAT

SA PARYAGACH-CHHUKRAM-AKAYAM-ABRANAM-

ASNAVIRAM SHUD-DHAM-APAPA-BID-DHAM

KAVIR-MANEESHEE PARIBHOOH SVAYAMBHOOR-YA-THA-

-TATHYATO —RTHAN-VYADADHACH-CHHASHVATEEBHYAH SAMABHYAH

The Ultimate Reality (Atma) is all pervading, selfluminous, formless, scatheless, sinewless, pure, unaffected by ignorance, the seer, omniscient, omnipresent and self-existent. He has appropriately distributed the objects through the endless years. (The Lord allotted different duties to the eternal years known as Prajapati).

## केनोपनिषत्

प्रतिबोधविदितं मतममृतत्वं हि विन्दते ।  
आत्मना विन्दते वीर्यं विद्यया विन्दतेऽमृतम् ॥

२१४

## KENOPANISHAT

PRATI-BODHA-VIDITAM MATAM-AMRITA-TVAM HI VINDATE,  
ATMANA VINDATE VEERYAM VIDYAYA VINDATE-MRITAM

The Ultimate Reality (immortality) is truly attained when it is known in all states of knowledge. One attains power by One's self and immortality by the knowledge. 2/4

## कठोपनिषत्

अजो नित्यः शाश्वतोऽयं पुराणः ११२।१८१

## KATHOPANISHAT

AJO NITYAH SHASHVATO-YAM PURANAH

The Soul or the Self is without birth, constant, eternal and primeval. 1/2/18 1/4

अणोरणीयान्महतो महीयान्  
आत्मास्य जन्तोर्निहितो गुहायाम् ।  
तमक्रतुः पश्यति वीतशोको  
धातुः प्रसादान्महिमानमात्मनः ॥

११२।२०



ANOR-ANEYYAN MAHATO-MAHEEYAN  
ATMASYA JANTOR-NIHITO GUHAYAM  
TAM-AKRATUH PASHYATI VEETA-SHOKO  
DHATUH PRASADAN-MAHIMANAMATMANAH

Minuter than the minute and greater than the great is the Self abiding in the heart (intellect) of the creature. The desireless and free from grief know that Self splendour through the grace of the Lord by tranquility of senses and mind. 1/2/20

तदेव शुक्रं तद्ब्रह्म तदेवामृतमुच्यते ।

२।२।८

TAD-EVA SHUKRAM TAD-BRAHMA TAD-EVAMRITAM-UCHYATE

That Self is indeed the Pure, Ultimate Reality and is, truly, called the Immortal. 2/2/8

एको वशी सर्वभूतान्तरात्मा

एकं रूपं बहुधा यः करोति ।

२।२।१२।।

EKO VASHEE SARVA-BHOOTANTAR-ATMA  
EKAM ROOPAM BAHUDHA YAH KAROTI

One (Supreme) controller, the Inner Soul of all beings is He who makes His one form manifold. 2/2/12 1/2

तदेतदिति मन्यन्तेऽनिर्देश्यं परमं सुखम् । २।२।१४॥

TAD-ETAD-ITI MANYANTE-NIRDESHYAM PARAMAM SUKHAM

The sages recognise (perceive) the indescribable Supreme Bliss as "That is this". 2/2/14 1/2

तमेव भान्तमनुभाति सर्वम्  
तस्य भासा सर्वमिदं विभाति । २।२।१५॥

TAM-EVA BHANTAM-ANUBHATI SARVAM  
TASYA BHASA SARVAM-IDAM VIBHATI

All things shine after the Self effulgence. All this is illumined by His Light. 2/2/15 1/2

पुरुषोऽन्तरात्मा । २।३।१७

PURUSHO-NTARATMA

The person is the inner Self. 2/3/17

प्रश्नोपनिषत्

एष हि द्रष्टा स्प्रष्टा श्रोता घ्राता रसयिता  
मन्ता बोद्धा कर्ता विज्ञानात्मा पुरुषः ।  
स परेऽक्षरे आत्मनि सम्प्रतिष्ठते ॥



PRASHNO-PANISHAT

ESHA HI DRASHTA SPRASHTA SHROTA GHRATA RASAYITA  
MANTA BOD-DHA KARTA VIJNANATMA PURUSHAH  
SA PARE-KSHARE ATMANI SAM-PRATISHTHATE

The Self, truly, is one who sees, feels, hears, smells, tastes, thinks, knows, does, the conscious self, the person. He resorts in the supreme immutable Soul (ATMAN). 4/9

मुण्डकोपनिषत्

तपसा चीयते ब्रह्म ततोन्नमभिजायते ।  
अन्नात्प्राणो मनः सत्यं लोकाः कर्मसु चामृतम् ॥ १।१।८

MUNDAKO-PANISHAT

TAPASA CHEEYATE BRAHMA TATONNAM-ABHIJAYATE  
ANNAT PRANO MANAH SATYAM LOKAH KARMASU CHAMRITAM

By austerility (contemplative power) Brahma spreads out. From that food (matter) is produced, from food are produced 'life-breath'(energy), mind, the reals (the five elements), the worlds and works proceeding or resulting in to immortality. 1/1/8

यः सर्वज्ञः सर्वविद्यस्य ज्ञानमयं तपः ।  
तस्मादेतद्ब्रह्म नाम रूपमन्नं च जायते ॥ १।१।९

YAH SARVA-JNAH SARVA-VID-YASYA JNANA-MAYAM TAPAH  
TASMAD-ETĀD-BRAHMA NAMA ROOPAM-ANNAM CHA JAYATE

From Him, who is Omniscient and understands all and whose Tapas (austerity) consists of knowledge, are born this Brahma (the golden resplendent cosmic Soul called Hiranya Garbha ), name, form and food (matter). 1/1/9

अक्षराद्विविधाः भावाः प्रजायन्ते  
तत्र चैवापियन्ति ।

२।१।१

AKSHARAD-VIVIDHAH BHAVAH PRAJAYANTE  
TATRA CHAIVAPIYANTI

Manifold beings issue forth from the Imperishable and return thither too. 2/1/1

दिव्यो ह्यमूर्तः पुरुषः सबाह्याभ्यन्तरो ह्यजः ।  
अप्राणो ह्यमनाः शुभ्रो ह्यक्षरात्परतः परः ॥

२।१।२

DIVYO HY-AMOORTAH PURUSHAH SA-BAHYAVYANTARO HY-AJAH  
APRANO HY-AMANAH SHUBHRO HY-AKSHARAT PARATAH PARAH

The Self is divine and formless, existing both within and without, free from birth, without vital air, without mind, pure, beyond even the supreme Imperishable. 2/1/2



हिरण्मये परे कोशे विरजं ब्रह्म निष्कलम् ।  
तच्छुभ्रं ज्योतिषां ज्योतिस्तद्यदात्मविदो विदुः ॥ २।२।६

HIRAN-MAYE PARE KOSHE VIRAJAM BRAHMA NISH-KALAM  
TACH-CHHUBHRAM JYOTISHAM JYOTIS-TAD-YAD-ATMA-VIDO VIDUH

In the Supreme golden-resplendent sheath is the stainless and transcendental Brahman (Supreme Self). It is pure and light of lights. It is what the knowers of the Atman (Soul) know. 2/2/9

अन्तः शरीरे ज्योतिर्मयो हि शुभ्रो  
यं पश्यन्ति यतयः क्षीणदोषाः । ३।१।५॥

ANTAH SHAREERE JYOTIR-MAYO HI SHUBHRO  
YAM PASHYANTI YATAYAH KSHEENA-DOSHIAH

The effulgent pure Soul is within the body. The ascetics (of self-restraint) without defects perceive Him. 3/1/5 1/2

स यो ह वै तत्परमं ब्रह्म वेद ब्रह्मैव भवति । ३।२।६

SA YO HA VAI TAT-PARAMAM BRAHMA VEDA BRAHMAIVA BHAVATI

He, who really realises Brahman (Supreme Ultimate Reality), becomes the very Supreme Soul, Brahman. 3/2/9

## माण्डुक्योपनिषत्

ॐ ओमित्येतदक्षरमिदं सर्वम् ।

१

## MANDUKYOPANISHAT

OM OM-ITY-ETAD-AKSHARAM-IDAM SARVAM

Om ! This syllable of Om (the symbol of the Ultimate Reality) is all this.

1

सर्वं ह्येतद्ब्रह्मायमात्मा ब्रह्म ।

२

SARVAM HY-ETAD-BRAHMA-AYAM-ATMA BRAHMA

All this is, indeed, Brahman (the Ultimate Reality). This Self is Brahman.

2

एष सर्वेश्वर एष सर्वज्ञ एषोन्तर्याम्येष  
योनिः सर्वस्य प्रभवाप्ययौ हि भूतानाम् ।

६

ESHA SARVESHVARA ESHA SARVAJNA ESHONTARYAMY-ESHA  
YONIH SARVASYA PRABHAVAPYAYAU HI BHOOTANAM

This is the Lord of all. This is the all-knowing. This is the controller within. This is the source of all, the origin and the dissolution of beings.

6



नान्तः प्रज्ञं न बहिष्प्रज्ञं नोभयतः प्रज्ञं  
न प्रज्ञानघनं न प्रज्ञं नाप्रज्ञम् ।

अदृश्यमव्यवहार्यमग्राह्यमलक्षणम-  
चिन्त्यमव्यपदेश्यमेकात्मप्रत्ययसारं  
प्रपञ्चोपशमं शान्तं शिवमद्वैतं चतुर्थम्  
मन्यन्ते स आत्मा स विज्ञेयः ।

७

NANTAH PRAJNAM NA BAHISH-PRAJNAM NOBHAYATAH PRAJNAM  
NA PRAJNANA-GHANAM NA PRAJNAM NAPRAJNAM  
ADRISHYAM-AVYAVAHARYAM-AGRAHYAM-ALAKSHANAM-  
ACHINTYAM-AVYAPADESHYAM-EKATMA-PRATYAYA-SARAM  
PRAPANCHOPASHAMAM SHANTAM, SHIVAM-ADVAITAM CHATURTHAM  
MANYANTE SA ATMA SA VIJNEYAH

The fourth state (Turiya) is known as, not that which is conscious of the internal (subtle objects), not what is conscious of the external (gross objects), not what is conscious of both, not mass of consciousness, not conscious, not unconscious, unseen, unrelated, imperceptible, uninferable, unthinkable, indescribable (inscrutable), essence of the knowledge of the Self-entity, negation of all phenomena of relative existence, calm, All-Bliss, the non-dual. He is the Atman (Self). He is to be known (realised). 7

अमात्रश्चतुर्थोऽव्यवहार्यः प्रपञ्चोपशमः  
शिवोऽद्वैत एवमोङ्कार आत्मैव  
संविशत्यात्मनात्मानं य एवं वेद ।

१२

AMATRASH-CHATURTHO-VYAVAHARYAH PRAPANCHOPASHAMAH  
 SHIVO-DVAITA EVAM-OMKARA ATMAIVA  
 SAMVISHATY-ATMANA-ATMANAM YA EVAM VEDA

The fourth (aspect) is without element (soundless), transcendent, cessation of all phenomena, All Bliss and non-dual. Thus Om is verily Atman (the Self). He who realises this thus merges his Self in the Self. 12

कल्पयत्यात्मनाऽऽत्मानमात्मा देवः स्वमायया ।  
 स एव बुध्यते भेदानिति वेदान्तनिश्चयः ॥ गौ. २।१२

KALPAYATY-ATMANATMANAM-ATMA DEVAH SVA-MAYAYA  
 SA EVA BUDHYATE BHEDANITI VEDANTA-NISHCHAYAH

Atman(Self), self-luminous, conceives in Himself by Himself, through the power of his own Maya. He Himself cognizes the different objects. This is the essence of Vedanta Philosophy. G2/12

निर्विकल्पो ह्ययं दृष्टः प्रपञ्चोपशमोऽद्वयः । गौ. २।३५॥

NIRVIKALPO HYAYAM DRISHTAH PRAPANCHOPA-SHAMO-DVAYAH

The Self, verily, is realised, as one free from ignorance, free from manifold Phenomena and non-dual.

G2/35 1/2



मनोदृश्यमिदं द्वैतं यत्किञ्चित्सचराचरम् ।

मनसो ह्यमनीभावे द्वैतं नैवोपलभ्यते ॥

गौ. ३।३१

MANO-DRISHYAM-IDAM DVAITAM YAT-KINCHIT-SACHARACHARAM  
MANASO HY-AMANEE-BHAVE DVAITAM NAIVO-PALABHYATE

This duality, which consists of all moving and unmoving objects, is the creation of the mind. No duality is ever experienced when the mind is beyond its conception i.e. ceases to act. G3/31

आत्मसत्यानुबोधेन न सङ्कल्पयते यदा ।

अमनस्तं तदायाति ग्राह्याभावे तदग्रहम् ॥

गौ. ३।३२

ATMA-SATYANU-BODHENA NA SANKALPAYATE YADA  
AMANASTAM TADA-YATI GRAHYABHAVE TAD-AGRAHAM

When the mind, through the realisation of the Self Reality, does not imagine, then the mind ceases to be mind and becomes free from the idea of cognition for want of objects to be cognised.

G3/32

अकल्पकमजं ज्ञानं ज्ञेयाभिन्नं प्रचक्षते ।

ब्रह्मज्ञेयमजं नित्यमजेनाजं विबुध्यते ॥

गौ. ३।३३

AKALPA-KAM-AJAM JNANAM JNEYABHINNAM PRACHAKSHATE  
BRAHMA-JNEYAM-AJAM NITYAM-AJENAJAM-VIBUDHYATE

The knowledge, free from birth and free from imagination, is realised ever inseparable from the knowable. The immutable and birthless Brahman, Ultimate Reality, is the sole object of knowledge. The birthless is known by the birthless. G3/33

तदेव निर्भयं ब्रह्म ज्ञानालोकं समन्ततः ।

गौ. ३।३५॥

TAD-EVA NIRBHAYAM BRAHMA JNANALOKAM SAMANTATAH

That (mind free from duality) becomes identical with the fearless Brahman which is entire all effulgent Self consciousness. G3/35 1/2

अजमनिद्रमस्वप्नमनामकमरूपकम् ।

सकृद्विभातं सर्वज्ञं नोपचारः क'चन ॥

गौ. ३।३६

AJAM-ANIDRAM-ASVAPNAM-ANAMAKAM-AROOPAKAM

SAKRID-VIBHATAM SARVA-JNAM NOPACHARAH KATHANCHANA

The Self is birthless, free from sleep and dream, without name and form, ever-effulgent and omniscient. Nothing has to be done in any way. G3/36

सर्वाभिलापविगतः सर्वचिन्तासमुत्थितः ।

सुप्रशान्तः सकृज्ज्योतिः समाधिरचलोऽभयः ॥

गौ. ३।३७



SARVABHILAPA-VIGATAH SARVA-CHINTA-SAMUT-THITAH  
SU-PRA-SHANTAH SAKRIJ-JYOTIH SAMADHIRACHALO-BHAYAH

The Self is beyond all expression by words (external senses), beyond all acts of mind, all peace, eternal effulgence, free from activity and fear, concentrated identical Self-intelligence.  
G3/37

ग्रहो न तत्र नोत्सर्गश्चिन्ता यत्र न विद्यते ।  
आत्मसंस्थं तदा ज्ञानमजाति समतां गतम् ॥ गौ. ३।३८

GRAHO NA TATRA NOTSARGASH-CHINTA YATRA NA VIDYATE  
ATMA-SAMSTHAM TADA JNANAM-AJATI SAMATAM GATAM

Where there is no mental activity there is neither holding nor unholding. Then the intellect abiding in Self attains to the state of Eternal Identity.  
G3/38

यदा न लीयते चित्तं न च विक्षिप्यते पुनः ।  
अनिङ्गनमनाभासं निष्पन्नं ब्रह्म तत्तदा ॥ गौ. ३।४६

YADA NA LEEYATE CHIT-TAM NA CHA VIKSHIPYATE PUNAH  
ANINGANAM-ANABHASAM NISHPAN-NAM BRAHMA TAT-TADA

When the mind does neither merge in ignorance (inactivity of oblivion) nor become distracted by desires but is calm and does not give rise to reflection, then that becomes the Ultimate Reality.  
G3/46

स्वस्थं शान्तं सनिर्वाणमकथ्यं सुखमुत्तमम् ।

अजमजेन ज्ञेयेन सर्वज्ञं परिचक्षते ॥ गौ. ३।४७

SVASTHAM SHANTAM SA-NIRVANAM-AKATHYAM SUKHAM- UTTAMAM  
AJAM-AJENA JNEYENA SARVAJNAM PARI-CHAKSHATE

The highest bliss is in the Self i.e. Self Bliss, all peace, absolute pure bliss, indescribable and free from birth. It is also described as the omniscient Brahman, being one with the birthless Self, the object of Knowledge. G3/47

न कश्चिज्जायते जीवः सम्भवोऽस्य न विद्यते ।

एतत्तदुत्तमं सत्यं यत्र किञ्चिन्न जायते ॥ गौ. ३।४८

NA-KASCHIJ--JAYATE JEEVAH SAMBHAVO-SHYA NA VIDYATE  
ETAT-TAD-UTTAMAM SATYAM YATRA KINCHIN-NA JAYATE

No Self is ever born. There is no cause of it. It is that Ultimate Truth that nothing is ever born., G3/48

चित्तस्पन्दितमेवेदं ग्राह्यग्राहकवद्द्वयम्

चित्तं निर्विषयं नित्यमसङ्गं तेन कीर्तितम् ॥ गौ. ४।७२

CHITTA-SPANDITAM-EVEDAM GRAHYA-GRAHAKA-VAD-DVAYAM  
CHITTAM NIRVISHAYAM NITYAM-ASANGAM TENA KEERTITAM



This duality of subject— object relationship is mere mental activity. The mind is without touch with any object and so it is described to be eternal and unattached (of the Nature of Atman Self.) G4/72

योऽस्ति कल्पितसंवृत्या परमार्थेन नास्त्यसौ । गौ. ४।७३।।

YO-STI KALPITA-SAMVRITYA PARAMARTHENA NASTY-ASAU

That, which is due to illusory cognisance, does not really exist. G4/73 1/2

बुद्ध्वाऽनिमित्ततां सत्यां हेतुं पृथगनाप्नुवन् ।  
वीतशोकं तथा काममभयं पदमश्नुते ॥ गौ. ४।७८

BUD-DHVA-NIMIT-TATAM SATYAM HETUM PRITHAG-ANAPNUVAN  
VEETA-SHOKAM TATHA KAMAM-ABHAYAM PADAM-ASHNUTE

Realising the absence of causality as the Ultimate Truth and finding no other cause, one attains to that state, which is free from grief, desire and fear. G4/78

निवृत्तस्याप्रवृत्तस्य निश्चला हि तदा स्थितिः ।  
विषयः स हि बुद्धानां तत्साम्यमजमद्वयम् ॥ गौ. ४।८०

NIVRIT-TASYAPRAVIT-TASYA NISHCHALA HI TADA STHITIH  
VISHAYAH SA HI BUD-DHANAM TAT-SAMYAM-AJAM-ADVAYAM

The mind, free from attachment and undistracted, attains to the state of Immutability. Being directly realised by the wise that is undifferentiated, birthless and non-dual. G4/80

अजमनिद्रमस्वप्नं प्रभातं भवति स्वयम् ।  
सकृद्विभातो ह्येवैष धर्मो धातुस्वभावतः ॥ गौ. ४।८१

AJAM-ANIDRAM-ASVAPNAM PRABHATAM BHAVATI SVAYAM  
SAKRID-VIBHATO HY-EVAISHA DHARMO DHATU-SVABHAVATAH

The Ultimate Reality, free from birth and devoid of sleep and dream, shines Itself by Itself. This Dharma (Atman) is from Its very nature ever-effulgent. G4/81

यतो न क्रमते ज्ञानमसङ्गं तेन कीर्तितम् । गौ. ४।९६॥

YATO NA KRAMATE JNANAM-ASANGAM TENA KEERTITAM

This knowledge (Self Pure Intelligence), since it is not related to other objects, is proclaimed to be the unconditioned. G4/96 1/2



## तैत्तिरीयोपनिषत्

ॐ ब्रह्मविदाप्नोति परम्  
 सत्यं ज्ञानमनन्तं ब्रह्म ।  
 यो वेद निहितं गुहायां परमे व्योमन् ।  
 सोऽश्नुते सर्वान्कामान्सह ।  
 ब्रह्मणा विपश्चितेति ।

२।१

## TAITTIRIYO-PANISHAT

OM BRAHMA-VID-APNOTI PARAM  
 SATYAM JNANAM-ANANTAM BRAHMA  
 YO VEDA NIHITAM GUHAYAM PARAME VYOMAN  
 SO-SHNUTE SARVAN-KAMAN-SAHA  
 BRAHMANA VIPASH-CHITETI

Om ! The knower of the Brahman ( Ultimate Reality ) attains the Supreme.

The Brahman (Ultimate Reality) is the Real, Conscience and Infinite.

He who knows this existing in the secret supreme state of the heart (intellect) enjoys all desires, along with the omniscient Brahman.

2/1

तदात्मानं स्वयमकुरुत ।

२।७

TAD-ATMANAM SVAYAM-AKURUTA

The Supreme Soul made Itself by Itself (All is created from the absolute Self by Self).

2/7

आनन्दो ब्रह्मेति व्यजानात् ।  
 आनन्दाद्धचेव खल्विमानि भूतानि जायन्ते ।  
 आनन्देन जातानि जीवन्ति ।  
 आनन्दं प्रयन्त्यभिसंविशन्ति ।  
 सैषा विद्या ।  
 परमे व्योमन्प्रतिष्ठिता ।  
 स य एवं वेद प्रतितिष्ठति ।

३।६

ANANDO- BRAHMETI VYAJANAT  
 ANANDADHY-EVA KHALVIMANI BHOOTANI JAYANTE  
 ANANDENA JATANI JEEVANTI  
 ANANDAM PRAYANTY-ABHI-SAM-VISHANTI  
 SAISHA VIDYA  
 PARAME VYOMAN-PRATISHTHITA  
 SA YA EVAM VEDA PRATI-TISHTHATI

He understood that Bliss is the Brahman (Ultimate Reality).

From this Bliss, verily all creatures are born, so born, by Bliss they live and departing to Bliss they enter.

That this is the knowledge (which is) established in the Supreme Space (Self). He who knows thus is established in the Supreme Reality-Self.

3/6

ऐतरेयोपनिषत्

ॐ आत्मा वा इदमेक एवाग्र आसीत् ।  
 नान्यत्किञ्चन मिषत् ।



स ईक्षत लोकान्नु सृजा इति ।

स इमांल्लोकानसृजत ।

१११

AITAREYO-PANISHAT

OM ATMA VA IDAM-EKA EVAGRA ASEET

NANYAT-KINCHANA MISHAT

SA EEKSHATA LOKAN-NU SRIJA ITI

SA IMAN-LOKAN-ASRIJATA

Om ! In the beginning this was, verily, the Atman (Supreme pure Conscience) alone. Nothing else existed. He thought "Let me now create the worlds." He created these worlds. 1/1

सर्वं तत्प्रज्ञानेत्रं प्रज्ञाने प्रतिष्ठितं

प्रज्ञानेत्रो लोकः प्रज्ञा प्रतिष्ठा प्रज्ञानं ब्रह्म ।

३१३

SARVAM TAT-PAJNA-NETRAM PAJNANE PRATISHTHITAM

PAJNA-NETRO LOKAH PAJNA PRATISHTHA PAJNANAM BRAHMA

All these are knowledge manifested, based on knowledge. The world is knowledge-manifested. Knowledge is its substratum. Knowledge is Brahman (Ultimate Reality). 3/3

छान्दोग्योपनिषत्

पादोऽस्य सर्वाभूतानि त्रिपादस्यामृतं दिवि

३११२।६

## CHHANDOGYO-PANISHAT

PADOSHYA SARVA-BHOOTANI TRIPAD-ASYA-AMRITAM DIVI

All beings are a foot or quarter of this Supreme Being.  
His three fourths, immortal, is in the Self-splendour.

3/12/6

सर्वं खल्विदं ब्रह्म तज्जलानिति शान्त उपासीत ।

अथ खलु क्रतुमयः पुरुषो यथा

क्रतुरस्मिल्लोके पुरुषो भवति तथेतः

प्रेत्य भवति स क्रतुं कुर्वीत ।

३।१४।१

SARVAM KHALVIDAM BRAHMA TAJ-JALANITI SHANTA UPASEETA.

ATHA KHALU KRATU-MAYAH PURUSHO YATHA

KRATURASMIN-LOKE PURUSHO BHAVATI TATHETAH

PRETYA BHAVATI SA KRATUM KURVEETA

All this is indeed Brahman, as it originates, becomes absorbed and subsists in It. One should meditate upon It calmly. Now, in fact, the Person consists of volition. According as his volition is in this world, so does he become on departing from here. Hence one should exercise volition.

3/14/1

मनोमयः प्राणशरीरो भारूपः सत्यसङ्कल्पः

आकाशात्मा सर्वकर्म सर्वकामः सर्वगन्धः

सर्वरसः सर्वमिदमभ्यात्तोऽवाक्यनादरः ।

३।१४।२



MANO-MAYAH PRANA-SHAREERO BHA-ROOPAH SATYA-SANKALPAH  
AKASHATMA SARVA-KARMA SARVA-KAMAH SARVA-GANDHAH  
SARVA-RASAH SARVAM-IDAM-ABHYATTO-VAKY-ANADARAH

He (is Self) who consists of mind, whose body is life, whose form is light, whose conception is true, whose soul is space (identical), containing all works, containing all desires, containing all odours, containing all tastes, encompassing the whole universe, being without speech, without concern. . . . 3/14/2

एष म आत्माऽन्तर्हृदय एतद्ब्रह्म ।

३।१४।४

ESHA MA ATMANTAR-HRIDAYA ETAD-BRAHMA

This is my Self within the heart (intellect). It is Brahman.  
3/14/4

सदेवेदमग्र आसीदेकमेवाद्वितीयम् ।

६।२।१

SAD-EVEDAM-AGRA ASEED-EKAM-EVADVITEEYAM

In the beginning this was Being (Self-Existence) alone, one without a second.  
6/2/1

तदैक्षत बहुस्यां प्रजायेयेति तत्तेजोऽसृजत ।

६।२।३

TAD-AIKSHATA BAHUSYAM PRAJAYE-YE-TI TAT-TEJO-SRIJATA

It bethought, "May I be many and grow forth". It created light (fire-glow). 6/2/3

पुरुषस्य प्रवतो वाङ् मनसि संपद्यते मनः प्राणे  
प्राणस्तेजसि तेजः परस्यां देवतायाम्

६।८।६

PURUSHASYA PRAYATO VANG MANASI SAMPADYATE MANAH PRANE  
PRANAS TEJASI TEJAH PARASYAM DEVATAYAM

Departing person's speech merges in mind, mind in breath, breath in heat (light) and heat, in the highest divinity.

6/8/6

स य एषोऽणिमैतदात्म्यमिदं सर्वं तत्सत्यम् ।  
स आत्मा तत्त्वमसि ।

६।८।७

SA YA ESHO-NIMAITAD-ATMYAM-IDAM SARVAM TAT-SATIYAM  
SA ATMA TAT-TVAM-ASI

That, which is this subtle Essence, is the Self omnipresent in all. That is the Reality. That is the Self. That thou Art.

6/8/7



आत्मैवेदं सर्वं स वा एष एवं पश्यन्नेवं मन्वान  
एवं विजानन्नात्मरतिरात्मक्रीड आत्ममिथुन  
आत्मानन्दः स स्वराड् भवति ।

७।२५।२

ATMAIVEDAM SARVAM SA VA ESHA EVAM PASHYAN-NEVAM MANVANA  
EVAM VIJANAN-NATMA-RATIRATMA-KREEDA ATMA-MITHUNA  
ATMANANDAH SA SVARAD BHAVATI

The Self indeed is all this. One, who sees thus, reflects thus,  
and understands thus, loves the Self, revels with the Self, enjoys  
the union of the Self and gets the Bliss of Self, becomes  
self-sovereign or Self-light. 7/25/2

आत्मत एवेदं सर्वम् ।

७।२६।१

ATMATA EVEDAM SARVAM

All this springs from the Self.

7/26/1

एतत्सत्यं ब्रह्मपुरमस्मिन्कामाः समाहिता एष आत्मा-  
पहतपाप्मा विजरो विमृत्युविशोको विजिघत्सोऽ  
पिपासः सत्यकामः सत्यसङ्कल्पः ।

८।१।५

ETAD SATYAM BRAHMA-PURAM-ASMIN-KAMAH SAMA-HITA  
 ESHA ATMAPAHATA-PAPMA VIJARO VIMRITYUR-VISHOKO  
 VIJIGHATSO-PIPASAH SATYA-KAMAH SATYA-SANKALPAH

This (Self-within) is the real City of Brahman (Ultimate Spirit). In this are all desires contained. This is the Self, free from evil, free from decrepitude, free from death, free from sorrow, free from hunger and thirst, with true desires and true volitions. 8/1/5

एष संप्रसादोऽस्माच्छरीरात्समुत्थाय परंज्योति-

रुपसंपद्य स्वेन रूपेणाभिनिष्पद्यते ।

एष आत्मा एतदमृतमभयमेतद्ब्रह्म

तस्य ह वा एतस्य नाम सत्यमिति ।

८।३।४

ESHA SAM-PRASADO-SMACH-CHHAREERAT SAMUT-THAYA  
 PARAM-JYOTIRUPA-SAMPADYA SVENA ROOPENABHI-NISHPADYATE  
 ESHA ATMA ETAD-AMRITAM-ABHAYAM-ETAD-BRAHMA TASYA HA  
 VA ETASYA NAMA SATYAM-ITI

This serene and happy being, rising out of this body and reaching the highest light becomes in his own true form. This is the Self. This is the Immortal, the fearless. This is Brahman. The name of that Supreme Soul is the True. 8/3/4

अशरीरस्याऽऽत्मनोऽधिष्ठानम्

८।१२।१

ASHAREERASYA-TMANO-DHISHTHANAM

The Substratum of the bodiless Self (is Brahman). 8/12/1



आकाशो वै नाम नामरूपयोर्निर्वहिता ते  
यदन्तरा तद्ब्रह्म तदमृतं स आत्मा

८।१४।१

AKASHO VAI NAMA NAMA-ROOPAYOR-NIRVAHITA TE  
Y D-ANTARA TAD-BRAHMA TAD-AMRITAM SA ATMA

That, which is named Akasha, is the revealer of name and form. That, inside which these are, is Brahman. That is the immortal. That is the Self.

8/14/1

### बृहदारण्यकोपनिषत्

आत्मैवेदमग्र आसीत् ।

१।४।१

### BRIHADARANYAKOPANISHAT

ATMAIVEDAM-AGRA ASEET

In the beginning this (universe) was only the Self. 1/4/1

स द्वितीयमैच्छत् ।  
स इममेवाऽऽत्मानं द्वेधाऽपातयत्ततः  
पतिश्च पत्नी चाभवताम्

१।४।३

SA DVITEEYAM-AICHCHHAT  
SA IMAM-EVA-TMANAM DVEDHA-PATAYAT-TATAH  
PATISHCHA PATNI CHABHAVATAM

He desired a second. He caused this (conceiving) Self to part into two. From that arose husband and wife.

1/4/3

सोऽवेदहं वाव सृष्टिरस्म्यहं हीदं  
सर्वमसृक्षीति

१४१५

SO-VED-AHAM VAVA SRISHTIRASMY-AHAM HEEDAM  
SARVAM-ASRIKSHEETI

He knew 'I indeed am the creation for I produced all  
this'.

1/4/5

अथेत्यभ्यमन्थत्

स अग्निमसृजत ।

अथ यत्किञ्चेदमार्द्रं तद्रेतसोऽसृजत तदु सोम

एतावद्वा इदं सर्वमन्नं

चैवान्नादश्च सोम एवान्नमग्निरन्नादः ।

१४१६

ATHETY-ABHYAMANTHAT

SA AGNIM-ASRIJATA

ATHA YAT-KINCHEDAM-ARDRAM

TAD-RETASO-SRIJATA-TADU SOMA

YETAVAD-VA IDAM SARVAM-ANNAM

CHAIVANNADASHCHA SOMA ३३३

EVANNAM-AGNIRANNADAH

Then he rubbed back and forth and produced fire.  
And now whatever is moist-liquid, he produced from the  
seed or source. That is Soma. This Universe is indeed just  
food and the eater of food. Soma is food and fire the  
eater of food.

1/4/6



तद्धेदं तर्ह्यव्याकृतमासीत्तन्नामरूपाभ्यामेव  
 व्याक्रियत स एष इह प्रविष्टः । तं न पश्यन्ति ।  
 अकृत्सन्तो हि सः प्राणन्नेव प्राणो नाम भवति  
 वदन् वाक् पश्यँश्चक्षुः शृण्वन् श्रोत्रं  
 मन्वानो मनस्तान्यस्यैतानि कर्म नामान्येव ।  
 आत्मेत्येवोपासीतात्र ह्येते सर्व एकं भवन्ति ।  
 तदेतत्पदनीयमस्य सर्वस्य यदयमात्मानेन ह्येतत्सर्वं वेद १।४।७

TADDHEDAM TARHY-AVYAKRITAM-ASEET-TAN-NAMA-ROOPA-BHYAMEVA  
 VYAKRIYATA SA ESHA IHA PRAVISHTAH TAM NA PASHYANTI  
 AKRITSNO HI SAH PRANANNEVA PRANO NAMA BHAVATI  
 VADAN VAK PASHYANSH-CHAKSHUH SHRINVAN SHROTRAM  
 MANVANO MANAS-TANY-ASYAITANI KARMANAMANY-EVA  
 ATMA-ITY-EVOPASEETATRA HY-ETE SARVA EKAM BHAVANTI  
 TAD-ETAT-PADA-NEEYAM-ASYA SARVASYA  
 YAD-AYAM-ATMANENA ३ HY-ETAT-SARVAM VEDA

This (Universe) was then undifferentiated. It differentiated into name and form. This Self entered in here. They do not see It. It is incomplete; when breathing, It is called the vital force; when speaking, voice (organ of speech); when seeing, the eye; when hearing, the ear; when thinking, the mind. These are merely names of Its functions. Self alone is to be meditated upon. In it all these indeed become one-entity. That this, which is the Self of all this, should be realised. By this Self in deed, one knows all. 1/4/7

(Note:- Nama is name and Roopa is light, glow, form, both in origin intellectual power conceiving sense radiating idea expanding into sound of expression and state or form of expression perceived subtle or gross. )

अन्तरतरं यदयमात्मा ।

११४१८

ANTARA-TARAM YAD-AYAM-ATMA

That this Self is innermost.

1/4/8

ब्रह्म वा इदमग्र आसीत् तदात्मानमेवावेत् ।

अहम्ब्रह्मास्मीति ।

तस्मात्तत्सर्वमभवत् ।

११४१९०

BRAHMA VA IDAM-AGRA ASEET TAD-ATMANAM-EVAVET

AHAM BRAHMASMEETI

TASMAT-TAT-SARVAM-ABHAVAT

In the beginning Brahman (the Ultimate Reality) was, indeed, this (Self). It knew only Itself as I am Brahman. Therefore It became all.

1/4/10

आत्मैवेदमग्र आसीदेक एव

सोऽकामयत मन एव अस्यात्मा

वाग्जाया प्राणः प्रजा ।

११४१९७

ATMAIVEDAM-AGRA ASEED-EKA EVA

SO-KAMAYATA MANA EVA ASYATMA

VAG-JAYA PRANAH PRAJA



This was, indeed, only the Self in the beginning. He desired, Mind is verily his Self, Speech is his wife and the Vital Force is the offspring.

1/4/17

एतत्सर्वं मन एव शब्दो वागेव प्राणोऽन एव । १।५।३

ETAT SARVAM MANA EVA SHABDO VAG-EVA PRANO-NA EVA

All this (desire, deliberation, doubt, faith, want of faith, patience, impatience, shame, intelligence and fear) is verily mind. Sound is just speech. Breathing is breath only. .1/5/3

नेति नेति न ह्येतस्मादिति नेत्यन्यत्परमस्ति २।३।६

NETI NETI NA HY-ETASMAD-ITI NETY-ANYAT-PARAM-ASTI

Not this, not this, surely there is nothing else beyond this, that is not this.

2/3/6

इदं सर्वं यदयमात्मा । २।४।६

IDAM SARVAM-YAD-AYAM-ATMA

Whatever all this is, is this Self.

2/4/6

इदं महद्भूतमनन्तमपारं विज्ञानघन एव ।

२।४।१२

IDAM MAHAD-BHOOTAM-ANANTAM-APARAM VIJNANA-GHANA EVA

This great, endless, infinite Reality is but Pure Intelligence. 2/4/12

तेजोमयोऽमृतमयः पुरुषोऽयमेव स योऽयमात्मेद-  
ममृतमिदं ब्रह्मेदं सर्वम् ।

२।५।१

TEJO-MAYO-MRITA-MAYAH PURUSHO-YAM-EVA SA  
YO-YAM-ATMEDAM-AMRITAM-IDAM BRAHMEDAM SARVAM

The shining immortal being (in all) is verily the Self.  
This is immortal. This is Brahman. This is all. 2/5/1

नैनेन किञ्चनानावृतं नैनेन किञ्चनासंवृतम् । २।५।१८

NAINENA KIN-CHANANAVRITAM NAINENA KINCHANASAMVRITAM

There is nothing that is not covered by this Self. There is nothing that is not pervaded by this Self. 2/5/18



इन्द्रो मायाभिः पुरुरूप ईयते ।

तदेतद्ब्रह्मापूर्वमनपरमनन्तरमबाह्यमयमात्मा ब्रह्म  
सर्वानुभूरित्यनुशासनम् ।

२।५।१६

INDRO MAYABHIH PURU-ROOPA EYATE

TAD-ETAD-BRAHMAPOORVAM-ANAPARAM-ANANTARAM-ABAHYAM-AYAM-  
ATMA BRAHMA SARVANUBHOORITY-ANUSHASANAM

Indra, (the Lord) on account of His Maya (illusory Superimpositions) appears as manifold. That this Ultimate Reality is without prior (cause) or posterior (effect), without interior or exterior. This, all perceiving Self, is Brahman. This is the teaching.

2/5/19

एका देवता मन एवेत्यनन्तम् ।

३।१।६

EKA DEVATA MANA EVETY-ANANTAM

One Divine Power, Mind, is indeed infinite.

3/1/9

अस्मात्प्राणाः न उत्क्रामन्ति अत्रैव समवनीयन्ते । ३।२।११

ASMAT-PRANAH NA UTKRAMANTI ATRAIVA SAMAVANEYANTE

No Pranas (vital forces) go up from the dying person.  
They merge in him only. 3/2/11

यत्साक्षादपरोक्षाद्ब्रह्म य आत्मा सर्वान्तरः । ३।४।१

YAT-SAKSHAD-APAROKSHAD-BRAHMA YA ATMA SARVANTARAH

That Ultimate Reality is direct and immediate which  
is the Self within all. 3/4/1

एष त आत्मा सर्वान्तरो यो ऽ शनायापिपासे  
शोकं मोहं जरां मृत्युमत्येति । ३।५।१

ESHA TA ATMA SARVANTARO YO-SHANAYA-PIPAASE  
SHOKAM MOHAM JARAM MRITYUM-ATYETI

This is your Self which is within all, which transcends  
hunger, thirst, sorrow, delusion, old age (decay) and death.  
3/5/1

एष त आत्मान्तार्याम्यमृतः । ३।७।२३

ESHA TA ATMA-NTARYAMY-AMRITAH

This is your Self, the inner controller and immortal.  
3/7/23

एतद्वै तदक्षरमनन्तरमबाह्यम् । ३।८।८

ETAD-VAI TAD-AKSHARAM-ANANTARAM-ABAHYAM

This is, truly, that immutable Brahman, without interior  
or exterior (pure conscience). 3/8/8



विज्ञानमानन्दं ब्रह्म रातिर्दातुः परायणं  
तिष्ठमानस्य तद्विदः ।

३।१२८-७

VIJNANAM-ANANDAM BRAHMA RATIR-DATUH PARAYANAM  
TISTHA-MANASYA TAD-VIDAH

Knowledge— Bliss is Brahman (the Ultimate Reality),  
supreme goal of the distributor of wealth as well as of him  
who has realised Brahman and lives in It 3/9/28-7

आत्मैवास्य ज्योतिः आत्मनैवायं ज्योतिषाऽऽस्ते  
पल्ययते कर्म कुरुते विपल्येति ।

४।३।६

ATMAIVASYA JYOTIH ATMANAIVAYAM JYOTISHA-STE  
PALYAYATE KARMA KURUTE VIPALYETI

Only the Self is his light. Through the light of the Self  
(Self light) he sits, moves about, works and returns. 4/3/6

कतम आत्मेति योज्यं विज्ञानमयः प्राणेषु  
हृद्यन्तर्ज्योतिः पुरुषः स समानः सन्नुभौ  
लोकावनुसञ्चरति ध्यायतीव लेलायतीव ।

४।३।७

KATAMA ATMETI YO-YAM VIJNANA-MAYAH PRANESHU  
HRIDY-ANTAR-JYOTIH PURUSHAH SA SAMANAH SAN-NUBHAU  
LOKAVANU-SANCHARATI DHYAYATEEVA LELAYATEEVA

Which is the Self? That is this person (Purusha) who consists of knowledge among the senses, and is the light within the heart. He, being constant, penetrates into both worlds, seeming to think, seeming to move about. 4/3/7

स्वेन भासा स्वेन ज्योतिषा प्रस्वपित्यत्रायं

पुरुषः स्वयं ज्योतिर्भवति ।

४।३।६

SVENA BHASA SVENA JYOTISHA PRASVAPITY-ATRAYAM  
PURUSHAH SVAYAM JYOTIR-BHAVATI

The Person sleeps revealing his own lustre by his own light. In this state the man himself becomes the light. 4/3/9

स यत्तत्र किञ्चित्पश्यत्यनन्वागतस्तेन

भवत्यसङ्गो ह्ययं पुरुषः ।

४।३।१५

SA YAT-TATRA KINCHIT-PASHYATY-ANANVAGATAS-TENA  
BHAVATY-ASANGO HY-AYAM PURUSHAH

The Person is untouched by whatever he sees in that state for this Being is unattached. 4/3/15

अयं पुरुषः प्राज्ञेनात्मना सम्परिष्वक्तो न

बाह्यं किञ्चन वेद नाऽऽन्तरं तद्वा अस्यैतदा-

प्तकाममात्मकाममकामं रूपं शोकान्तरम् ।

४।३।२१

AYAM PURUSHAH PRAJNENATMANA SAM-PARISHVAKTO NA  
BAHYAM KINCHANA VEDA NA-NTARAM TADVA ASYAITAD-APTA-KAMAM-  
ATMA-KAMAM-AKAMAM ROOPAM SHOKANTARAM



This person (Self) fully embraced by the intelligent Supreme-Self, knows nothing external or internal. That is, truly, his natural state in which desire is fulfilled. The Self is his desire. He is free from desire and grief. 4/3/21

एको द्रष्टाऽद्वैतो एष ब्रह्म लोकः एष परमानन्दः । ४।३।३२

EKO DRASHITA-DVAITO ESHA BRAHMA LOKAH ESHA PARAMANANDAH

The seer is one, pure without a second This is the world (state) of the Ultimate Reality. This is the supreme Bliss. 4/3/32

स वा अयमात्मा ब्रह्म सर्वमय-  
स्तदेतदिदमयोऽदोमय ईति  
काममय एवायं पुरुष इति स यथा कामो  
भवति तत्क्रतुर्भवति यत्क्रतुर्भवति तत्कर्म  
कुरुते यत्कर्म कुरुते तदभिसम्पद्यते ।

४।४।५

SA VA AYAM-ATMA BRAHMA SARVAMAYAS-  
-TAD-ETAD-IDAM-MAYO-DOMAYA EETI  
KAMAMAYA EVAYAM PURUSHA ITI SA YATHA KAMO  
BHAVATI TAT-KRATUR-BHAVATI YAT-KRATUR-BHAVATI TAT-KARMA  
KURUTE YAT-KARMA KURUTE TAD-ABHISAMPADYATE

This Self is indeed Brahman identified with all, that is with this (what is perceived) and with that (what is inferred)

The Self is identified with desire alone. What he desires, he resolves. What he resolves, he works out. What he works out, he attains. 4/4/5

अकामयमानो योऽकामो निष्काम आप्तकाम  
आत्मकामो न तस्य प्राणा उत्क्रामन्ति  
ब्रह्मैव सन्ब्रह्माप्येति ॥

४।४।६

AKAMAYA-MANO YO-KAMO NISH-KAMA APTA-KAMA  
ATMA-KAMO NA TASYA PRANA UTKRAMANTI  
BRAHMAIVA SAN BRAHMAPY-ETI

Vital airs of one, who does not desire, who is without desire, who is free from desire, whose desire is fulfilled, whose desire is Self, do not depart. Being but Brahman he is merged in Brahman. 4/4/6

यदा सर्वे प्रमुच्यन्ते कामा येऽस्य हृदि श्रिताः ।  
अथ मर्त्योऽमृतो भवत्यत्र ब्रह्म समश्नुते ।  
अशरीरोऽमृतः प्राणो ब्रह्म एव तेज एव ॥

४।४।७

YADA SARVE PRAMUCHYANTE KAMA YE-SYA HRIDI SHRITAH  
ATHA MARTYO-MRITO BHAVATY-ATRA BRAHMA SAMASHNUTE  
ASHAREERO-MRITAH PRANO BRAHMA EVA TEJA EVA



When all the desires, that remain in his heart (intellect), are gone away, then the mortal becomes immortal and attains the Ultimate Reality here (in this body at this state). This Self, (prana) incorporeal, immortal, is verily Brahman (Ultimate Reality) and light. 4/4/7

मनसैवानुद्रष्टव्यं नेह नानाऽस्ति किञ्चन ।

मृत्योः स मृत्युमाप्नोति य इह नानेव पश्यति ॥ ४।४।१३

MANASAIVANU-DRASHTAVYAM NEHA NANA-STI KINCHANA  
MRITYOH SA MRITYUM-APNOTI YA IHA NANEVA PASHYATI

The Ultimate Reality is to be realised only through (pure) mind. Here is no diversity whatsoever. He, who sees here diversity as it were, goes from death to death. 4/4/19

एकधैवानुद्रष्टव्यमेतदप्रमयं ध्रुवम् ।

विरजः पर आकाशादज आत्मा महान्ध्रुवः ॥ ४।४।२०

EKADHAIVANU-DRASHTAVYAM-ETAD-APRAMAYAM DHRUVAM  
VIRAJAH PARA AKASHAD-AJA ATMA MAHANDHRUVAH

This unknowable and eternal Self should be realised as one only. The Self is taintless, beyond the space, without birth, infinite and constant. 4/4/20

शान्तो दान्त उपरतस्तिक्षुः समाहितो  
भूत्वाऽऽत्मन्येवाऽऽत्मानम्पश्यति  
सर्वमात्मानं पश्यति ।

४।४।२३

SHANTO DANTA UPARATAS-TITIKSHUH SAMAHITO  
BHOOTVA-TMANY-EVA-TMANAM PASHYATI  
SARVAM-ATMANAM PASHYATI

He, who, being calm, self-controlled, withdrawn into himself, enduring and concentrated, sees the Self, in his own Self, sees all as the Self.

4/4/23

स वा एष महानज आत्माऽजरोऽमरोऽमृतोऽभयो  
ब्रह्माभयं वै ब्रह्माभयं हि वै  
ब्रह्म भवति य एवं वेद ।

४।४।२५

SA VA ESHA MAHAN-AJA ATMA-JARO-MARO-MRITO-BHAYO  
BRAHMABHAYAM VAI BRAHMABHAYAM HI VAI  
BRAHMA BHAVATI YA EVAM VEDA

That this Self is great, free from birth undecaying, deathless, immortal, fearless Brahman (Ultimate Reality). The Ultimate Reality, is verily, fearless. He, who knows this, becomes, truly, the fearless Brahman (Ultimate Reality).

4/4/25



अयमात्माऽनन्तरोऽबाह्यः कृत्स्नः

प्रज्ञानघन एव ।

४।५।१३

AYAM-ATMA-NANTARO-BAHYAH KRITSNAH  
PRAJNANA-GHANA EVA

This Self is, truly, without interior or exterior, entire  
Pure Intelligence alone. 4/5/13

अविनाशी वा अरेऽयमात्माऽनुच्छित्तिधर्मा ।

४।५।१४

AVINASHEE VA ARE-YAMATMA-NUCH-CHHITTI-DHARMA

This Self is ,indeed, immutable and indestructible. 4/5/14

यत्र हि द्वैतमिव भवति तदितर इतरं पश्यति  
जिघ्रति रसयते अभिवदति शृणोति  
मनुते स्पृशति विजानाति  
यत्र त्वस्य सर्वमात्मैवाभूत्तत्केन कं पश्येत्  
जिघ्रेत् रसयेत् अभिवदेत् शृणुयात् मन्वीत्  
स्पृशेत् विजानीयाद्येनेदं सर्वं विजानाति  
तं केन विजानीयात्स एष नेति नेत्यात्माऽ  
गृह्यो न हि गृह्यतेऽशीर्यो न हि शीर्यतेऽ  
सङ्गो न हि सज्यतेऽसितो न व्यथते न  
रिष्यति विज्ञातारमरे केन विजानीयात् ।  
एतावत् खल्वमृतत्वम्

४।५।१५

YATRA HI DVAITAMIVA BHAVATI TAD-ITAR ITARAM PASHYATI  
 JIGHRATI RASAYATE ABHIVADATI SHRINOTI  
 MANUTE SPRISHATI VIJANATI  
 YATRA TVASYA SARVAM-ATMAIVABHOOT TAT-KENA KAM PASHYET  
 JIGHRET RASAYET ABHIVADET SHRINUYAT MANVEETA  
 SPRISHET VIJANEYAD YENEDAM SARVAM VIJANATI  
 TAM KENA VIJANEYAT SA ESHA NETI NETY-ATMA-  
 GRIHYO NA HI GRIHYATE-SHEERYO NA HI SHEERYATE-  
 SANGO NA HI SAJYATE-SITO NA VYATHATE NA  
 RISHYATI VIJNATARAM-ARE KENA VIJANEYAT  
 ETAVAT KHALVAMRITATVAM

When there is duality as it were, one sees, smells, tastes, speaks, hears, thinks, touches and knows something else.

But where every thing has become just one's own Self, by what and whom should one see, smell, taste, speak, hear, think, touch and know. By what should one know him by whom all this is known ? The Self is (described as) not this, not this. He is incomprehensible and is never comprehended. He is undecaying and never decays. He is unattached and is never attached. He is unfettered and never suffers pain and injury. Indeed by what should one know the knower ? This indeed is life eternal.

4/5/15



ॐ प्रज्ञानमानन्दं ब्रह्म ।

( ऋ० )

OM PRAJNANAM-ANANDAM BRAHMA

Om ! Intelligence Bliss is the Ultimate Reality. (RHI)



ॐ अहं ब्रह्मास्मि ।

(य०)

OM AHAM BRAHMASMI

Om ! I am the Supreme Self.

(YA)

ॐ तत्त्वमसि ।

(साम०)

OM TATVAM-ASI

Om ! Thou art that.

(SAMA)

ॐ अयमात्मा ब्रह्म ।

(अ०)

OM AYAM-ATMA BRAHMA

Om ! This Self is the Ultimate Reality.

(A)

तं ह देवमात्मबुद्धिप्रकाशं मुमुक्षुर्वै  
शरणमहं प्रपद्ये ।

श्वेताश्वतरोपनिषत् ६।१८।।

TAM HA DEVAM-ATMABUDDHI-PRAKASHAM MUMUKSHURVAI  
SHARANAM-AHAM PRAPADYE

SHVETASHVATAROPANISHAT 6/18 1/2

I, eager for salvation, truly, go for refuge to that Lord  
(Pure Self Intelligence) illuminating the intellect.

असतो मा सद्गमय तमसो मा  
ज्योतिर्गमय मृत्योर्मा मृतं गमय ।

बृहदारण्यकोपनिषत् १।३।२८

ASATO MA SAD-GAMAYA TAMASO MA  
JYOTIR-GAMAYA MRITYOR-MA-AMRITAM GAMAYA

BRIHADARANYAKOPANISHAT 1/3/28

Oh Lord ! From unreality lead me to Reality, from darkness (Ignorance) lead me to light (knowledge), from mortality (destruction) lead me to immortality (Immutable Pure Knowledge.)



दृशिस्वरूपं गगनोपमं परं  
सकृद्विभातं त्वजमेकमक्षरम् ।  
अलेपकं सर्वगतं यदद्वयं  
तदेव चाहं सकलं विमुक्तः ॐ ॥

मुक्तिकोपनिषत् २।७३

DRISHI-SVAROOPAM GAGANOPAMAM PARAM  
SAKRID-VIBHATAM TVAJAM-EKAM-AKSHARAM  
ALEPAKAM SARVAGATAM YAD-ADVAYAM  
TADEVA CHAHAM SAKALAM VIMUKTAH OM

MUKTIKOPANISHAT 2/73

I am that Om, bereft of elements (i. e. Supreme soul),  
which is the self seer, pure like the sky, supreme, constantly  
shining, birthless, one, imperishable, unattached, all-pervading,  
without a second.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः ॐ शान्तिः ॐ शान्तिः

बृहदारण्यकोपनिषत् ५।१।१

OM POORNAM-ADAH POORNAM-IDAM POORNAT-POORNAM-UDACHYATE  
POORNASYA POORNAM-ADAYA POORNAM-EVAVASHISHYATE  
OM SHANTIH OM SHANTIH OM SHANTIH

BRIHADARANYAKOPANISHAT 5/1/1

Om ! That (the Brahman,) is infinite. This (Universe) is infinite. The infinite proceeds from the infinite. Taking this infinitude of this infinite the Infinite (Brahman) alone remains.

Om peace! Om peace! Om peace !



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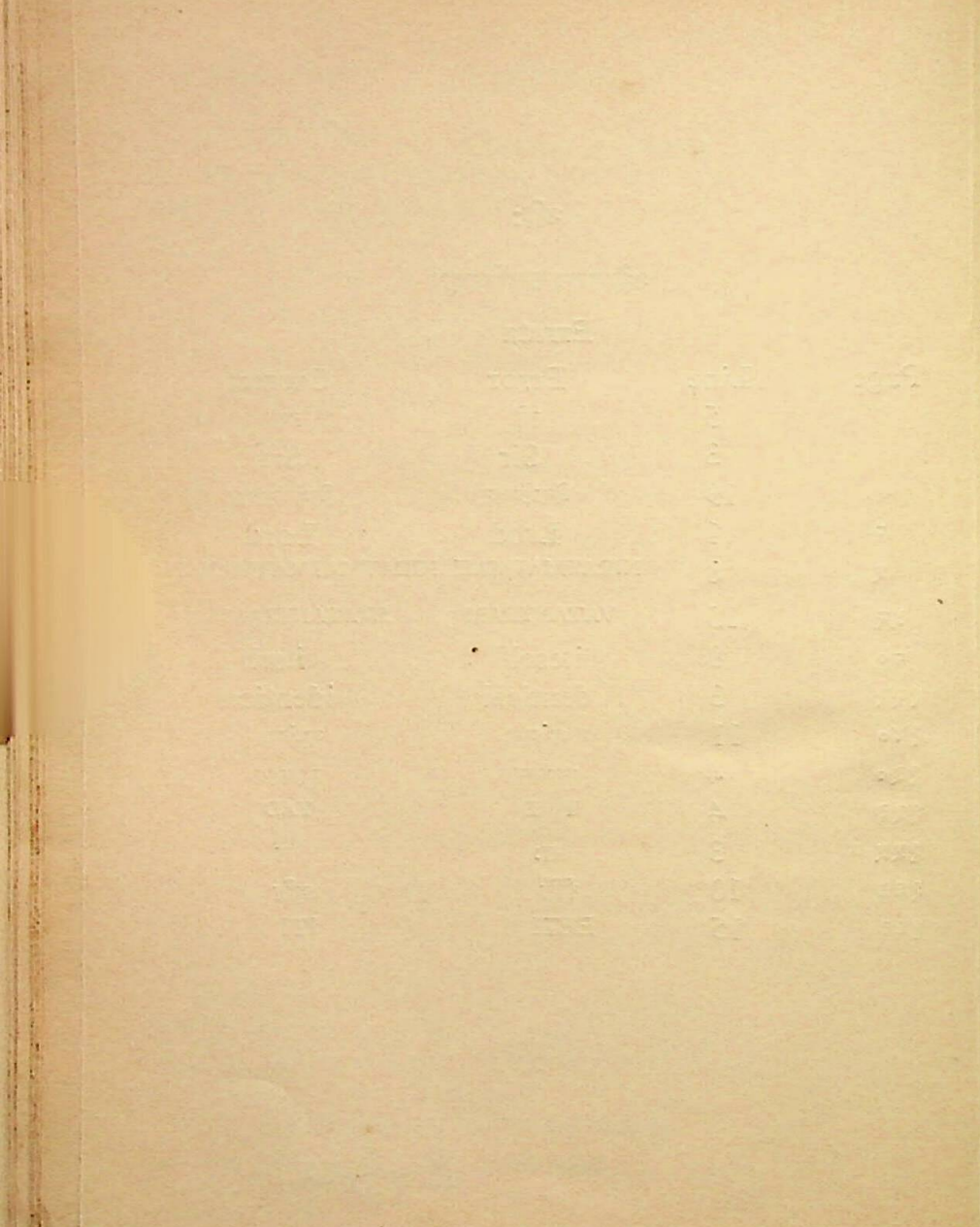
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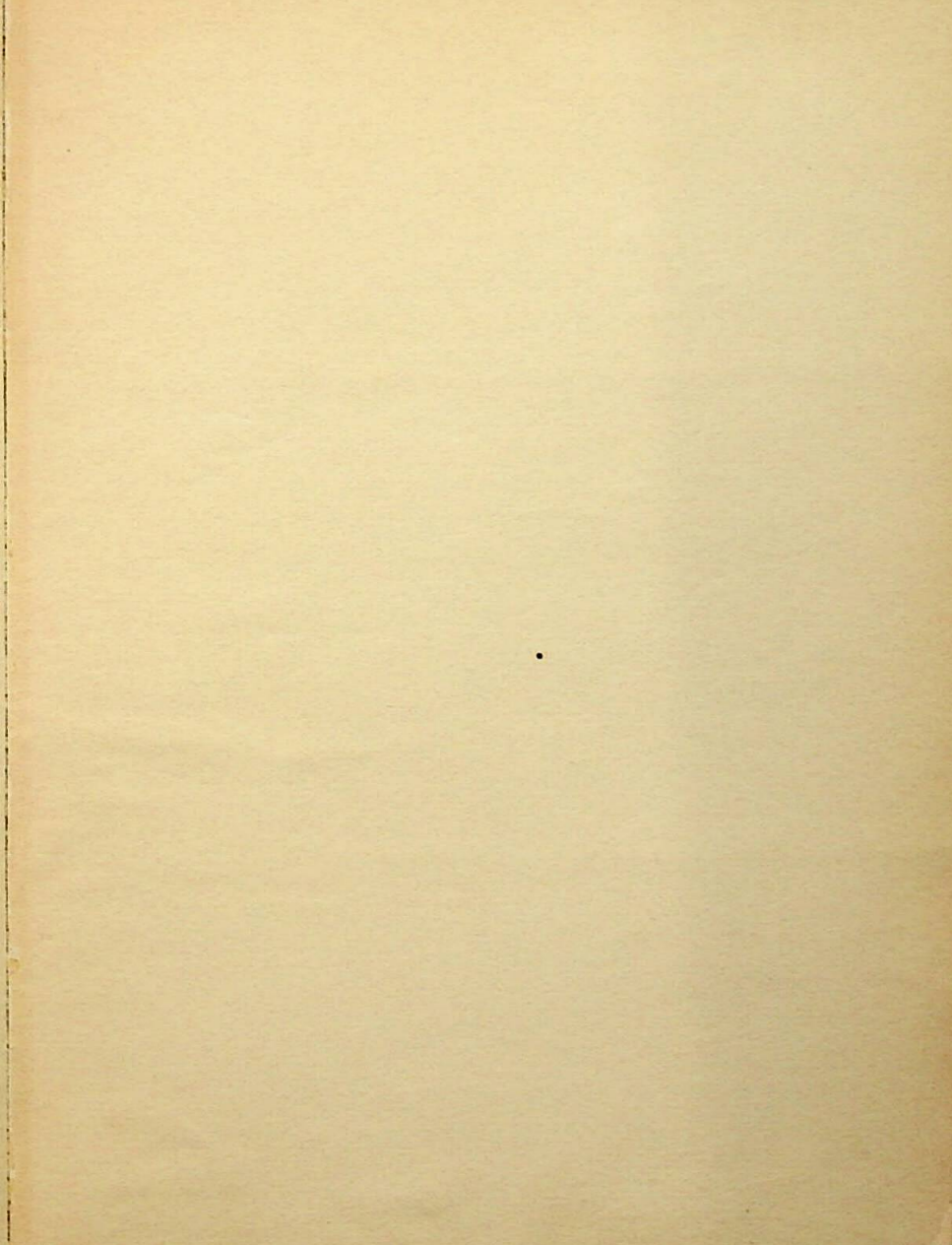
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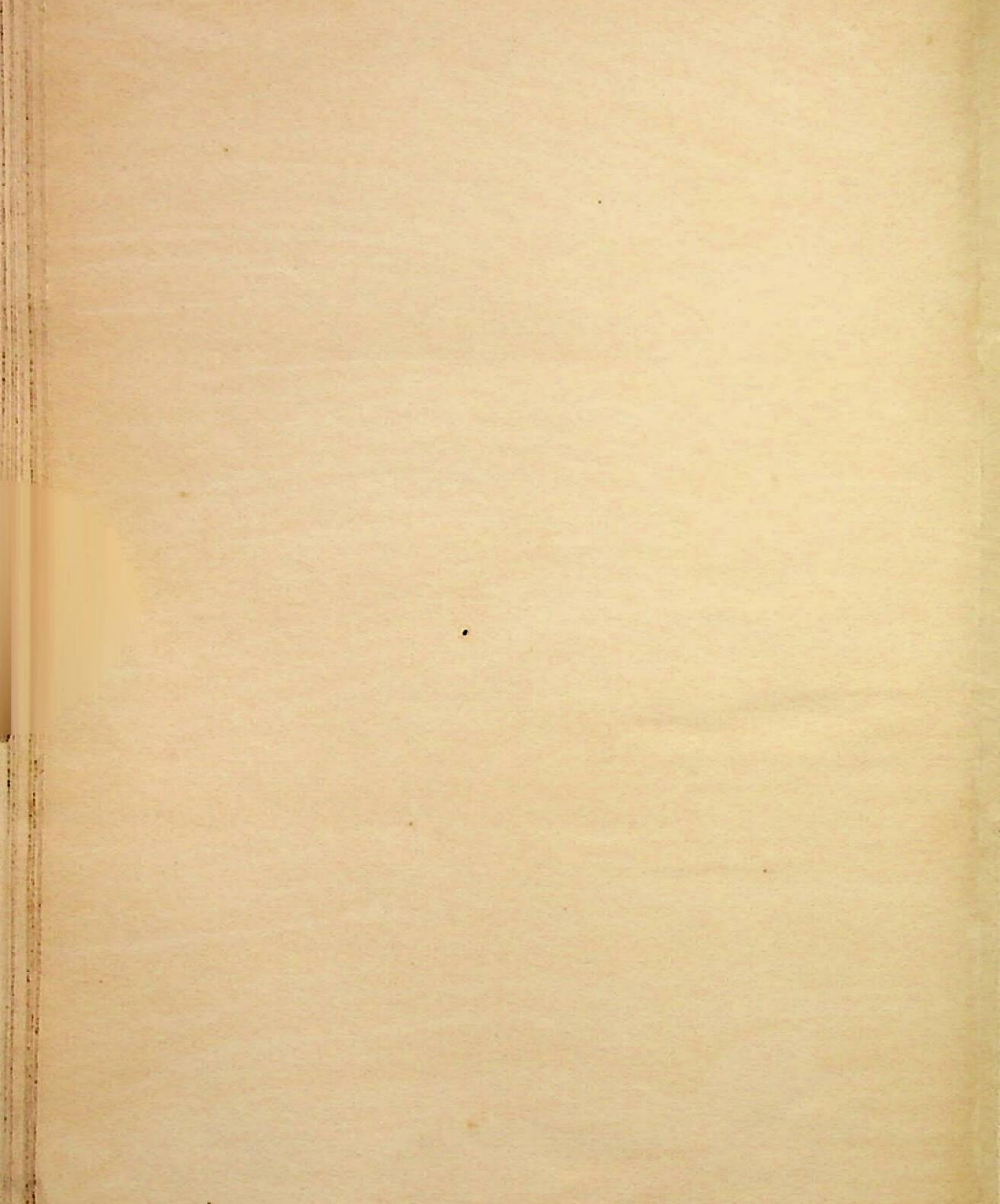
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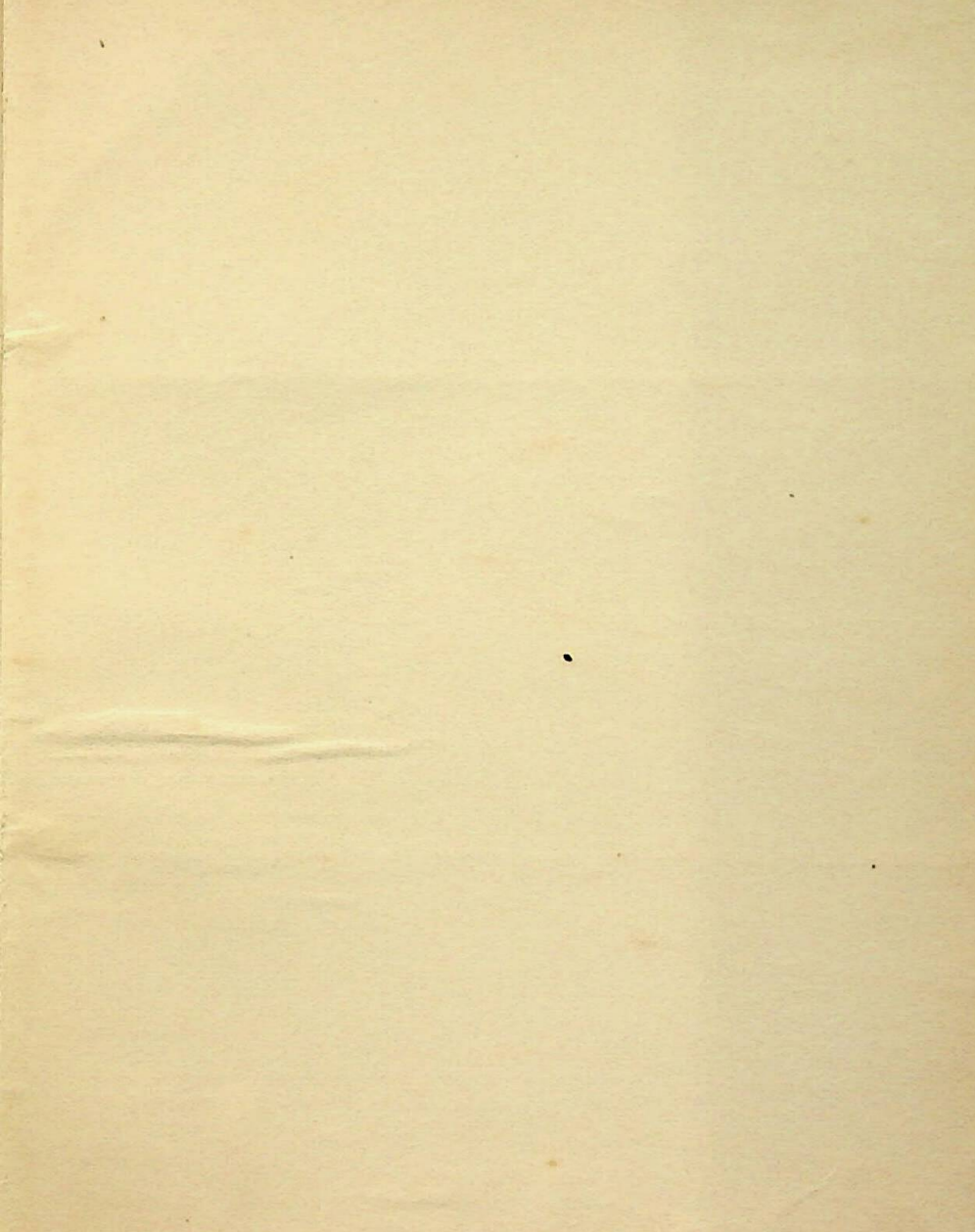












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